

BRITISH GAS LANCASHIRE WPSA. AGE GROUPS & CHAMPIONSHIPS 2013

License Nos. CC3061 & CC3062

CONDITIONS

1. The Age Groups and Championships will be held at Manchester Aquatic Centre on 9th & 10th March 2013 and at Picton Pool (Wavertree) on 16th & 17th March 2013.
2. Prescott Club Closing Date for entries is Monday 11th February 2013.
3. Age on the day will be as of midnight 17th March 2013. Junior Championship age is 16 or under as of midnight 17th March 2013.
4. Entry fees shall be £5.00 per event.
5. Coaches requiring access to the poolside must be a member of a club competing the Age Groups and Championships and be in possession of a pass issued by Lancashire WP&SA by completion of the appropriate form. It is mandatory that all coaches comply with the relevant ASA Child Safeguarding procedures and have an up to date CRB certificate.
6. Qualifying Times 25m pool. (See section17) from a licensed meet since 1st April 2012 are required for all events. Please check the correct age group is entered relative to the swimmers date of birth. It is permissible for split times to be used for entries providing that the split time is less than or equal to the appropriate qualifying time. Evidence of the achievement of this split time must accompany the entry. No Refunds for mistakes. Checks will be made against the current ASA ranking data base. Any swimmer found to be submitting false times may be subject to rejection in all events.
7. Eligibility for entry. The competitions shall be open to eligible swimmers, as defined by the ASA, who are members of clubs affiliated to Lancashire WP & SA. No individual may compete in the Age Groups and Championships if he or she has competed in another equivalent county championships' in the same calendar year. A swimmer must have been a member of the club in whose name they are entered, and registered as such with the ASA at the closing date for entries.
8. Disability Conditions
 - 8.1 The general conditions for the Lancashire Age Group and County Championships shall apply to disability competitors except where varied by any of the following conditions.
 - 8.2 Swimmers with the indicated classifications will be accepted for the following events:
 - Freestyle 50m, 100m, (S1 to S14); 200m (S1 to S5); 400m (S6 to S14)
 - Backstroke 50m (S1 to S5), 100m (S6 to S14)
 - Butterfly 50m (S2 to S7), 100m (S8 to S14)
 - Breaststroke 50m (SB1 to SB3), 100m (SB4 to SB9 and SB11 to SB14)
 - Individual Medley 200m (SM5 to SM14)

8.3 All competitors must:

- Hold a valid British Swimming Functional Ability Card (FAC) OR a valid Certificate of Disability issued by the ASA at the time of entry.
- The FAC or the Certificate of Disability must be presented to the referee before the start of the race in which the competitor is entered. Failure to do so will result in the swimmer being liable to disqualification for non-compliance with the rules for a particular stroke.

8.4 Qualifying times for disability competitors with a FAC are shown in section 18 and must have been achieved between the 1st April 2012 and 25th February 2013.

8.5 Personal Care Attendants/Coaches will be permitted for swimmers in the following classes: S1, S2, S3, S4 and S11. All coaches, chaperones and personal care attendants must conform with the ASA child protection procedures.

8.6 Competition format:

- The competition format will be based on disability inclusion within the able bodied programme.
- All swimmers will be seeded in the heats according to their entry times.
- Disability competitors will be included within the results for their age group.
- There will be no separate disability results.

9. Awards: Medals awarded to first three in Championships and Age Groups.

10. Details on the entry forms should be as per the swimmers ASA Category 2 Membership Registration. Please check that your swimmers (including 9yr olds) are Category 2 registered, their ASA ID number, times and other details are correct before submitting. For processing of entries all details must be fully completed. Entries sent without fee, with entries incorrectly made out or declaration not signed may not be accepted. No refunds for entries incorrectly submitted. Entries to be sent electronically by an authorised club official. Cheques payable to Lancashire WP&SA.

11. Overhead starts will be used. All events are heat declared.

12. Withdrawals must be made at least one hour before the start of the session either on an official withdrawal form or by telephoning 07508 427444 at times to be advised. There will be no refund of entry fees for such withdrawals unless the withdrawal is for medical reasons in which case an appropriate certificate must be provided. Fines - A fine of £10 may be levied in respect of each competitor that fails to withdraw and does not swim (except in the case of genuine illness or of a proven emergency). Each "no show" may be subject to a separate fine of £10. Fines will be levied on the competitors' club and the individual(s) concerned shall not be eligible to swim in any future Lancashire WP&SA event until the fine has been paid.

13. Competitors are responsible for presenting themselves to the clerks of the course one event prior to the one in which they are competing. It is the swimmers' responsibility to be at the start in time for the race.

14. Restriction of entries. The promoter reserves the right to restrict entries in the interest of safety, time constraints and to ensure the smooth running of the competition. Where this rule is invoked the swimmers with the fastest submitted times shall take precedence. Events chosen for restriction will be at the discretion of the promoter. A refund will be given to competitors whose entry is denied where this condition has been exercised.

15. Any question or dispute arising from these conditions or disputes related to a matter not covered in these conditions shall be determined by the Hon. Championship Secretary and may be referred to the Lancashire WP&SA Executive Committee at a later date.

16. Disability Qualifying Times

		Freestyle				Back		Fly			Breast			IM	
		50m	100m	200m	400m	50m	100m	50m	100m		50m	100m		100m	200m
S1	Boys	02:43.2	05:50.3	13:08.6		02:55.5				SB1	03:30.3				
	Girls	02:20.8	08:02.6	14:34.7		02:19.8					04:01.8				
S2	Boys	01:50.8	04:04.2	08:40.1		01:54.4		03:07.9		SB2	01:44.0				
	Girls	02:22.4	04:58.8	11:20.2		02:22.3					03:47.8				
S3	Boys	01:17.8	02:51.8	05:53.3		01:32.7		02:05.3		SB3	01:26.8				
	Girls	01:43.2	03:47.1	08:10.2		01:49.4		02:25.1			01:53.0				
S4	Boys	01:06.2	02:25.7	05:13.8		01:22.3		01:21.5		SB4		02:52.8			
	Girls	01:29.8	03:16.1	06:44.0		01:44.3		02:05.4				03:20.8			
S5	Boys	00:57.1	02:06.7	04:38.2		01:05.9		01:03.0		SB5		02:41.2	SM5	02:10.7	04:50.5
	Girls	01:02.7	02:16.2	04:53.15		01:16.0		01:24.3				03:11.0		03:04.5	06:50.0
S6	Boys	00:52.2	01:56.7		09:04.1		02:11.0	00:55.0		SB6		02:32.9	SM6	02:01.3	04:29.5
	Girls	01:03.3	02:14.9		09:52.8		02:33.9	01:09.3				02:54.9		02:29.3	05:31.8
S7	Boys	00:49.0	01:48.3		08:29.1		02:07.5	00:55.2		SB7		02:22.8	SM7	02:02.5	04:32.2
	Girls	00:57.7	02:04.0		09:16.2		02:26.7	01:05.4				02:42.4		02:15.3	05:19.5
S8	Boys	00:46.2	01:40.3		07:44.7		01:57.7		01:44.6	SB8		02:04.9	SM8	01:47.8	03:59.5
	Girls	00:54.6	01:56.6		08:25.3		02:15.9		02:08.0			02:24.8		02:04.7	04:54.4
S9	Boys	00:43.5	01:36.6		07:22.4		01:48.1		01:42.2	SB9		01:59.3	SM9	01:41.0	03:44.4
	Girls	00:50.5	01:48.6		08:03.8		02:01.2		02:00.7			02:24.4		01:55.4	04:32.5
S10	Boys	00:41.9	01:32.2		07:08.6		01:46.9		01:41.0				SM10	01:36.9	03:35.3
	Girls	00:49.2	01:45.3		07:55.1		02:05.4		01:59.9					01:55.5	04:32.7
S11	Boys	00:45.5	01:42.8		08:01.6		01:58.0		01:51.1	SB11		02:07.0	SM11	01:49.3	04:02.8
	Girls	00:54.7	02:00.8		09:54.0		02:28.9		02:48.5			02:50.0		02:18.6	05:27.4
S12	Boys	00:42.4	01:32.3		07:21.1		01:45.5		01:42.9	SB12		01:58.7	SM12	01:36.5	03:34.5
	Girls	00:48.2	01:45.4		08:28.6		02:05.4		01:57.1			02:15.2		01:51.2	04:22.7
S13	Boys	00:41.7	01:32.0		07:28.1		01:47.8		01:43.0	SB13		01:57.1	SM13	01:38.7	03:39.4
	Girls	00:47.4	01:42.5		07:51.8		02:00.7		01:53.8			02:22.3		01:47.5	04:13.8
S14	Boys	00:45.2	01:40.6		07:34.9		01:58.4		01:49.1	SB14		02:05.8	SM14	01:45.5	03:54.5
	Girls	00:51.2	01:54.6		08:44.1		02:16.0		02:13.3			02:24.4		02:02.2	04:48.6

17. LANCASHIRE COUNTY WATER POLO & SWIMMING ASSOCIATION

2013 CONSIDERATION TIMES



BOYS EVENT	County Consideration Times					Short Course Pool				
	9	10	11	12	13	14	15	16	17/OV	
50m Freestyle	41.9	38.3	36.7	33.9	31.6	30.1	29.0	29.0	28.2	
100m Freestyle			1:14.3	1:11.3	1:06.5	1:03.5	1:02.5	1:02.5	1:00.8	
200m Freestyle	3:22.7	2:54.4	2:43.2	2:32.2	2:23.4	2:19.0	2:13.8	2:13.8	2:10.6	
400m Freestyle		6:13.2	5:45.3	5:24.4	5:04.2	4:49.9	4:39.9	4:39.9	4:37.9	
1500m Freestyle			20:10.9	20:10.9	19:07.7	18:29.4	18:00.0	18:00.0	17:50.0	
50m Breaststroke	55.2	50.1	46.3	42.4	39.0	37.0	35.5	35.5	33.8	
100m Breaststroke			1:35.1	1:32.1	1:25.0	1:20.5	1:17.5	1:17.5	1:16.0	
200m Breaststroke	4:22.5	3:55.5	3:34.9	3:17.2	3:03.7	2:52.0	2:50.1	2:50.1	2:45.0	
50m Butterfly	47.4	41.9	38.9	36.8	33.0	32.0	30.5	30.5	29.4	
100m Butterfly			1:24.6	1:21.6	1:15.0	1:11.7	1:07.5	1:07.5	1:05.4	
200m Butterfly	4:20.6	3:38.3	3:18.7	3:00.2	2:45.9	2:38.3	2:28.5	2:28.5	2:24.4	
50m Backstroke	48.5	43.2	40.1	36.9	34.2	32.4	31.4	31.4	30.8	
100m Backstroke			1:24.6	1:21.3	1:15.7	1:14.2	1:08.3	1:08.3	1:07.0	
200m Backstroke	3:45.2	3:18.2	3:08.2	2:51.4	2:39.6	2:32.9	2:26.3	2:26.3	2:24.3	
200m Individual Medley	3:44.5	3:25.0	3:11.3	2:53.4	2:41.4	2:34.6	2:28.2	2:28.2	2:26.3	
400m Individual Medley			6:18.4	6:18.4	5:54.0	5:36.4	5:18.6	5:18.6	5:13.3	

GIRLS EVENT	County Consideration Times					Short Course Pool				
	9	10	11	12	13	14	15	16	17/OV	
50m Freestyle	41.9	38.1	35.2	33.2	31.8	31.0	30.9	30.9	30.3	
100m Freestyle			1:16.1	1:11.2	1:08.1	1:06.8	1:05.8	1:05.8	1:05.1	
200m Freestyle	3:22.7	2:55.1	2:44.3	2:32.5	2:28.5	2:25.0	2:24.8	2:24.8	2:22.5	
400m Freestyle		6:08.5	5:35.4	5:21.4	5:06.8	4:58.9	4:56.6	4:56.6	4:59.0	
800m Freestyle			10:30.3	10:30.3	10:12.5	10:02.5	9:55.7	9:55.7	9:52.4	
50m Breaststroke	55.2	49.4	45.6	42.4	40.3	39.1	38.4	38.4	38.3	
100m Breaststroke			1:37.5	1:32.8	1:26.1	1:24.4	1:22.5	1:22.5	1:22.0	
200m Breaststroke	4:22.5	3:46.7	3:30.2	3:15.6	3:07.3	3:03.0	3:01.5	3:01.5	3:00.1	
50m Butterfly	47.4	41.9	38.9	36.4	34.8	33.7	33.2	33.2	32.8	
100m Butterfly			1:26.7	1:21.8	1:18.2	1:15.4	1:13.8	1:13.8	1:12.7	
200m Butterfly	4:20.6	3:42.8	3:25.0	3:01.4	2:52.1	2:48.0	2:43.0	2:43.0	2:43.0	
50m Backstroke	48.5	43.5	40.2	37.8	36.2	35.2	34.7	34.7	34.1	
100m Backstroke			1:25.8	1:20.7	1:17.2	1:15.3	1:14.0	1:14.0	1:13.0	
200m Backstroke	3:45.2	3:12.2	2:58.8	2:49.6	2:42.4	2:39.6	2:37.2	2:37.2	2:35.3	
200m Individual Medley	3:44.5	3:20.2	3:05.9	2:52.5	2:43.9	2:43.9	2:42.6	2:42.6	2:41.0	
400m Individual Medley			6:13.4	6:13.4	5:57.1	5:47.2	5:42.9	5:42.9	5:37.9	

All times must have been achieved between
1st April 2012 and 24th February 2013 at a Licensed Meet (Level 1,2,3 or 4)

**LANCASHIRE COUNTY WATER POLO & SWIMMING ASSOCIATION
BRITISH GAS AGE GROUP & SWIMMING CHAMPIONSHIPS 2013**

**License Nos: CC3061 & CC3062
INDIVIDUAL ENTRY FORM**

FORENAME _____ SURNAME _____

ADDRESS _____

_____ POST CODE _____

PHONE NUMBER _____

EMAIL ADDRESS _____

MALE/FEMALE (DELETE AS APPROPRIATE) DATE OF BIRTH ____/____/____

ASA REG NUMBER _____ AGE AT 17/03/13 _____

CLUB _____

DISTANCE	STROKE	AGE GROUPS & CHAMPIONSHIPS 25M POOL TIMES	Date & Gala Time achieved – This column MUST be completed
50M	FREESTYLE		
100M	FREESTYLE		
200M	FREESTYLE		
400M	FREESTYLE		
800M	FREESTYLE (Girls & Ladies)		
1500M	FREESTYLE (Boys & Gents)		
50M	BACKSTROKE		
100M	BACKSTROKE		
200M	BACKSTROKE		
50M	BREASTSTROKE		
100M	BREASTSTROKE		
200M	BREASTSTROKE		
50M	BUTTERFLY		
100M	BUTTERFLY		
200M	BUTTERFLY		
200M	INDIVIDUAL MEDLEY		
400M	INDIVIDUAL MEDLEY		

Split times will be accepted providing that the split time is less than or equal to the appropriate qualifying time. Evidence of the achievement of this split time must accompany the entry.

FEES ENCLOSED _____ ENTRIES @ £5.00 £ _____

I certify that the above details are correct and comply with ASA regulations.

Signed ó This form MUST be signed by parent and competition secretary.

Parent _____ Competition Sec. _____

PLEASE RETURN THIS FORM TO _____ Simon Deeley _____ BY _11/02/2013 _____

Completed forms and cheques to be returned to Simon Deeley

Lancashire County WPSA Age Groups and Championships 2013

Programme of Events 2013			
Session 1	MANCHESTER	9TH March 2013	Warm up 8.15 a.m. Start 9.30 a.m.
Event 101	Female	400m Freestyle	Age Group 10-16 + Championship
102	Male	50m Backstroke	Age Group 9-16 + Championship
103	Female	50m Breaststroke	Age Group 9-16 + Championship
104	Male	100m Breaststroke	Age Group 11-16 + Championship
105	Female	100m Freestyle	Age Group 11-16 + Championship
Session 2	MANCHESTER	9TH March 2013	Warm up to be confirmed
Event 201	Male	200m Freestyle	Age Group 9-16 + Championship
202	Female	50m Freestyle	Age Group 9-16 + Championship
203	Male	50m Butterfly	Age Group 9-16 + Championship
204	Female	100m Butterfly	Age Group 11-16 + Championship
Session 3	MANCHESTER	10TH March 2013	Warm up 8.15 a.m. Start 9.30 a.m.
Event 301	Male	400m Freestyle	Age Group 10-16 + Championship
302	Female	50m Backstroke	Age Group 9-16 + Championship
303	Male	50m Breaststroke	Age Group 9-16 + Championship
304	Female	100m Breaststroke	Age Group 11-16 + Championship
305	Male	100m Freestyle	Age Group 11-16 + Championship
Session 4	MANCHESTER	10TH March 2013	Warm up to be confirmed
Event 401	Female	200m Freestyle	Age Group 9-16 + Championship
402	Male	50m Freestyle	Age Group 9-16 + Championship
403	Female	50m Butterfly	Age Group 9-16 + Championship
404	Male	100m Butterfly	Age Group 11-16 + Championship
Session 5	LIVERPOOL	16TH March 2013	Warm up 8.00 a.m. Start 9.30 a.m.
Event 501	Female	200m Breaststroke	Age Group 9-16 + Championship
502	Male	400m Ind. Medley	Age Group 11-16 + Championship
503	Female	800m Freestyle	Age Group 11-16 + Championship
Session 6	LIVERPOOL	16TH March 2013	Warm up to be confirmed
Event 601	Male	100m Backstroke	Age Group 11-16 + Championship
602	Female	200m Ind. Medley	Age Group 9-16 + Championship
603	Male	200m Butterfly	Age Group 9-16 + Championship
604	Female	200m Backstroke	Age Group 9-16 + Championship
Session 7	LIVERPOOL	17TH March 2013	Warm up 8.00 a.m. Start 9.30 a.m.
Event 701	Male	200m Breaststroke	Age Group 9-16 + Championship
702	Female	400m Ind. Medley	Age Group 11-16 + Championship
703	Male	1500m Freestyle	Age Group 11-16 + Championship
Session 8	LIVERPOOL	17TH March 2013	Warm up to be confirmed
Event 801	Female	100m Backstroke	Age Group 11-16 + Championship
802	Male	200m Ind. Medley	Age Group 9-16 + Championship
803	Female	200m Butterfly	Age Group 9-16 + Championship
804	Male	200m Backstroke	Age Group 9-16 + Championship

Please note all events are heat declared

There are no BAGCAT awards for 2013