

2026 SENW Summer Regional Championships

Consideration Times - Long Course Times

Times for the Swim England North West Summer Regional Championships 2026 – Closing for entries 17th March 2026

Please note:

These are **consideration times** NOT qualification times Following closure of entries the fastest submitted times in the age groups as indicated below, in all events except 800m and 1500m freestyle will be accepted (1) 11/12yrs, 13yrs, 14yrs, 15yrs,16,yrs,17yrs/over fastest 24 entries in each age group. For the 800m and 1500m freestyle events the fastest 12 submitted times in each age group will be accepted.

Qualifying Window is from 5th May 2025 and the 17th March 2026. Consideration times below are calculated using a combination of 'Long Course (50m) times' and converted 'short course (25m) times'. No preference will be given to long course or short course times for entries with the best time selected.

| Open/Male | | | | | | | Female | | | | | |
|-----------|----------|----------|----------|----------|----------|-------------------|----------|----------|----------|----------|----------|----------|
| 11&12 | 13 | 14 | 15 | 16 | 17/Over | Events | 11&12 | 13 | 14 | 15 | 16 | 17/Over |
| 00:33.59 | 00:30.99 | 00:29.59 | 00:28.59 | 00:27.59 | 00:25.99 | 50m Freestyle | 00:32.59 | 00:31.59 | 00:29.99 | 00:29.59 | 00:28.99 | 00:28.59 |
| 01:12.59 | 01:07.59 | 01:03.59 | 01:00.99 | 00:58.99 | 00:56.59 | 100m Freestyle | 01:11.59 | 01:07.59 | 01:05.59 | 01:04.59 | 01:03.59 | 01:01.99 |
| 02:37.99 | 02:26.99 | 02:18.99 | 02:14.99 | 02:10.99 | 02:05.59 | 200m Freestyle | 02:36.59 | 02:26.99 | 02:22.99 | 02:19.99 | 02:17.99 | 02:14.99 |
| 05:39.99 | 05:17.99 | 04:57.99 | 04:48.59 | 04:44.59 | 04:34.99 | 400m Freestyle | 05:33.99 | 05:15.99 | 04:59.99 | 04:57.99 | 04:55.59 | 04:49.99 |
| 11:29.99 | 10:39.99 | 10:05.99 | 09:49.99 | 09:40.99 | 09:24.99 | 800m Freestyle | 11:24.99 | 10:42.99 | 10:15.99 | 10:04.99 | 09:57.99 | 09:49.99 |
| 21:29.99 | 20:34.99 | 19:24.99 | 18:48.59 | 18:30.99 | 18:09.99 | 1500m Freestyle | 21:29.99 | 20:34.99 | 19:59.99 | 19:09.99 | 18:59.99 | 18:44.99 |
| 00:43.99 | 00:39.99 | 00:37.99 | 00:35.99 | 00:34.59 | 00:33.59 | 50m Breaststroke | 00:42.59 | 00:40.59 | 00:38.99 | 00:38.59 | 00:37.99 | 00:36.99 |
| 01:37.99 | 01:30.99 | 01:23.59 | 01:19.99 | 01:17.59 | 01:13.99 | 100m Breaststroke | 01:33.99 | 01:28.99 | 01:26.59 | 01:24.59 | 01:23.59 | 01:21.59 |
| 03:29.99 | 03:14.99 | 03:01.99 | 02:52.99 | 02:50.59 | 02:44.99 | 200m Breaststroke | 03:22.59 | 03:13.59 | 03:06.99 | 03:03.99 | 03:02.99 | 02:58.99 |
| 00:36.99 | 00:33.99 | 00:31.99 | 00:30.59 | 00:28.99 | 00:27.99 | 50m Butterfly | 00:35.99 | 00:34.59 | 00:32.99 | 00:31.99 | 00:31.59 | 00:30.99 |
| 01:32.99 | 01:20.59 | 01:12.99 | 01:08.99 | 01:06.59 | 01:03.59 | 100m Butterfly | 01:25.99 | 01:18.99 | 01:14.99 | 01:12.59 | 01:11.59 | 01:08.99 |
| 03:18.99 | 03:05.59 | 02:50.99 | 02:35.99 | 02:32.99 | 02:27.59 | 200m Butterfly | 03:18.99 | 03:05.59 | 02:51.99 | 02:41.99 | 02:40.99 | 02:39.99 |
| 00:38.99 | 00:35.99 | 00:33.59 | 00:31.99 | 00:31.59 | 00:29.59 | 50m Backstroke | 00:38.59 | 00:35.99 | 00:34.99 | 00:34.59 | 00:33.59 | 00:32.59 |
| 01:22.59 | 01:18.59 | 01:12.99 | 01:09.59 | 01:08.59 | 01:06.59 | 100m Backstroke | 01:21.99 | 01:16.99 | 01:14.59 | 01:12.59 | 01:10.99 | 01:09.59 |
| 03:02.99 | 02:48.99 | 02:37.99 | 02:30.99 | 02:29.99 | 02:23.99 | 200m Backstroke | 02:56.59 | 02:45.99 | 02:39.99 | 02:36.99 | 02:35.59 | 02:32.99 |
| 03:00.99 | 02:48.59 | 02:39.59 | 02:32.59 | 02:29.99 | 02:28.59 | 200m Ind. Medley | 02:56.99 | 02:48.59 | 02:42.59 | 02:39.99 | 02:37.99 | 02:33.99 |
| 06:24.99 | 06:05.99 | 05:45.99 | 05:35.99 | 05:25.99 | 05:15.99 | 400m Ind. Medley | 06:24.99 | 06:05.99 | 05:49.99 | 05:40.99 | 05:39.99 | 05:35.99 |