



# SATELLITES OF MACCLESFIELD SWIMMING CLUB

Affiliated to N.W.R.A.S.A.

26<sup>th</sup> Level 2 Licensed Open Meet - Licence No XXXXXXXX

## 27th & 28th April 2013 Programme of Events

### SATURDAY

Session 1 Saturday 27th April – 8.00am Warm Up for 9.00am Start

EVENT	DISTANCE	STROKE	GENDER	AGE
101	400m	Individual Medley	Girls	10+
102	200m	Individual Medley	Boys	9+
103	100m	Freestyle	Girls	10+
104	100m	Breaststroke	Boys	10+
20 MINUTE WARM UP/SWIM DOWN BREAK				
105	200m	Backstroke	Girls	9+
106	200m	Butterfly	Boys	9+
107	50m	Breaststroke	Girls	9+
108	50m	Freestyle	Boys	9+

Session 2 Saturday 27th April – 1.30pm Warm Up for 2.30pm Start

EVENT	DISTANCE	STROKE	GENDER	AGE
201	400m	Freestyle	Boys	10+
202	200m	Freestyle	Girls	9+
203	100m	Backstroke	Boys	10+
204	100m	Butterfly	Girls	10+
20 MINUTE WARM UP/SWIM DOWN BREAK				
205	200m	Breaststroke	Girls	9+
206	50m	Butterfly	Boys	9+
207	50m	Backstroke	Girls	9+



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### SUNDAY

Session 3 Sunday 28th April – 8.00am Warm Up for 9.00am Start

EVENT	DISTANCE	STROKE	GENDER	AGE
301	400m	Individual Medley	Boys	10+
302	200m	Individual Medley	Girls	9+
303	100m	Freestyle	Boys	10+
304	100m	Breaststroke	Girls	10+
20 MINUTE WARM UP/SWIM DOWN BREAK				
305	200m	Backstroke	Boys	9+
306	200m	Butterfly	Girls	9+
307	50m	Breaststroke	Boys	9+
308	50m	Freestyle	Girls	9+

Session 4 Sunday 28th April – 1.30pm Warm Up for 2.30pm Start

EVENT	DISTANCE	STROKE	GENDER	AGE
401	400m	Freestyle	Girls	10+
402	200m	Freestyle	Boys	9+
403	100m	Backstroke	Girls	10+
404	100m	Butterfly	Boys	10+
20 MINUTE WARM UP/SWIM DOWN BREAK				
405	200m	Breaststroke	Boys	9+
406	50m	Butterfly	Girls	9+
407	50m	Backstroke	Boys	9+



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## 27th & 28th April 2013 Information Sheet

1. The competition will be held under the Laws and Technical Rules of the A.S.A. The Meet is a Level 2 licensed meet, designated as a qualifying event for the 2012 Regional/National Competitions.
  - a. Heats are arranged according to submitted entry times.
  - b. The 50m, 200m and 400m Events will all be Heat Declared Winner. Medals will be awarded to the top 3 in each of the following age groups: 9, 10, 11, 12, 13, 14, 15/Over.
  - c. There will be three finals for each 100m event; 12/Under, 13/14, and 15/Over. Swim offs will be held if necessary. Medals will only be awarded for the 100s for the top 3 in each of the three finals.
  - d. 10 Year Old Girls and Boys may enter the 100m events providing that they have: (a) Met the consideration times for the corresponding 200m event; and (b) Entered the 200m event for that stroke.
  
2. The general conditions for the Meet shall apply to disability competitors except where varied by any of the following conditions.
  - a. Swimmers with a disability will swim under IPC rules.
  - b. All competitors must:
    - Have a valid British Swimming or IPC swimming classification at the time of entry.
    - Hold a valid British Swimming Functional Ability Card (FAC) at the time of entry.
    - The FAC must be presented to the referee before the start of the race in which the competitor is entered. Failure to do so will result in the swimmer being liable to disqualification for non-compliance with the rules for a particular stroke.
  - c. Qualifying times for disability competitors are not required. However entry times shall be submitted for the purpose of seeding the heats.
  - d. Personal Care Attendants/Coaches:
    - Personal care attendants will only be permitted for swimmers in the following classes: S1, S2, S3, S4, S5 and S11.
    - A swimmer in any of these classes may have both a coach and a personal care attendant present. No charge will be applied for personal care attendant poolside passes.
    - All coaches, chaperones and personal care attendants must conform to the ASA child protection procedures and hold a current CRB certificate.
  - e. Competition format:
    - The competition format will be based on disability inclusion within the able bodied programme i.e. there will be no separate events for swimmers with disabilities.
    - All swimmers will be seeded in the heats according to their entry times.
    - Disability competitors will be included within the results for their age group.
  
3. The warm ups will be split as appropriate.
  - a. **COACHES MUST BE RESPONSIBLE FOR THEIR SWIMMERS DURING WARM UP. THE SMALL POOL WILL BE AVAILABLE FOR WARM UP AND SWIM DOWN ONLY. Strictly No Diving in the Small Pool.** If this facility is abused it will be withdrawn. It will be the responsibility of the Coaches to ensure that their swimmers use the small pool for the purpose intended.

4. **'OVER THE TOP'** starts will be used for all events except backstroke and finals. This means that at the end of a race the swimmer will stay in the water until after the start of the next race, and then leave the water quickly BY THE SIDE of the pool.
5. **The Top Boy and Top Girl trophies** will be awarded to the swimmers gaining the highest total gala points for their events. A **Top Club trophy** will be presented to the visiting club gaining the most gala points. Gala Points will be awarded as follows in each age group: 1<sup>st</sup> = 8 points, 2nd = 7 points, 3rd = 6 points, etc. All trophies are perpetual and must be signed for.
6. Swimmers are advised **not** to leave their clothing or other articles in the changing rooms as neither the promoters nor the Leisure Centre management can accept responsibility for loss or damage. Please use the lockers provided.
7. Coaches poolside passes/wristbands and programmes should be collected from the table in the alcove on poolside.
8. The promoters reserve the right to refuse admission to any competitor or spectator.
9. The order of events may be changed at the discretion of the promoters.
10. If the Meet is undersubscribed Satellites of Macclesfield reserves the right to accept entries from swimmers outside of the published consideration standards.
11. **Anything not covered in the above - or not printed in the programme will be at the discretion of the promoters.**



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## 27th & 28th April 2013

**VENUE:** Macclesfield Leisure Centre, Priory Lane, Macclesfield SK10 4AF

The pool is an eight lane 25 metre pool with anti-wave lane ropes.

Ares Electronic Timing with full display board is installed.

A 17m pool will be available for warm-up and swim-down, this facility is provided on the understanding that swimmers are the responsibility of their Coach/Team Manager. If swimmers abuse the facility, it will be withdrawn. STRICTLY NO DIVING in this pool

**SESSIONS:**

<b>Saturday</b>	<b>Sunday</b>
<b>08.00 w/up for 09.00 start</b>	<b>08.00 w/up for 09.00 start</b>
<b>13.30 w/up for 14.30 start</b>	<b>13.30 w/up for 14.30 start</b>

Withdrawals to be made no later than the start of the warm up for that session.

**EVENTS:**

9 Years	50m All Strokes, 200m All Strokes
10 Years/ Over	50m All Strokes, 100m All Strokes (10 Years must enter corresponding 200m Event), 200m All Strokes, 400m Freestyle, 400m Individual Medley

'Over the Top' starts will be used except for Backstroke events and Finals.

**HEATS:** All events seeded on submitted times. The 50m, 200m and 400m Events will all be Heat Declared Winner.

**FINALS:** There will be three finals for each 100m event; 12/Under, 13/14, and 15/Over. Swim Offs will be held if necessary.

**AWARDS:** Medals will be awarded to: The first 3 swimmers in the following age groups for all Heat Declared Winner events: 9, 10, 11, 12, 13, 14, 15/Over. And the first 3 swimmers in the following age groups for the 100m events: 12/Under, 13/14, 15/Over.

Disability Medals shall be awarded on a multi-class basis to the first 3 swimmers in each event by British Disability Point scores. If there are less than four disability competitors in any one event then a minus one ruling shall apply. If there is only one disability competitor in an event then a medal shall be awarded if that swimmer betters their entry time.

**Top Boy and Top Girl Awards** will be based on the best three swims using the FINA Points Table. Trophies are to be held for twelve months, or until the next time the events are staged, which ever is earliest. **A perpetual Overall Team Trophy** is

awarded to the Top Visiting Club based on points scored in HDW events and finals.

**ENTRIES:**

The entry fee is **£4.50** per event.  
Coaches Pass is **£10.00** including programmes and Heat Start Lists.  
Coaches will **not** be allowed on poolside without a pass/wristband.

**Entry times must have been achieved in the past twelve months in licensed meets.**

**Age as at 28th April 2013**

Accepted entries will be judged on a swimmers entry time relative to the **Minimum Consideration Standards** as published in the entry pack.

Incorrect entries will be deleted from the event and the swimmer will forfeit the entry fee.

**The promoter reserves the right to reduce the number of entries** to comply with the terms of the ASA Open Meet Licence – even if swimmers have achieved the minimum consideration standards.

The promoter also reserves the right to make Satellites of Macclesfield S.C. swimmers the reserves if this becomes necessary.

Accepted entries will be mailed to club contacts for distribution to swimmers. An electronic copy will be posted on the Satellite website

**CLOSING DATE:**

**Monday 18<sup>th</sup> March 2013**

Poolside entries will be at the discretion of the promoter and will be charged at £5.00 per swim.

*NB: We cannot be held responsible for late delivery by Post – please leave sufficient time for posting or send by special delivery if close to deadline. Thank you.*

**ENTRIES TO:**

**Entries to : Simon Deeley**  
**Email simon@electrovision.co.uk**

Electronic entry via Sportsystems Entry Manager V2.  
Entry files will be available on Satellite website – [www.swimsatellite.co.uk](http://www.swimsatellite.co.uk)

On completion the file should be emailed back to - [openmeet@swimsatellite.co.uk](mailto:openmeet@swimsatellite.co.uk).

Hard copies **MUST** then be sent by post to the above address accompanied by full entry fee and A4 SAE for the return of entries and relevant information - inc postage please.

Entries should be made on the supplied Sportsystems electronic entry files. Clubs that send paper entries will incur an administrative charge of 50p per entrant. If you need assistance with electronic entry please get in touch and we will provide support where possible.

**WITHDRAWALS:** **Friday 26<sup>th</sup> April** : Swimmers withdrawing from events in session 1 (or other sessions if known) should telephone or text **07960 392769** clearly stating Swimmers **full name, club, competitors no. (or time) and the event number** that they are withdrawing from. This information can also be emailed to [openmeet@swimsatellite.co.uk](mailto:openmeet@swimsatellite.co.uk).

**Saturday 27<sup>th</sup> & Sunday 28<sup>th</sup> April** : WITHDRAWALS AT THE POOL ONLY  
For sessions 2-4 Team Managers/Coaches to complete a withdrawal form and hand to the organisers at the poolside desk **BEFORE** the start of warm up for that session.

Refunds where appropriate will be available on the weekend of the meet.

**OFFICIALS:** **Anyone able to assist with the Gala as an official over the weekend please contact Mr Colin Huck.**

Email : [officials@swimsatellite.co.uk](mailto:officials@swimsatellite.co.uk)

**CAR PARKING:** Extensive **FREE** car parking is available within the Leisure Centre grounds.

**CAFE/BAR:** Hot and Cold snacks will be available in the cafe from approximately 9.30am until early evening.

**SWIM SHOP:** A Swim Shop will be situated in the downstairs vending area on both days.

**SPECTATORS:** Admission price will be for the day, or remaining sessions of a day. Refunds will be given for sessions not attended. Programme will be available to purchase on the day.



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## 27th & 28th April 2013

Boys Qualifying Times								
		9 YRS	10 YRS	11 YRS	12 YRS	13 YRS	14 YRS	15/OVER
FREESTYLE	50m	00:42.10	00:39.30	00:37.20	00:35.10	00:33.10	00:31.30	00:29.90
	100m	N/A	**	01:20.60	01:15.70	01:11.10	01:07.30	01:04.60
	200m	03:22.80	03:06.00	02:54.80	02:44.70	02:35.00	02:26.60	02:20.80
	400m	N/A	06:31.80	06:06.00	05:46.00	05:26.80	05:10.40	04:57.50
BREASTSTROKE	50m	00:55.10	00:51.30	00:48.00	00:45.10	00:41.90	00:39.60	00:37.70
	100m	N/A	**	01:43.40	01:38.90	01:30.10	01:25.10	01:21.00
	200m	04:17.80	03:59.00	03:42.40	03:29.20	03:15.30	03:03.90	02:55.80
BUTTERFLY	50m	00:47.40	00:43.80	00:41.00	00:38.80	00:36.40	00:34.30	00:32.50
	100m	N/A	**	01:30.40	01:24.60	01:19.10	01:14.40	01:10.70
	200m	04:08.30	03:37.30	03:18.20	03:06.60	02:54.70	02:44.70	02:35.50
BACKSTROKE	50m	00:48.60	00:45.10	00:42.50	00:40.30	00:37.60	00:35.80	00:33.90
	100m	N/A	**	01:30.50	01:25.20	01:19.70	01:15.00	01:11.50
	200m	03:43.80	03:26.70	03:13.30	03:02.60	02:51.10	02:41.40	02:34.30
INDIVIDUAL MEDLEY	200m	03:48.70	03:32.20	03:17.60	03:06.80	02:55.80	02:45.30	02:38.20
	400m	N/A	07:35.60	06:59.70	06:34.30	06:12.00	05:50.30	05:34.60

Girls Qualifying Times								
		9 YRS	10 YRS	11 YRS	12 YRS	13 YRS	14 YRS	15/OVER
FREESTYLE	50m	00:42.60	00:39.90	00:37.70	00:35.70	00:34.30	00:33.30	00:32.50
	100m	N/A	**	01:21.30	01:16.60	01:13.50	01:11.30	01:09.90
	200m	03:24.50	03:06.80	02:55.40	02:44.90	02:38.00	02:33.50	02:30.20
	400m	N/A	06:35.70	06:04.90	05:43.70	05:29.80	05:20.80	05:13.80
BREASTSTROKE	50m	00:55.90	00:51.70	00:48.30	00:45.40	00:43.20	00:41.80	00:40.80
	100m	N/A	**	01:52.50	01:43.50	01:37.30	01:32.30	01:28.70
	200m	04:20.00	03:59.50	03:42.10	03:28.80	03:18.20	03:11.50	03:07.90
BUTTERFLY	50m	00:47.90	00:43.90	00:41.30	00:39.10	00:37.30	00:36.10	00:35.20
	100m	N/A	**	01:30.90	01:24.90	01:21.20	01:18.30	01:16.90
	200m	04:11.00	03:40.00	03:20.20	03:06.40	02:57.30	02:51.00	02:46.90
BACKSTROKE	50m	00:48.90	00:45.30	00:42.70	00:40.50	00:38.70	00:37.50	00:36.80
	100m	N/A	**	01:31.00	01:25.30	01:21.40	01:19.00	01:17.10
	200m	03:46.20	03:28.70	03:12.50	03:01.70	02:54.30	02:49.20	02:44.80
INDIVIDUAL MEDLEY	200m	03:51.60	03:32.70	03:17.90	03:06.30	02:58.80	02:53.10	02:49.50
	400m	N/A	07:35.30	06:57.30	06:32.00	06:14.40	06:03.10	05:55.80



\*\* Swimmers must enter the Corresponding 200m event to enter these.



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### 27th & 28th April 2013

Name: \_\_\_\_\_ Male: \_\_\_ Female: \_\_\_ (Please tick)

D.O.B: \_\_\_/\_\_\_/\_\_\_\_\_ Age on day:\_\_\_ Club\_\_\_\_\_

ASA Reg no. \_\_\_\_\_ BS/IPC Classification S\_\_\_SB\_\_\_SM\_\_\_ (if applicable)

Email: \_\_\_\_\_@\_\_\_\_\_ Contact no. \_\_\_\_\_

All times to be 25m(short course times)

Event	Entry Time	Date & Venue Achieved
50 Free		
100 Free		
200 Free		
400 Free		
50 Back		
100 Back		
200 Back		
50 Breast		
100 Breast		
200 Breast		
50 Fly		
100 Fly		
200 Fly		
200 IM		
400 IM		

No of entries		@ £4.50	Total £
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I certify that the above details are correct.

Signed \_\_\_\_\_ Coach/Team Manager Date \_\_\_/\_\_\_/\_\_\_\_\_

Cheques made payable to PRESCOT SC. Club name and contact number on reverse please.

Entries to be returned by 18<sup>th</sup> March 2013

**Entries to : Simon Deeley**