



Tadpole Gala



Sundays 12th & 19th May 2013
INDIVIDUAL SWIMMER ENTRY FORM
(12 and Under Gala)

Surname _____ Forename _____

Date of Birth _____

Male / Female (Delete as appropriate) Age at 14/09/2013 _____
(Upper age limit of 12)

Entries are open to all swimmers who have not competed in the L&D championships.

Please enter a Maximum of 6 events: (6 events are not compulsory).

Compulsory events:

1 x Individual Medley

1 x 200m or 400m Freestyle

(Form Events are Butterfly, Backstroke and Breaststroke)

Choose:

2 x 50m Form Events

2 x 200m Form Events

Please enter times achieved:

	Fly	Back	Breast	Free	I.M.
50m	50m Form Time	50m Form Time	50m Form Time		
100m					100m Medley (9yrs & under only) Time
200m	200m Form Time	200m Form Time	200m Form Time	200m Free Time (9/10 Yrs Only)	200m Medley (10-12 yrs only) Time
400m				400m Free Time (11/12 Yrs Only)	

Please Enter Your Time in the relevant Box. Return to Club by 22nd April 2013

Fees Enclosed: _____ Entries @ £2.50 each = £ _____

Medals awarded for the top three overall points totals in each age group for boys and girls.
Presentations will be at the Club race night on the Friday 7th June.

What's a BAGCAT?

Rather than specialise in one event, the Amateur Swimming Association (ASA) believes that each swimmer should compete in a number of events to help develop swimming potential. In the UK, events are divided into categories . the British Age Group Categories, or BAGCATS for short.

Prescot Swimming Club is introducing swimmers and parents to the BAGCAT scoring system in this gala. Swimmers will become familiar with the importance of competing in a range of strokes and distances. This gala is a great introduction to competitive swimming and leads the swimmer to the Liverpool Tadpole League, held in the autumn each year. Each swimmer should enter the 200m Free (400m for 11/12 Y/O) and an IM. They can then choose 2 events from the three 50m and 200m events, six events in total. This mirrors the events in the Tadpole Competition.

The overall position of a swimmer is the sum of the BEST point scored in each of the categories: 50m Form, 200m Form, 200m Freestyle (400m for 11/12 Y/O) and Individual Medley 9yrs and under swim the 100m IM, 10-12yrs swim the 200m IM. To win the BAGCAT prize, enter up to six events to score the maximum points (Only 4 events score). Swimmers may be surprised which stroke scores best, so we recommend entering six events across the strokes. The sum of the best score from each category is the BAGCAT total. The swimmer with the highest total wins the BAGCAT prize.

1st, 2nd & 3rd place medals awarded in the following ages 8 & under, 9, 10, 11 & 12. Presentations will be at the Club Race Night on the Friday 7th June.

GALA ONE

Sunday 12th May 2013

Warm-up 2.00pm for 2.30pm start

1	Boys	9/10	200m	Butterfly
2	Girls	11/12	200m	Backstroke
3	Boys	11/12	200m	Backstroke
4	Girls	9/10	200m	Breaststroke
5	Boys	9/10	50m	Breaststroke
6	Girls	11/12	50m	Butterfly
7	Boys	11/12	50m	Butterfly
8	Girls	9/10	200m	Backstroke
9	Boys	9/10	200m	Backstroke
10	Girls	11/12	400m	Freestyle
11	Boys	11/12	400m	Freestyle
12	Girls	9/10	50m	Butterfly
13	Boys	9/10	50m	Butterfly
14	Girls	11/12	50m	Breaststroke
15	Boys	11/12	50m	Breaststroke
16	Girls	9/10	200m	Freestyle
17	Boys	9/10	200m	Freestyle

GALA TWO

Sunday 19st May 2013

Warm-up 2.00pm for 2.30pm start.

18	Girls	9/10	200m	Butterfly
19	Boys	11/12	200m	Butterfly
20	Girls	11/12	200m	Butterfly
21	Boys	9/10	200m	Breaststroke
22	Girls	9/10	50m	Breaststroke
23	Boys	11/12	50m	Backstroke
24	Girls	11/12	50m	Backstroke
25	Boys	9/10	50m	Backstroke
26	Girls	9/10	50m	Backstroke
27	Boys	11/12	200m	Breaststroke
28	Girls	11/12	200m	Breaststroke
29	Boys	9yrs	100m	Ind. Medley
30	Girls	9yrs	100m	Ind. Medley
31	Boys	10yrs	200m	Ind. Medley
32	Girls	10yrs	200m	Ind. Medley
33	Boys	11/12	200m	Ind. Medley
34	Girls	11/12	200m	Ind. Medley

All entry forms to be returned by 22th April 2013