



ASA North West Region

2012 Regional Swimming Championships Conditions

1. Introduction

- 1.1 The ASANWR Winter Swimming Championships (hereafter 'the Championships') shall be competed for annually on dates decided by the swimnorthwest Swimming Management Group and confirmed by the ASANWR Management Board (hereafter the 'Board') and in accordance with the Rules of the ASANWR, ASA Laws and ASA Technical Rules.
- 1.2 The organisation of the Championships shall be managed by the swimnorthwest Swimming Management Group with powers delegated to a Competition Manager.
- 1.3 The entry fees will be set annually by the swimnorthwest Swimming Management Group and confirmed by the Board.
- 1.4 Coaches requiring access to the poolside must be in possession of a Pass issued by the ASANWR.

The fee is £8.00 per pass.

It is mandatory that all Coaches comply with the relevant ASA Child Protection Procedures and have an up to date CRB certificate. (See also section 13 below.)

- 1.5 Any question or dispute arising from these conditions or disputes related to a matter not covered in these conditions shall be determined by the Competition Manager and may be referred to the ASANWR Swimming Management Group at a later date.

2. 2012 Regional Championships

- 2.1 The Championships will be held at the **Manchester Aquatics Centre** on Saturday 1st and Sunday 2nd of December 2012.
- 2.2 The closing date for entries will be Monday 15th October 2012.
- 2.3 Age on the day for both individual and team events will be as of midnight on December 2nd 2012.
- 2.4 Entry fees shall be as follows (see also section 7):
 - Individual entries made via 'Sportsystems Entry Manager': £5.50; otherwise £7.00
 - Team entries via 'Sportsystems Entry Manager': £12.00; otherwise £15.00

- Additional entries may be accepted at the discretion of the Championship Manager after the closing date. The Entry Fee for such entries shall be £10.00 per event for individuals and £20 for teams.

2.5 Cheques should be made payable to: ASA North West Region and sent to

K J Chisholm
33 Rannerdale Drive
Whitehaven
CA28 6LA

Tel: 01946-694019
e-mail: keithchisholm@gmail.com

2.6 Entry fees can also be paid by arranging a BACS transfer; details will be provided on request.

3. Eligibility for entry

Individuals

- 3.1 The Championships shall be open to eligible swimmers, as defined by the ASA, who are members of clubs affiliated to the ASA North West Region and who either:
- Were born in the Region, or
 - Reside in the Region.

The swimnorthwest Swimming Management Group may grant exemption from the residential qualification in individual cases. This will depend upon individual circumstances. Applications for dispensation shall be in writing and shall reach the Competition Manager no later than the event closing date.

- 3.2 No individual may compete in the Championships if he/she has competed in the equivalent Championships of another Region in the same calendar year.
- 3.3 A swimmer must be a member of the club in whose name he is entered, and registered as such with the ASA at the closing date for entries.
- 3.4 Individual championship events for each sex will comprise Open and Junior awards. A Junior swimmer shall be aged 16 years or under as at midnight on the last day of the Championships.

Teams

- 3.5 Team Championships shall be open to all clubs affiliated to the ASANWR.
- 3.6 All teams shall consist of four members
- 3.7 A swimmer entered in the name of one club in the individual events may not compete in the name of another club in the teams events.
- 3.8 Clubs may enter one or more teams, but members shall swim for one team only.

4. Disability competitors

4.1 The general conditions for the ASANWR Championships shall apply to disability competitors except where varied by any of the following conditions.

4.2 Swimmers with the indicated classifications will be accepted for the following events.

- Freestyle 50m, 100m, 200m (S1 to S14); 400m (S6 to S14)
- Backstroke 50m (S1 to S14), 100m (S6 to S14)
- Butterfly 50m (S2 to S14), 100m (S8 to S14)
- Breaststroke 50m (SB1 to SB9 and SB11 to SB14), 100m (SB4 to SB9 and SB11 to SB14)
- Individual Medley 200m (SM5 to SM14), 400m (SM5 to SM14).

4.3 All competitors must:

- Hold a valid British Swimming Functional Ability Card (FAC) OR a valid Certificate of Disability issued by the ASA at the time of entry.
- The FAC must be presented to the referee before the start of the race in which the competitor is entered. Failure to do so will result in the swimmer being liable to disqualification for non-compliance with the rules for a particular stroke.

4.4 Qualifying times for disability competitors with a FAC are shown in section 12 and must have been achieved in a short or long course pool between 3rd December 2011 and 30th October 2012.

4.5 Personal Care Attendants/Coaches:

- Personal care attendants will only be permitted for swimmers in the following classes: S1, S2, S3, S4, S5 and S11.
- A swimmer in any of these classes may have both a coach and a personal care attendant present. No charge will be applied for personal care attendant poolside passes (see section 13).
- All coaches, chaperones and personal care attendants must conform to the ASA child protection procedures and hold a current CRB certificate.

4.6 Competition format:

- The competition format will be based on disability inclusion within the able bodied programme i.e. there will be no separate events or awards for swimmers with disabilities.
- All swimmers will be seeded in the heats according to their entry times.
- Disability competitors will be included within the results for their age group.

4.7 ASANWR will endeavour to provide an official who holds either an IPC qualification, or an ASA Disability Official to act as the Disability Competition Liaison in each of the sessions where disability athletes are entered.

5. The Events

5.1 Individual events for both men and women:

- Freestyle: 50m, 100m, 200m, 400m,
800m for Women only, 1500m for Men only

- Backstroke: 50m, 100m, 200m
- Butterfly: 50m, 100m, 200m
- Breaststroke: 50m, 100m, 200m
- Individual Medley: 200m, 400m.

5.2 The 50m, 100m, 200m and 400m events shall have heats and finals. The 800m and 1500m events shall be swum as HDW (Heat Declared Winner) events.

5.3 Team events for both men and women shall be swum as HDW:

- 4x100m Freestyle team
- 4x100m Medley team
- 4x200m Freestyle team

6. Awards

6.1 The first, second and third placed swimmers/teams in each individual Championship and Team Championship shall be awarded medals.

6.2 The winner of each Championship shall be entitled to hold the trophy where one has been provided.

6.3 The trophy holder (individual or club) shall comply with the regulations governing the holding of trophies. The trophy holder shall give a receipt for it and an undertaking that reasonable care will be taken of it and that it will be returned, suitably engraved when and as required.

6.4 There are no separate Junior events but Junior medals shall be awarded from the results of the Open Championships.

7. Submission of entries

7.1 The use of Sportsystems Entry Manager for submitting electronic entries is the preferred method for entry to these championships. The relevant Sportsystems entry file can be downloaded from the swimnorthwest website. **The filename is '2012 Winter Championships entry file'.**

7.2 Entry fees for each event shall be:

- Individual entries made via 'Sportsystems Entry Manager': £5.50; otherwise £7.00
- Teams entries via 'Sportsystems Entry Manager': £12.00; otherwise £15.00.
- Additional entries may be accepted at the discretion of the Championship Manager after the closing date. The Entry Fee for such entries shall be £10.00 per event for individuals and £20 for teams.

7.3 **In addition to the Sportsystems Entry Manager file**, a hard (i.e. paper) copy of an entry form must be submitted **for each swimmer** (see section 15 below) to allow validation of the entry times. This can be sent via email or through the post.

There is a separate entry form for male and female able bodied competitors which show the relevant 2012 qualifying times.

The team entry form (see section 14 below) must also be submitted (for checking purposes) – again this can be sent via email or through the post.

Entry times are not required or used for team events.

- 7.4 Entries, accompanied by the appropriate entry fee must be received by the specified closing date.
- 7.5 Entries submitted online will be not accepted until the hard copy of the entry form(s) and entry fee have been received by the Championship Manager.
- 7.6 Qualifying times will be applied to all individual events. There will be no qualifying times for any team events.
- 7.7 Individual entry times, after conversion if necessary (see 7.9 below), must be equal to or less than the qualifying time; the second decimal place may be disregarded if necessary.
- 7.8 It is permissible for split times to be used for entries providing that the split time is less than or equal to the appropriate qualifying time. Evidence of the achievement of this split time must accompany the entry.
- 7.9 Entry times must be:
- 25m times, or
 - 50m times converted to 25m times.

All converted times must use the ASA Equivalent Performance Tables (use of the ASA Tables section on <http://www.pullbuoy.co.uk/times/> is permissible).

Where times are converted the second decimal place can be disregarded and entry times should be shown to one decimal place.

- 7.10 **Qualifying times must have been achieved at a Level 1, 2 or 3 Licensed Meet between 3rd December 2011 and 30th October 2012.**
- 7.11 The competitor's club shall be responsible for:
- Checking and validating the entry forms and fees.
 - Entering the information from the entry forms into a database using a computer program (Sportsystems) provided.
 - Returning the appropriate Sportsystems entry file to the Championship Manager.
 - Returning the completed entry forms (see 7.3 above) and a cheque or a BACS transfer notification (to cover individual and team entries, and poolside passes).
- 7.12 **Entries will be checked/audited** against the rankings published by the ASA and any club may be challenged to demonstrate the authenticity of the information provided.

THERE WILL BE NO REFUNDS FOR INCORRECT ENTRIES.

- 7.13 The Championship Manager reserves the right to correct any time conversion calculations that are found to be incorrect in order that competitors are seeded correctly.

- 7.14 The Championship Manager reserves the right to restrict entries in the interests of safety, time constraints and to ensure the smooth running of the competition. Where this rule is invoked the swimmers with the fastest submitted times shall take precedence. Events chosen for restriction will be at the discretion of the Championship Manager.
- 7.15 Submitted entry times shall be used for seeding and rejection purposes as required.
- 7.16 Refunds will only be given:
- Where entrants are denied entry because condition 7.14 above has been exercised.
 - Where a competitor has to withdraw on medical grounds subject to an appropriate medical certificate being received by the Championship Manager.
- 7.17 Once an entry has been submitted **improved times will not be accepted.**

8. Confirmation of entry

- 8.1 Draft programmes will be posted onto the ASANWR website as soon as possible after the closing date for the competition. These should be used to cross check the accuracy of swimmer entries and to allow any necessary corrections to be made. The final gala programmes will be produced as a result of any corrections that are received. **There will be no subsequent alterations to times, and no late or poolside entries.**
- 8.2 Clubs will be informed of the reasons for any rejected entries.

9. Meet procedures

Heats

- 9.1 A withdrawal system will be in operation. Competitors or their representatives must inform the organisers at least one hour before the start of the session if they do not intend to swim. Notification may be by email, telephone or text – details will be advised to all competing clubs - or by completing a withdrawal form - see section 18 below. There will be no refund of entry fees for such withdrawals unless the withdrawal is for medical reasons in which case an appropriate certificate must be provided.
- 9.2 Any swimmer who has previously withdrawn can be reinstated before the appropriate closing deadline without penalty.
- 9.3 Fines:
- A fine of £20 may be levied in respect of each competitor/team that fails to withdraw and then does not swim (except in the case of genuine illness or of a proven emergency).
 - Each 'no show' will be subject to a separate fine of £20.
 - Fines will be levied on the club which enters a competitor unless the Championship Manager has been advised of any change to the membership status of a competitor.

- The individual(s) concerned shall not be eligible to swim in any future ASANWR event until the fine has been paid.

- 9.4 Heat Start Lists will be made available to clubs as soon as possible after the commencement of the warm-up of each session.
- 9.5 Heats that culminate in a final shall be spearheaded with the last three heats being cyclically seeded. All heats for HDW events shall be spearheaded.
- 9.6 Competitors are responsible for presenting themselves to the Clerks of the Course one event prior to the one in which they are competing. **It is the swimmer's responsibility to be at the start in time for the race.** This applies to both heats and finals.

Finals

- 9.7 For the finals, the maximum number of places practicable (up to 8) shall be allocated. Two reserves will be declared for finals where possible.
- 9.8 Lanes for finals shall be allocated on the spearhead principle.
- 9.9 The names of finalists and two reserves shall be announced as soon as practicable after completion of the heats.
- 9.10 **Finalists and reserves who do not intend to swim** must withdraw by completing the relevant form (see section 16 below) no later than 30 minutes **after the end of the Heats session.**
- 9.11 **ALL FINALISTS AND RESERVES MUST REPORT TO THE COMPETITORS STEWARDS FOR THE FINAL UNLESS THEY HAVE WITHDRAWN.**
- 9.12 Fines:
- Any withdrawals that are later than 30 minutes after the end of the Heats session may incur a £20 fine (except in the case of genuine illness or of an emergency).
 - **ANY FINALIST OR RESERVE** who fails to withdraw and then does not report to the Competitors Stewards at the marshalling area (except in the case of genuine illness or of a proven emergency) may incur a £20 fine.
 - Each 'no show' will be subject to a separate fine of £20.
 - Fines will be levied on the club which enters a competitor unless the Championship Manager has been advised of any change to the membership status of a competitor.
 - The individual(s) concerned shall not be eligible to swim in any future ASANWR event until the fine has been paid.
- 9.13 Where a reserve is brought in as a result of a withdrawal within 30 minutes of the announcement of finalists, the final shall be reseeded. Where a reserve is brought in after this period, the reserve shall occupy the vacant lane and there shall be no changes made to the allocation of other lanes.

Teams

- 9.14 Each competing club shall declare their intention to swim by submitting to the recorders a list of the names of its swimmers in swim order (see section 17 below) **no later than one hour prior to the warm up for the session in which the event shall be swum**. If a team sheet is not received by this time then the team concerned will be considered to have withdrawn from the event.
- 9.15 In the event of a race being recalled following a faulty start, the order of swimming may be changed so that another member of the same team swims the first leg. Substitutions may only be made in the case of an emergency. The referee must be informed of any changes.
- 9.16 If the individuals or swim order is changed after the declaration form has been submitted, another declaration form must be submitted before the event is swum.
- 9.17 A team shall be disqualified if they do not swim in the declared order.
- 9.18 A team may be withdrawn without penalty at any time up until the start of the event.

Other

- 9.19 Any swimmer who withdraws from a heat or from a final of any event on medical grounds will not be allowed to compete again on the same day. However, they may compete on subsequent days, if any, of the Championships. If they do not comply with this requirement they will be fined £20 for each event in which they compete.
- 9.20 Any swimmer/team failing to comply with any of the foregoing conditions shall not be allowed to compete in the Championships.
- 9.21 Wherever possible there will be at least a 1 hour break after the end of the morning session and before the commencement of the warm up for the finals.
- 9.22 If any session is programmed to last more than 3 hours a break may be inserted at an appropriate point in order to give the technical officials an opportunity for a short rest and to leave the poolside.

10. Competition Programme

Session 1	Session 2
Date – Saturday 01/12/2012	Date – Saturday 01/12/2012
Time – 8.00am warm up for 9.00am start	Time – 2.00pm warm up for 3.00pm start
EVENT 101 Mens Open 400m IM	EVENT 201 Mens 4x100m medley team
EVENT 102 Womens Open 200m freestyle	EVENT 202 Womens 4x100m medley team
EVENT 103 Mens Open 200m breaststroke	EVENT 203 Final of Mens Open 400m IM
EVENT 104 Womens Open 100m breaststroke	EVENT 204 Final of Womens Open 200m freestyle
EVENT 105 Mens Open 100m freestyle	EVENT 205 Final of Mens Open 200m breaststroke
EVENT 106 Womens Open 100m butterfly	EVENT 206 Final of Womens Open 100m breaststroke
EVENT 107 Mens Open 400m freestyle	EVENT 207 Final of Mens Open 100m freestyle
EVENT 108 Womens Open 50m backstroke	EVENT 208 Final of Womens Open 100m butterfly
EVENT 109 Mens Open 50m breaststroke	EVENT 209 Final of Mens Open 400m freestyle
EVENT 110 Womens Open 200m backstroke	EVENT 210 Final of Womens Open 50m backstroke
EVENT 111 Mens Open 200m butterfly	EVENT 211 Final of Mens Open 50m breaststroke
EVENT 112 Womens Open 200m IM	EVENT 212 Final of Womens Open 200m backstroke
EVENT 113 Mens Open 100m backstroke	EVENT 213 Final of Mens Open 200m butterfly
EVENT 114 Womens Open 50m freestyle	EVENT 214 Final of Womens Open 200m IM
EVENT 115 Mens Open 50m butterfly	EVENT 215 Final of Mens Open 100m backstroke
EVENT 116 Womens Open 800m freestyle	EVENT 216 Final of Womens Open 50m freestyle
	EVENT 217 Final of Mens Open 50m butterfly
	EVENT 218 Womens 4x100m freestyle team

Session 3	Session 4
Date – Sunday 02/12/2012	Date – Sunday 02/12/2012
Time – 8.00am warm up for 9.00am start	Time – 2.00pm warm up for 3.00pm start
EVENT 301 Womens Open 400m IM	EVENT 401 Womens 4x200m freestyle team
EVENT 302 Mens Open 200m freestyle	EVENT 402 Mens 4x200m freestyle team
EVENT 303 Womens Open 200m breaststroke	EVENT 403 Final of Womens Open 400m IM
EVENT 304 Mens Open 100m breaststroke	EVENT 404 Final of Mens Open 200m freestyle
EVENT 305 Womens Open 100m freestyle	EVENT 405 Final of Womens Open 200m breaststroke
EVENT 306 Mens Open 100m butterfly	EVENT 406 Final of Mens Open 100m breaststroke
EVENT 307 Womens Open 400m freestyle	EVENT 407 Final of Womens Open 100m freestyle
EVENT 308 Mens Open 50m backstroke	EVENT 408 Final of Mens Open 100m butterfly
EVENT 309 Womens Open 50m breaststroke	EVENT 409 Final of Womens Open 400m freestyle
EVENT 310 Mens Open 200m backstroke	EVENT 410 Final of Mens Open 50m backstroke
EVENT 311 Womens Open 200m butterfly	EVENT 411 Final of Womens Open 50m breaststroke
EVENT 312 Mens Open 200m IM	EVENT 412 Final of Mens Open 200m backstroke
EVENT 313 Womens Open 100m backstroke	EVENT 413 Final of Womens Open 200m butterfly
EVENT 314 Mens Open 50m freestyle	EVENT 414 Final of Mens Open 200m IM
EVENT 315 Womens Open 50m butterfly	EVENT 415 Final of Womens Open 100m backstroke
EVENT 316 Mens Open 1500m freestyle	EVENT 416 Final of Mens Open 50m freestyle
	EVENT 417 Final of Womens Open 50m butterfly
	EVENT 418 Mens 4x100m freestyle team

11. Qualifying Times

These are 25m times.

All times must have been achieved at a Level 1, 2 or 3 Licensed Meet between 3rd December 2011 and 30th October 2012.

Age on the day will be as of midnight on December 2nd 2012.

	Men	Women
50m Freestyle	27.2	29.6
100m Freestyle	57.4	1:02.1
200m Freestyle	2:04.7	2:14.9
400m Freestyle	4:21.0	4:39.7
800m Freestyle	N/A	9:30.0
1500m Freestyle	18:06.0	N/A
50m Backstroke	32.7	35.0
100m Backstroke	1:05.8	1:09.2
200m Backstroke	2:18.9	2:29.6
50m Breaststroke	36.4	39.6
100m Breaststroke	1:15.8	1:22.9
200m Breaststroke	2:48.0	2:52.7
50m Butterfly	29.6	32.6
100m Butterfly	1:04.3	1:11.9
200m Butterfly	2:30.8	2:34.3
200m IM	2:21.4	2:32.0
400m IM	4:59.7	5:19.3

12. Disability Qualifying Times

Age on the day will be as of midnight on December 2nd 2012. Times may be achieved in either a long course or a short course pool.

		Freestyle				Back		Fly		Breast		IM			
		50m	100m	200m	400m	50m	100m	50m	100m	50m	100m	200m	400m		
S1	Boys	02:33.5	05:29.6	12:22.2		02:45.1				SB1	03:17.8				
	Girls	02:12.5	07:34.1	13:43.2		02:11.6					03:47.5				
S2	Boys	01:44.2	03:49.8	08:09.5		01:47.7		02:56.8		SB2	01:37.8				
	Girls	02:13.9	04:41.2	10:40.1		02:13.9					03:34.4				
S3	Boys	01:13.2	02:41.7	05:32.5		01:27.2		01:57.9		SB3	01:21.6				
	Girls	01:37.0	03:33.7	07:41.3		01:42.9		02:16.5			01:46.3				
S4	Boys	01:02.2	02:17.1	04:55.3		01:17.4		01:16.7		SB4	01:00.7	02:42.6			
	Girls	01:24.5	03:04.5	06:20.2		01:38.1		01:58.0			01:10.5	03:09.0			
S5	Boys	00:53.7	01:59.2	04:21.9		01:02.0		00:59.3		SB5	00:54.9	02:31.7	SM5	04:50.5	Need 200 IM QT
	Girls	00:59.0	02:08.1	04:35.9		01:11.5		01:19.3			01:02.6	02:59.7		06:25.8	
S6	Boys	00:49.1	01:49.8	03:07.1	08:32.0	00:47.5	02:03.3	00:51.7		SB6	00:53.4	02:23.9	SM6	04:29.5	Need 200 IM QT
	Girls	00:59.5	02:06.9	03:54.1	09:17.9	01:00.5	02:24.8	01:05.2			01:01.0	02:44.6		05:12.3	
S7	Boys	00:46.1	01:41.9	03:02.6	07:59.1	00:46.3	02:00.0	00:51.9		SB7	00:50.5	02:14.4	SM7	04:32.2	Need 200 IM QT
	Girls	00:54.2	01:56.6	03:22.7	08:43.4	00:52.1	02:18.0	01:01.5			00:59.0	02:32.8		05:00.7	
S8	Boys	00:43.4	01:34.4	02:56.0	07:17.3	00:43.8	01:50.8	00:39.0	01:38.5	SB8	00:47.0	01:57.5	SM8	03:59.5	07:31.8
	Girls	00:51.4	01:49.7	03:22.3	07:55.5	00:50.7	02:07.9	00:47.1	02:00.5		00:50.9	02:16.3		04:37.0	08:47.9
S9	Boys	00:40.9	01:30.8	02:48.4	06:56.4	00:40.7	01:41.7	00:38.1	01:36.2	SB9	00:43.5	01:52.3	SM9	03:44.4	06:41.3
	Girls	00:47.5	01:42.2	02:50.9	07:35.3	00:44.1	01:54.0	00:43.7	01:53.5		00:50.1	02:15.8		04:16.5	07:40.2
S10	Boys	00:39.4	01:26.7	02:32.3	06:43.4	00:38.5	01:40.6	00:35.1	01:35.0				SM10	03:35.3	06:34.5
	Girls	00:46.2	01:39.0	03:05.6	07:27.1	00:47.3	01:58.0	00:45.3	01:52.8					04:16.6	07:22.5
S11	Boys	00:42.8	01:36.7	02:42.0	07:33.2	00:42.0	01:51.1	00:40.7	01:44.6	SB11	00:45.1	01:59.5	SM11	04:02.8	06:35.9
	Girls	00:51.5	01:53.7	03:27.6	09:19.0	00:50.0	02:20.1	00:47.2	02:38.5		00:59.3	02:40.0		05:08.1	08:15.3
S12	Boys	00:39.9	01:26.9	02:35.3	06:55.1	00:39.3	01:39.3	00:36.2	01:36.8	SB12	00:42.8	01:51.7	SM12	03:34.5	06:39.1
	Girls	00:45.3	01:39.1	03:01.1	07:58.7	00:43.7	01:58.0	00:41.3	01:50.1		00:51.1	02:07.2		04:07.2	07:08.8
S13	Boys	00:39.2	01:26.5	02:42.1	07:01.7	00:38.0	01:41.4	00:35.5	01:37.0	SB13	00:41.3	01:50.2	SM13	03:39.4	06:37.0
	Girls	00:44.6	01:36.4	02:55.2	07:24.0	00:44.8	01:53.5	00:40.8	01:47.0		00:47.9	02:13.9		03:58.8	07:26.8
S14	Boys	00:42.5	01:34.6	02:39.4	07:08.1	00:39.6	01:51.4	00:35.3	01:42.7	SB14	00:39.4	01:58.4	SM14	03:54.5	06:37.1
	Girls	00:48.1	01:47.9	02:55.5	08:13.2	00:42.3	02:08.0	00:40.3	02:05.4		00:47.8	02:15.8		04:31.6	07:15.4

15. Individual entry form

Winter Championships Individual Entry Form - MEN

Forename		Initial		Surname			
Date of Birth		Age at 02/12/2012		Disability Classification(s)	S	SB	SM
Club				ASA Registration No.			

		Qualifying Time MEN	Entry Time (If 50m time used then please show the converted 25m time)			Where/when achieved at Licensed Meet	
			25m time	50m time	50m time converted to 25m time	Venue	Date
50m	Freestyle	27.2					
100m	Freestyle	57.4					
200m	Freestyle	2:04.7					
400m	Freestyle	4:21.0					
800m	Freestyle	N/A					
1500m	Freestyle	18:06.0					
50m	Backstroke	32.7					
100m	Backstroke	1:05.8					
200m	Backstroke	2:18.9					
50m	Breaststroke	36.4					
100m	Breaststroke	1:15.8					
200m	Breaststroke	2:48.0					
50m	Butterfly	29.6					
100m	Butterfly	1:04.3					
200m	Butterfly	2:30.8					
200m	IM	2:21.4					
400m	IM	4:59.7					

I certify that the above details are correct and comply with ASA regulations. Signed _____

Print Name _____ Club Position _____ Contact e-mail address _____

Winter Championships Individual Entry Form - WOMEN

Forename		Initial		Surname			
Date of Birth		Age at 02/12/2012		Disability Classification(s)	S	SB	SM
Club				ASA Registration No.			

		Qualifying Time WOMEN	Entry Time (If 50m time used then please show the converted 25m time)			Where/when achieved at Licensed Meet	
			25m time	50m time	50m time converted to 25m time	Venue	Date
50m	Freestyle	29.6					
100m	Freestyle	1:02.1					
200m	Freestyle	2:14.9					
400m	Freestyle	4:39.7					
800m	Freestyle	9:30.0					
1500m	Freestyle	N/A					
50m	Backstroke	35.0					
100m	Backstroke	1:09.2					
200m	Backstroke	2:29.6					
50m	Breaststroke	39.6					
100m	Breaststroke	1:22.9					
200m	Breaststroke	2:52.7					
50m	Butterfly	32.6					
100m	Butterfly	1:11.9					
200m	Butterfly	2:34.3					
200m	IM	2:32.0					
400m	IM	5:19.3					

I certify that the above details are correct and comply with ASA regulations. Signed _____

Print Name _____ Club Position _____ Contact e-mail address _____

16. Finals withdrawal form

FINALISTS and RESERVE FINALISTS wishing to withdraw from a final must submit this form to the Recorders in the Timing Suite no later than 30 minutes after the end of the Heats session.

ALL FINALISTS AND RESERVES MUST REPORT TO THE COMPETITORS STEWARDS FOR THE FINAL UNLESS THEY HAVE WITHDRAWN

Competitors who fail to appear for finals shall be fined and may be subject to disciplinary action.

Swimmers Name: _____

Club: _____

Event No. of Final	Age	Distance	Stroke

Name (Print): _____

Signed: _____

Time of Delivery of the withdrawal form: _____

Received By: _____

Date: _____ Time of Receipt: _____

**----- Please detach and retain lower portion -----
when the form has been submitted -----**

Finals Withdrawal Form -RECEIPT

Name: _____ Age: _____

Club: _____

Event No. of Final : _____ Distance: _____ Stroke: _____

Form received by: _____

Time of Delivery of the withdrawal form: _____

