THE GREAT NORTHERN SWIM Lake Windermere, Cumbria

Mat Twiss is competing in the 1km Open Water Race in the 15°C waters of Lake Windermere on the 15 June 2013. All money raised in sponsorship for this event will be going to Prescot Swimming Club to help pay for pool time and equipment for the club (www.prescotswimmingclub.org).

NAME	AMOUNT (£)