

# City of Liverpool SC Tadpole's 2012. Licensed at Level 3. Gala Information & Entry Pack



In association with Liverpool City Council (Swim Liverpool) Swimming Development Section  
Affiliated to A.S.A. Swim North West and  
held under A.S.A. Law & FINA Technical Rules of Swimming

New Rules, Regulations and  
Competition Programme of Events for  
Sunday 9<sup>th</sup> and Saturday 15<sup>th</sup> September 2012.



## **TADPOLE ENTRIES SECRETARY**

Mrs Diane West

Address:  
3 Elmfield Road,  
Orrell Park,  
Liverpool, L9 3BL

Mobile:  
07873 – 812 – 390

Email:  
[COLSC\\_Events@hotmail.com](mailto:COLSC_Events@hotmail.com)

Gala No 1 Licence Number 3NW2574. Gala No 2 Licence Number 3NW2575.

# CITY OF LIVERPOOL SWIMMING CLUB

(Affiliated to the Swim North West A.S.A.)

President Mr.N.Wilkinson

Life Vice President Mrs.D.Jameson

Life Vice President Mr.T.Tunstall

Chairman Mr.B.Langley

Vice Chairman Mr.C.Grayson

Chief Coach Mr.M.Roberts

Secretary Mr.F.Linford

Website: [www.colsc.co.uk](http://www.colsc.co.uk)



## PRESENT THE 2012 CITY OF LIVERPOOL SC TADPOLE GALA

(Held under A.S.A. Law and A.S.A. Technical Rules)

Supported by Liverpool City Council (Swim Liverpool) Swimming Development Department

Dear Secretary,

On behalf of the executive committee I would like to invite your club to take part in the 2012 City of Liverpool SC Tadpole gala, development competition. On Sunday 9<sup>th</sup> and Saturday 15<sup>th</sup> September 2012.

All swimmers can enter up to a maximum of 6 events. This is a Level 3 Licensed Meet.

Please read the enclosed information and entry pack carefully, we have made a number of changes to the gala and the competition programme of events from 2011:-

a) General aims, general conditions and conditions of entry.

b) Individual entry & withdrawal forms.

c) The clubs invited to compete are:-

Birkenhead, Bebington, Bootle & North Liverpool, Bridgefield, Crosby, Everton, Garston, Halton, Hoylake, Liverpool Penguins, Newton-le-Willows, Ormskirk, Prescot, St. Helens, Runcorn Reps, Southport, Wallasey, Warrington Warriors, Wirral Aquarius, Woodchurch and Woolton.

Swimmers, including swimmers with disabilities will be restricted to a maximum of six events which is a choice of up to 2 x 50m Form strokes, 2 x 200m Form strokes, an Individual Medley (100m IM for 9 yrs only; 200m IM for 10,11 & 12 yrs only), A distance freestyle event, either the 200m Freestyle for 9, 10 yrs only or the 400m Freestyle for 11, 12 yrs only. The cost is £.4.50 per event; up to a maximum of £27 for 6 events.

This is in line with British Swimming directives, Coaches Development Plans and BAGCAT awards.

All Events are Heat Declared Winner.

Entry times must be used. If a training time is used it must be verified by the club coach.

Age Groups will all be based on age on the **16<sup>th</sup> September 2012**.

Entries for all galas must be received by the Prescot Gala Secretary, Simon Deeley, **NO LATER THAN Monday 23rd July**.

All entries must be submitted via the Swimming Club Competition / Gala Secretary, No individual entries from swimmers will be accepted.

Entries must be submitted via the Electronic Entry File which can be obtained by either emailing Diane West, the Tadpole League Entries Secretary on [COLSC\\_Events@hotmail.com](mailto:COLSC_Events@hotmail.com) or from the City of Liverpool SC Website [www.colsc.co.uk](http://www.colsc.co.uk)

A. Pool entries will be accepted where the meet is not oversubscribed and there is room available in heats and lanes after heat start sheets have been produced to the maximum of 8 swimmers per heat. No additional heats will be created to accommodate poolside entries.

B. All poolside entries will be on a "TIME ONLY BASIS" Any swimmer accepted as a poolside entry will not be included in any individual awards, bagcat awards / points or presentations.

Swimming Clubs will also be required to download, free of charge the Sportsystems Entry Manager programme, version 2 from the Sportsystems website <http://www.sportsys.co.uk/home.htm> there are also instructions and useful video clips which explains how to use the entry manager and how to import your electronic file.

As well as the Electronic entry file being submitted to Diane West, each club will be required to submit paper entry forms for each swimmer to back up the electronic entry at the same time as the electronic file.

Confirmation of acceptance into events will be sent out prior to the start of the competition to all competing swimming clubs, gala secretary or identified club official.

This event will be a Card-less competition, swimmers wishing to withdraw from an event or the whole competition must, either, complete the attached form before the start of the gala warm-up and submit it to the relevant gala official or via email, text or phone.

**Coaches Passes** – Coaches passes must also be purchased by the closing date of the competition, namely the Friday 3<sup>rd</sup> August 2012. Please try to provide at least one male and female coach / team manager on the poolside, we would also encourage you to also look to support the younger team managers and coaches and offer them a chance to gain poolside knowledge and experience at this level of event. Please ensure that all coaches and team managers have a current CRB and are a registered member of your club. A coaches / team managers pass will cost £20.00 per club for the gala. Please complete the attached form and submit it to Diane West along with your entries.

**Spectators.** Entry will cost £10 per day including a programme If you leave before the second session starts you will be refunded £4. Afternoon session will be £5. Concessions are £6. £3 refunded if you leave before the start of the second session. Afternoon concession is £4. Under 16's free.

**No Photographic Policy** – In accordance with Liverpool City Council and City of Liverpool SC policy, this event will be run under a **no photographic policy from anywhere inside the Everton Park Sports Centre**, this includes all forms of photographic devices. We intend inviting a professional company to attend and if you do not wish your swimmer to be photographed you must inform the meet promoter on the day.

**Cafeteria -.** There will be a cafe on site providing refreshments throughout the gala.

**SCS.** Will be providing a swim shop throughout the gala, with a full range of swim wear available to purchase.

The Meet Promoter will be Bryan Langley.

If you have any problems please get in touch via the new email address [COLSC\\_Events@hotmail.com](mailto:COLSC_Events@hotmail.com) and We will do our best to resolve them as soon as possible.

Yours sincerely,

Diane West  
Tadpole Gala Entries Secretary

# City Of Liverpool Tadpole Gala

(Held under A.S.A. Law and A.S.A. Technical Rules)

## GENERAL AIMS

1. To encourage and develop a broad base of young, skill-full swimmers within the Merseyside area and all invited clubs.
2. To stimulate and develop an interest in competitive swimming at an early age.
3. To use this series of gala's to provide the swimming clubs and coaches with an opportunity to Talent I.D. young swimmers with potential and their parents within the local swimming clubs and encourage them to participate and progress through the A.S.A. and Local Long Term Athletic Development Pathways, Structures, Schemes and Development Galas.
4. To offer children an opportunity to gain knowledge, experience in a fun environment and a chance to represent their swimming club in a gala.
5. We welcome and encourage the participation of swimmers with disabilities in this competition as we are keen to develop an elite development pathway through clubs and squads for swimmers with disabilities within a Merseyside area as well as Regional and National Programme.

## GENERAL CONDITIONS

1. The competition will take place at the Everton Park Sports Centre, Liverpool short-course (25m). Morning session warm up times are 8.00am with a start time of 9.00am. There will be 15 minutes for both girls and boys. Afternoon session warm up times are 1.00pm with a start time of 2.00pm.
2. This is a Level 3 Licensed Meet. Times achieved can be used for entry into County and Regional Championships and level 1 and 2 Meets.
3. Age Groups: - 9, 10, 11, 12 years as at the 16<sup>th</sup> September 2012.
4. All Events will be Heat Declared Winner.
5. Heat start lists will be provided for coaches and team managers
6. All swimmers must be **Category 2** ASA members.
7. There are no lower limit entry times. But we encourage all swimmers to enter a time !
8. Entry times must be used. If a training time is used it must be verified by the coach.
9. In the event of oversubscription the slowest entry times will be rejected.
10. Withdrawals can be made by completing the form and passing it to Diane West, prior to the session warm up in advance of the swim taking place. Or via email: [COLSC\\_Events@hotmail.com](mailto:COLSC_Events@hotmail.com) or via Phone or Text: 07873 – 812 – 390
11. Swimmers will be allowed to enter up to a maximum of six events from four categories which is a choice of:

Category 1	-	Up to a maximum of 2 x 50m Form strokes, ( <b>Form Strokes are Butterfly, Backstroke and Breaststroke</b> )
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Category 2	- Up to a maximum of 2 x 200m Form strokes, <b>(Form Strokes are Butterfly, Backstroke and Breaststroke)</b>
Category 3	- Up to a maximum of 1 x Individual Medley event <b>(100m IM for 9yrs only) or (200m IM for 10, 11, 12yrs only)</b>
Category 4	- Up to a maximum of 1 Distance Freestyle event either <b>(1 x 200m Freestyle for 9/10yrs only) or (1 x 400m Freestyle for 11/12 yrs only).</b>

This is in line with the A.S.A. / British Swimming and local coaches directives such as (LTAD) Long Term Athletic Development Pathways and Bagcat competitions.

### **CONDITIONS OF ENTRY.**

1. Entry to the Gala will **NOT** be open to any swimmer who has:-
  - a) Qualified to compete in an individual event of the 2011 British Gas A.S.A. National Age Group Championships in Sheffield.
  - b) Has qualified for or been placed in a Final, Top eight in any event at the A.S.A. North West Regional Age Group Championships.
  - c) Finished in the first three in the Bagcat Competition at a 2011 County Age Group Championships / Competition.
  - d) Has won the City of Liverpool SC Tadpole League Age Group Bagcat award in the previous year, 2011.
2. Swimmers may compete for one club only.
3. There will be an entry fee of £4.50 per event up to a maximum of £27 for 6 events.
4. Entries for all galas must be received by the Simon Deeley, no later than **Monday 23 rd July**
5. Competitors must be a minimum of 9 years of age and no older than 12 years of with age taken as of 16<sup>th</sup> September 2012.

### **Bagcat Awards**

5. The individual boy and girl, in each age group, gaining the highest Bagcat awards using Fina points, overall will be the winner for 2012.
6. Trophies will be awarded to the top three, 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> placed swimmers in each single age group, 9, 10, 11, 12 yrs.

### **Top Club Award**

7. Points will be awarded to all swimmers for their club in each event towards the Top Team Competitions.
8. A trophy and cash prize of £25 will be awarded to the Top Club at the end of the competition.
9. A trophy and cash prize of £25 will be awarded to the top relays Club

### **Individual Awards**

10. Prizes will be awarded to the swimmers placed 1<sup>st</sup>, to 6<sup>th</sup>.

## **City of Liverpool Swimming Club Tadpole Gala INDIVIDUAL SWIMMER ENTRY FORM**

Swimming Club:	
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Swimmers First Name:															
Swimmers Surname:															
Sex: Please Delete	Male / Female														
Age Group at 16 / 09 / 2012:															
Date of Birth:	/ /														
ASA Registration Number:															
Disability Classification: Place a tick in the appropriate box / boxes		1	2	3	4	5	6	7	8	9	10	11	12	13	14
	S														
	SB														
	SM														
Address:															
Line 2:															
Post Code:															
Phone No: Land Line															
Phone No: Mobile															
Email:															

**Please enter up to a maximum of 6 events from:**

Category 1	- Up to a maximum of 2 x 50m Form strokes, <b>(Form Strokes are Butterfly, Backstroke and Breaststroke)</b>
Category 2	- Up to a maximum of 2 x 200m Form strokes, <b>(Form Strokes are Butterfly, Backstroke and Breaststroke)</b>
Category 3	- Up to a maximum of 1 x Individual Medley event <b>(100m IM for 9yrs only) or (200m IM for 10, 11, 12yrs only)</b>
Category 4	- Up to a maximum of 1 Distance Freestyle event either <b>(1 x 200m Freestyle for 9/10yrs only) or (1 x 400m Freestyle for 11/12 yrs only).</b>
Bagcat Awards	- To be considered for the Bagcat Awards at the end of the gala, you must have competed in at least 1 scoring event from each category above, namely 1 to 4.

Stroke	Butterfly <u>Form Stroke</u>	Backstroke <u>Form Stroke</u>	Breaststroke <u>Form Stroke</u>	Freestyle <u>Distance Event</u>	Individual Medley
50m	Time	Time	Time		
100m					100m Medley (9yrs Only) Time
200m	Time	Time	Time	200m Fr/s (9/10 yrs only) Time	200m Medley (10, 11, 12yrs) Time
400m				400m Fr/s (11/12 yrs only) Time	

Fees Enclosed  Events @ £4.50 each (Max of £27 for 6) £

I confirm that the swimmer above has not:

- Qualified to compete in an individual event of the 2012 British Gas A.S.A. National Age Group Championships in Sheffield.
- Has qualified for or been placed in a Final, Top eight in any event at the A.S.A. North West Regional Age Group Championships.
- Finished in the first three in the Bagcat Competition at a 2011 County Age Group Championships / Competition.
- Has won the City of Liverpool SC Tadpole League Age Group Bagcat award in the previous year, 2011.

Signed  Parent.  Coach.

- ◆ When completed, please return this form to the Club Desk .
- ◆ Please send cheques or cash, made payable to **“Prescot SC”**

# City of Liverpool SC Tadpole Gala 2012

## Everton Park Sports Centre

### WITHDRAWAL FORM

Swimmers, Parents, Coaches and Clubs, to ensure we run a smooth event, we require you to let us know if any of your swimmers wish to withdraw from an event or the whole competition in plenty of time so we can delete them off the computer system and to stop races taking place with empty lanes.

Any competitor wishing to withdraw from an event or the competition must inform a gala official via either:

- I. Completing the form below and passing it to Diane West, prior to the session warm up in advance of the swim taking place.
- II. Texting, stating the swimmers name, club and the event you want them to withdraw from on 07873 – 812 – 390
- III. Leaving an answer machine message on 07873 – 812 – 390

Swimming First Name:	
Swimmers Last Name:	
Swimmers Club:	
Swimmers Age Group:	
Disability Classification:	

Gala No:	Event No:	Competitor No:	Race Distance:	Stroke:

Name(Print)		Signed	
Date		Time of Delivery	
Received By		Time Received	

# CITY OF LIVERPOOL SC TADPOLE GALA 2012

## Schedule of events

Affiliated to A.S.A. North West Region  
(Held under ASA Laws and FINA Technical Rules of Swimming)

Licensed at Level 3

**VENUE: - Everton Park Sports Centre, Great Homer Street, Liverpool**

<b>Gala Day 1, Sunday 9<sup>th</sup> September 2012, Warm Up 8.00am – 09.00 am Start</b>				
1	B	11/12	400m	Freestyle
2	G	9/12	200m	Butterfly
3	B	9/10	50m	Backstroke
4	G	9/10	50m	Breaststroke
5	B	9/12	200m	Breaststroke
6	G	11/12	4x25m	Medley Relay
7	B	9/10	4 x 25m	Freestyle Relay
8	G	9/10	4 x 25m	Medley Relay
9	B	9/10	4 x 25m	Medley Relay

<b>Gala Day 1, Sunday 9<sup>th</sup> September 2012 Warm up 13.00pm – 14.00pm Start</b>				
7	G	11/12	400m	Freestyle
8	B	9/12	200m	Butterfly
9	G	9/10	50m	Backstroke
10	B	9/10	50m	Breaststroke
11	G	9/12	200m	Breaststroke
12	B	9/10	50m	Butterfly
13	G	9/10	50m	Butterfly
14	B	11/12	4x25m	Medley Relay
15	G	9/10	4 x 25m	Freestyle Relay

<b>Gala Day 2, Saturday 15<sup>th</sup> September 2012 Warm up 8.00am – 9.00am Start</b>				
16	B	9/12	200m	Freestyle
17	G	11/12	50m	Butterfly
18	B	11/12	50m	Backstroke
19	G	11/12	50m	Breaststroke
20	B	9/12	200m	Backstroke
21	G	9/10yr	100m	Ind. Medley
22	B	9/10yr	100m	Ind. Medley
23	G	11/12	4 x 25m	Freestyle Relay
24	B	11/12	4 x 25m	Freestyle Relay

<b>Gala Day 2, Saturday 15<sup>th</sup> September 2012 Warm up 13.00 – 14.00pm Start</b>				
25	G	9/12	200m	Freestyle
26	B	11/12	50m	Butterfly
27	G	11/12	50m	Backstroke
28	B	11/12	50m	Breaststroke
29	G	9/12	200m	Backstroke
30	B	11/12	200m	Ind. Medley
31	G	11/12	200m	Ind. Medley
32	B	Mixed	8x25	Cannon
33	G	Mixed	8x25	Cannon



**Tadpole Gala 2012 Consideration Times**  
**(To be no Faster.)**

Boys

Girls

9	10	11	12		9	10	11	12
36.13	34.62	32.69	30.83	50 FREE	37.27	34.95	32.98	31.43
	01:15.6	01:10.8	01:06.4	100 FREE		01:16.5	01:11.0	01:07.0
02:59.9	02:43.4	02:33.7	02:23.9	200 FREE	03:00.4	02:43.1	02:32.8	02:24.4
5.15.10	05:43.4	05:20.7	05:01.0	400 FREE	6.03.40	05:46.0	05:17.7	05:00.0
43.08	40.06	37.73	35.47	50 BACK	43.09	39.69	37.42	35.61
	01:26.9	01:20.0	01:14.9	100 BACK		01:26.5	01:19.6	01:14.8
3.19.10	03:03.8	02:50.6	02:40.0	200 BACK	3.06.00	03:02.9	02:48.2	02:39.6
48.79	45.44	42.38	39.57	50 BRST	49.09	45.29	42.28	39.92
	01:38.6	01:31.2	01:25.0	100 BRST		01:38.6	01:30.7	01:25.4
3.19.70	03:31.8	03:17.0	03:03.5	200 BRST	3.12.10	03:30.1	03:14.5	03:03.0
42.2	38.75	36.26	34.18	50 FLY	42.4	38.55	36.32	34.48
	01:27.9	01:20.3	01:14.6	100 FLY		01:27.1	01:19.7	01:14.6
3.19.10	03:15.1	02:55.8	02:44.7	200 FLY	3.06.00	03:14.4	02:55.9	02:44.2
01:35.5				100 I.M	01:35.2			
3.19.10	3.07.46	2.54.13	2.43.36	200 I.M	3.06.00	3.05.95	2.52.24	2.42.96