Dear Club Secretary

Please find enclosed all the necessary information relating to the Liverpool & District Swimming & Water Polo Association Age Group & Swimming Championships for 2017 at Knowsley Leisure & Culture Park on Saturday 21st October and Sunday 22nd October 2017

Entries to be sent electronically to: Sarahgwylde@aol.com

This is a Level 2 Licensed meet —
Gala License number – 2NW172025

This includes:-

a) Dates/Times/Venues/Sequence of Events
b) Notes and Conditions regarding the 2017 Galas
c) Individual Entry Form to copy
d) Details of Entry Fees

If you require any further information please do not hesitate to contact me. Please remember when you give out the Individual Entry Forms to fill in the date you require the forms to be returned to you.

ALL COMPLETED ENTRY FORMS AND FEES MUST BE RETURNED TO ME BY Friday October 6th 2017. Late Entries will not be accepted. Swimmers MUST have achieved the qualification times to be able to swim in this meet.

PLEASE ENCLOZE WITH YOUR ENTRIES ONE CHEQUE MADE PAYABLE TO LIVERPOOL & DISTRICT SWPA AND A STAMPED ADDRESSED A4 ENVELOPE (with the appropriate postage) OR AN E-MAIL ADDRESS TO SEND THE CONFIRMATION OF ENTRIES FOR YOUR CLUB.

Yours sincerely

Sarah Wylde
L&D Championship Manager/Meet Promoter
LIVERPOOL & DISTRICT SWIMMING & WATER POLO ASSOCIATION
(Affiliated to the Lancashire County Water Polo & Swimming Association)
AGE GROUP & SWIMMING CHAMPIONSHIPS 2017
UNDER SWIM ENGLAND LAWS & FINA TECHNICAL RULES

Gala 1  Saturday 21st October 2017
Session 1  Warm-up 8:00am  Start 9:00am
EVENT 101  FEMALE  200m  INDIVIDUAL MEDLEY
EVENT 102  MALE  200m  BREASTSTROKE
EVENT 103  FEMALE  100m  FREESTYLE
EVENT 104  MALE  50m  FREESTYLE
EVENT 105  GIRLS  50m  BUTTERFLY
EVENT 106  MALE  100m  BACKSTROKE
EVENT 107  FEMALE  200m  BACKSTROKE
EVENT 108  MALE  400m  MEDLEY TEAM
EVENT 109  FEMALE  400m  FREESTYLE TEAM
EVENT 110  MALE  100M  BACKSTROKE FINAL
EVENT 111  FEMALE  100M  FREESTYLE FINAL
EVENT 112  MALE  1500m  FREESTYLE

Session 2  Warm-up: tbc  Start: tbc
EVENT 201  MALE  400m  INDIVIDUAL MEDLEY
EVENT 202  FEMALE  100m  BREASTSTROKE
EVENT 203  MALE  100m  BUTTERFLY
EVENT 204  FEMALE  400m  FREESTYLE
EVENT 205  MALE  50m  BACKSTROKE
EVENT 206  GIRLS  50m  BREASTSTROKE
EVENT 207  MALE  200m  FREESTYLE
EVENT 208  FEMALE  200m  BUTTERFLY
EVENT 209  MALE  100M  BUTTERFLY FINAL
EVENT 210  FEMALE  100M  BREASTSTROKE FINAL

Gala 2  Sunday 22nd October 2017
Session 3  Warm-up 8:00am  Start 9:00am
EVENT 301  MALE  200m  INDIVIDUAL MEDLEY
EVENT 302  FEMALE  200m  BREASTSTROKE
EVENT 303  MALE  100m  FREESTYLE
EVENT 304  GIRLS  50m  FREESTYLE
EVENT 305  MALE  50m  BUTTERFLY
EVENT 306  FEMALE  100m  BACKSTROKE
EVENT 307  MALE  200m  BACKSTROKE
EVENT 308  FEMALE  400m  MEDLEY TEAM
EVENT 309  MALE  400m  FREESTYLE TEAM
EVENT 310  FEMALE  100M  BACKSTROKE FINAL
EVENT 311  MALE  100M  FREESTYLE FINAL
EVENT 312  FEMALE  800m  FREESTYLE

Session 4  Warm-up tbc  Start tbc
EVENT 401  FEMALE  400m  INDIVIDUAL MEDLEY
EVENT 402  MALE  100m  BREASTSTROKE
EVENT 403  FEMALE  100m  BUTTERFLY
EVENT 404  MALE  400m  FREESTYLE
EVENT 405  GIRLS  50m  BACKSTROKE
EVENT 406  MALE  50m  BREASTSTROKE
EVENT 407  FEMALE  200m  FREESTYLE
EVENT 408  MALE  200m  BUTTERFLY
EVENT 409  FEMALE  100M  BUTTERFLY FINAL
EVENT 410  MALE  100M  BREASTSTROKE FINAL
Liverpool & District Swimming & Water Polo Association
Lower Limit Qualifying Times for the Age Groups & Championships 2017
Swimmers MUST have achieved these times to be able to swim.
All entries will be checked against the Swim England database for confirmation.

Level 2 Meet in Short Course Pool.

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| 50m Breaststroke | 55.1 | 51.7 | 48.3 | 44.5 | 42 | 41 | 40 | 39.5 | 38.5 | 38 |
| 100m Breaststroke | 1:52.5 | 1:52.5 | 1:43.5 | 1:37.3 | 1:32.3 | 1:28.7 | 1:27.1 | 1:26.2 | 1:24.9 | 1:23.2 |
| 200m Breaststroke | 4:20.0 | 3:59.5 | 3:42.1 | 3:28.8 | 3:18.2 | 3:11.5 | 3:07.9 | 3:05.8 | 3:04.1 | 2:58.7 |
| 50m Butterfly | 46.5 | 43.9 | 41.3 | 39.3 | 36.3 | 35.3 | 34.8 | 34.3 | 33.8 | 33.3 |
| 100m Butterfly | 1:39.3 | 1:39.3 | 1:30.9 | 1:24.9 | 1:21.2 | 1:18.3 | 1:16.9 | 1:15.8 | 1:14.9 | 1:12.2 |
| 200m Butterfly | 4:11.0 | 3:40.0 | 3:20.2 | 3:06.4 | 2:57.3 | 2:51.0 | 2:46.9 | 2:44.8 | 2:42.8 | 2:39.0 |
| 50m Backstroke | 47.9 | 45.3 | 42.7 | 40.5 | 38 | 36.5 | 35.5 | 35 | 34.5 | 34 |
| 100m Backstroke | 1:38.5 | 1:38.5 | 1:31.0 | 1:25.3 | 1:21.4 | 1:19.0 | 1:17.1 | 1:16.1 | 1:15.6 | 1:13.6 |
| 200m Backstroke | 3:46.2 | 3:28.7 | 3:12.5 | 3:01.7 | 2:54.3 | 2:49.2 | 2:44.8 | 2:42.4 | 2:40.6 | 2:38.3 |
| 200m Individual Medley | 3:51.6 | 3:32.7 | 3:17.9 | 3:06.3 | 2:58.8 | 2:53.1 | 2:49.5 | 2:47.2 | 2:45.7 | 2:44.2 |
| 400m Individual Medley | 6:32.0 | 6:14.4 | 6:03.1 | 5:55.8 | 5:50.5 | 5:48.2 | 5:44.5 |
2017 Liverpool and District Age Group and Swimming Championships Conditions

1. **Introduction**

1.1 The Liverpool and District Age Group and Swimming Championships (hereafter ‘the Championships’) shall be competed for annually on dates decided by the Liverpool and District Swimming and water association committee (hereinafter called ‘the committee’) and in accordance with the Rules of the L&DSWA, ASA Laws and ASA Technical Rules.

1.2 The organisation of the Championships shall be managed by the L&D SWA committee with powers delegated to a Championship Manager(s)

1.3 The entry fees will be set annually by the committee

1.4 Coaches requiring access to the poolside must be in possession of a Pass issued by L&D SWA.

   The fee for the 2017 Championship is £10.00 per person, per pass,

   It is mandatory that all Coaches comply with the relevant Swim England Wavepower 2016-19: Child Safeguarding Policy and Procedures and have an up to date DBS certificate.

1.5 Any question or dispute arising from these conditions or disputes related to a matter not covered in these conditions shall be determined by the Championship Manager and may be referred to the committee at a later date.

1.6 L&D SWA encourage disability swimmers to compete in these Championships subject to their satisfying the conditions set out sections 3 and 4 below.

1.7 A swimmer/team failing to comply with any of the Championship conditions shall not be allowed to compete in the Championships.

2. **2017 Championships**

2.1 The Championships will be held at the Knowsley Leisure & Culture Park on Saturday 21st October 2017 and Sunday 22nd October 2017.

2.2 The closing date for entries will be **Friday October 6th 2017**.

2.3 Late entries after the closing date will not be accepted.

2.4 Entries (for both individual entries and for teams) must be returned no later than this date accompanied by the appropriate fee.

2.5 A swimmer may compete in only one age group in the swimming year the swimming year shall be 1 January to 31 December.

   Minimum Age: 9 years on the last day of the Competition 22nd October 2017, age for the competition will be as of the last day of the Competition 22nd October 2017.

2.6 Entry fees shall be as follows (see also section 7):

   - Individual via Sportsystems Entry Manager: £5.00
   - Teams via Sportsystems Entry Manager: £6.00

2.7 Cheques should be made payable to: Liverpool and District SWA and send with paper copies to:

   Sarah Wylde
   86 Hesketh Avenue
   Birkenhead
   Merseyside, CH42 6RS
   Mobile: 0787 621 6121
   Email: sarahgwylde@aol.com
2.8 Payments can be paid directly into the Liverpool and District bank account.
Bank: Barclays
Sort Code: 20-74-45
Account No: 40735833

2.9 A swimmer/team failing to comply with any of the Championship conditions shall not be allowed to compete in the Championships.

3. Eligibility for entry
   Individuals
3.1 The Championships shall be open to eligible swimmers, as defined by the ASA, who are members of clubs affiliated to the Liverpool and District Swimming and Waterpolo association.

3.2 A swimmer must be registered category 2 and have been a member of the club in whose name he is entered, and registered as such with the ASA at the closing date for entries.

3.3 Swimmers MUST have achieved the qualification times to be able to swim in this meet.

Teams
3.3 Team events shall be open to all clubs affiliated to the L&DSWA.

3.4 All teams shall consist of four members.

3.5 A swimmer entered in the name of one club in the individual events may not compete in the name of another club in the teams events.

3.6 Clubs may enter one or more teams, but members shall swim for one team only.

3.7 For team events a swimmer's age shall be determined as in condition 2.4 above.

4. Disability competitors
4.1 The general conditions for the L&D Championships shall apply to disability competitors except where varied by any of the following conditions.

4.2 Swimmers (boys and girls) with the indicated classifications will be accepted for the following events:
   • Freestyle 50m, 100m, 200m (S1 to S14); 400m (S6 to S14)
   • Backstroke 50m (S1 to S14), 100m (S6 to S14)
   • Butterfly 50m (S2 to S14), 100m (S8 to S14)
   • Breaststroke 50m (SB1 to SB9 and SB11 to SB14), 100m (SB4 to SB9 and SB11 to SB14)
   • Individual Medley 200m (SM5 to SM4), 400m (SM5 to SM14)

4.3 All swimmers must:
   • Hold a valid British Swimming Certificate of Disability.
   • The Certificate of Disability must be presented to the referee before the start of the race in which the competitor is entered. Failure to do so will result in the swimmer being liable to disqualification for non-compliance with the rules for a particular stroke.

4.4 Qualifying times for disability competitors are not required. However entry times shall be submitted for the purpose of seeding the heats.
4.5 Personal Care Attendants/Coaches:
   - Personal care attendants will only be permitted for swimmers in the following classes: S1, S2, S3, S4 and S11.
   - A swimmer in any of these classes may have both a coach and a personal care attendant present. No charge will be applied for personal care attendant poolside passes.
   - All coaches, chaperones and personal care attendants must conform with the ASA child protection procedures.

4.6 Competition format:
   - The competition format will be based on disability inclusion within the able bodied programme.
   - All swimmers will be seeded in the heats according to their entry times.
   - Disability competitors will be included within the results for their age group.
   - There will be no separate disability awards.

5. The Events
5.1 The combined Age Group and Swimming Championships shall comprise the following events and distances:

**Individual Events**
- 50 metres Backstroke: male & female swimmers 9 years & over
- 100 metres Backstroke: male & female swimmers 9 years & over
- 200 metres Backstroke: male & female swimmers 9 years & over
- 50 metres Breaststroke: male & female swimmers 9 years & over
- 100 metres Breaststroke: male & female swimmers 9 years & over
- 200 metres Breaststroke: male & female swimmers 9 years & over
- 50 metres Butterfly: male & female swimmers 9 years & over
- 100 metres Butterfly: male & female swimmers 9 years & over
- 200 metres Butterfly: male & female swimmers 9 years & over
- 50 metres Freestyle: male & female swimmers 9 years & over
- 100 metres Freestyle: male & female swimmers 9 years & over
- 200 metres Freestyle: male & female swimmers 9 years & over
- 400 metres Freestyle: male & female swimmers 9 years & over
- 800 metres Freestyle: female swimmers 12 years & over
- 1500 metres Freestyle: male swimmers 12 years & over
- 200 metres Ind Medley: male & female swimmers 9 years & over
- 400 metres Ind Medley: male & female swimmers 12 years & over

**Team Events**
- Mens Open 4 x 100 metres Freestyle
- Mens Open 4 x 100 metres Medley
- Ladies Open 4 x 100 metres Freestyle
- Ladies Open 4 x 100 metres Medley

**All events shall be swum as HDW**

6. Awards
6.1 The top eight swimmers in each age group will all receive awards with first, second and third placed swimmers in each individual event awarded gold, silver and bronze medals respectively. The top 3 placed swimmers in the 100M Championships Final will all receive an award, with the winner also receiving a trophy.

6.2 There are no BAGCAT awards

7. Submission of entries
7.1 The use of Sportsystems Entry Manager for submitting electronic entries is the preferred method for entry to these Championships.
7.2 Entry fees:
- Individual via Sportsystems Entry Manager: £5.00
- Teams via Sportsystems Entry Manager: £6.00

7.3 In addition to the Sportsystems Entry Manager file, a hard (i.e. paper) copy of an entry form below must be submitted for each swimmer to allow validation of the entry times. This can be sent via email or through the post. The team entry form below must also be submitted (for checking purposes) – again this can be sent via email or through the post.

Entry times are not required for team events.

7.4 Entries submitted online will not be accepted until the hard copy of the entry form(s) and entry fee have been received by the Championship Manager.

7.5 Entries, accompanied by the appropriate entry fee must be received by the specified closing date.

7.6 Qualifying times will be applied to all individual events. There will be no qualifying times for disability competitors or any team events.

7.7 Individual entry times after conversion if necessary (see condition 7.10 below) must be equal to or less than the qualifying time.

7.8 Qualifying times (see above) must have been achieved at a Licensed Meet at least 12 months prior to the Championships Start date.

7.9 Entry times must be:
- 25m times, or
- 50m times converted to 25m times.

All converted times must use the ASA Equivalent Performance Tables (use of the ASA Tables section on http://www.pullbuoy.co.uk/times/ is permissible).

7.10 Where times are converted the second decimal place can be disregarded and entry times should be shown to one decimal place.

7.11 The competitor’s club shall be responsible for:
7.11.1 Checking and validating the entry forms and fees.
7.11.2 Entering the information from the entry forms into a database using a computer program (Sportsystems) provided.
7.11.3 Returning the entry files electronically to the Championship Manager (sarahgwyld@aol.com)
7.11.4 Returning the completed entry forms (see condition 7.3 above) and a single cheque (to cover individual and team entries, and coaches passes).
7.11.5 Entries will be audited against the rankings published by the ASA and any club may be challenged to demonstrate the authenticity of the information provided.

THERE WILL BE NO REFUNDS FOR INCORRECT ENTRIES

7.12 The Championship Manager reserves the right to correct any time conversion calculations that are found to be incorrect in order that competitors are seeded correctly.

7.13 The Championship Manager reserves the right to restrict entries in the interests of safety, time constraints and to ensure the smooth running of the competition. Where this rule is invoked the swimmers with the fastest submitted times shall take precedence. Events chosen for restriction will be at the discretion of the Championship Manager.

7.14 Submitted entry times shall be used for seeding and rejection purposes as required.
7.15 **Refunds** will only be given:

7.16.1 Where entrants are denied entry because condition 7.15 above has been exercised.

7.16.2 Where a competitor has to withdraw on medical grounds subject to an appropriate medical certificate being received by the Championship Manager.

7.16 Once an entry has been submitted improved times will not be accepted.

8. **Confirmation of entry**

8.1 The Championship Committee reserves the right to restrict entries in the interests of safety, time constraints, the smooth running of the competition ensure ASA licensing requirements are met. Where this rule is invoked the swimmers with the fastest submitted times shall take precedence. Events chosen for restriction will be at the discretion of the Championship Manager. Refunds for entries not accepted will be available for collection at the start of the meet.

Submitted entry times shall be used for seeding and rejection purposes as required. All submitted times must be Short Course times or converted Long Course times. Once an entry has been submitted improved times will not be accepted.

Draft programmes or Accepted entries will be available as soon as possible after the closing date for the competition. These should be used to cross check the accuracy of swimmer entries and to allow any necessary corrections to be made. The final gala programmes will be produced as a result of any corrections that are received. There will be no subsequent alterations to times.

8.2 Clubs will be informed of the reasons for any rejected entries.

9. **Meet procedures**

9.1 **Withdrawals**

9.1.1 A withdrawal system will be in operation. Competitors or their representatives must inform the organisers at least one hour before the start of the session if they do not intend to swim. Failure to do so can result in the swimmer being excluded for the whole session relating to the Withdrawal. Notification may be by email, telephone or text – details will be advised to all competing clubs - or by completing the form below. There will be no refund of entry fees for such withdrawals unless the withdrawal is for medical reasons in which case an appropriate certificate must be provided.

9.1.2 Any swimmer who withdraws from a heat or from a final of any event on medical grounds will not be allowed to compete again on the same day. However, they may compete on subsequent days, if any, of the Championships. If they do not comply with this requirement they will be fined £20 for each event in which they compete.

9.1.3 Any swimmer who has previously withdrawn can be reinstated before the appropriate closing deadline without penalty.

9.2 **Fines**:  

9.2.1 A fine of £5 will be levied in respect of each competitor/team who fails to withdraw and then does not swim (except in the case of genuine illness or of a proven emergency).

9.2.2 Each ‘no show’ will be subject to a separate fine of £5.

9.2.3 Fines will be levied on the club which enters a competitor unless the Championship Manager has been advised of any change to the membership status of a competitor.

9.2.4 The individual(s) concerned shall not be eligible to swim in any future L&D event until the fine has been paid.

9.2.5 The individual not be allowed to swim in any further swims in the session and if they do, due to an administrative oversight they shall be stripped of any medal that is to be awarded.

9.2.6 Finalists and reserves will be notified ASAP after the heats of the 100M, Once notified, they will then have 30 minutes to withdraw, including reserves. If they have to withdraw and do not swim then a fine of £5 will be applied.

9.3 Heat Start Lists will be made available to clubs as soon as possible after the commencement of the warm up of each session.
9.4 Heats that culminate in a final shall be spearheaded with the last three heats being cyclically seeded. All heats for HDW events shall be spearheaded.

9.5 Competitors are responsible for presenting themselves to the Competitor’s Stewards one event prior to the one in which they are competing. It is the swimmer’s responsibility to be at the start in time for the race. This applies to both heats and finals.

9.6 Teams
9.6.1 Each competing club shall declare their intention to swim by submitting to the recorders a list of the names of its swimmers in swim order (see section 17 below) no later than the end of the session warm up on the respective day of the Championships. If a team sheet is not received by this time then the team concerned will be considered to have withdrawn from the event. A swimmer may only compete for one team in the Championships.

9.6.2 If the individuals or swim order is changed after the declaration form has been submitted, another declaration form must be submitted before the event is swum.

9.6.3 In the event of a race being recalled following a faulty start, the order of swimming may be changed so that another member of the same team swims the first leg. Substitutions may only be made in the case of an emergency. The referee must be informed of any changes.

9.6.4 A team shall be disqualified if they do not swim in the declared order.

9.6.5 A team may be withdrawn without penalty at any time up until the start of the event.
**LIVERPOOL & DISTRICT SWIMMING & WATER POLO ASSOCIATION**
**CHAMPIONSHIPS & AGE GROUPS 2017**
**INDIVIDUAL ENTRY FORM**

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FEES ENCLOSED _______ENTRIES @£5.00 £ _______

I certify that the above details are correct and comply with Swim England regulations

Signed ___________________ Parent/Official

PLEASE RETURN THIS FORM TO _______________________________ BY _______________
LIVERPOOL & DISTRICT SWIMMING & WATER POLO ASSOCIATION
AGE GROUP & SWIMMING CHAMPIONSHIPS 2017

TEAM ENTRY FORM AND COACHES PASS ORDER FORM/SUMMARY SHEET

CLUB __________________________________________________________

COMPETITION SECRETARY _________________________________________

ADDRESS ________________________________ POST CODE ____________

TELEPHONE NUMBER ________________________________

E-MAIL ADDRESS ______________________________________________

TOTAL NO OF INDIVIDUAL ENTRIES @ £5 PER ENTRY

Team Entries (Please tick) @ £6.00 PER ENTRY

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<td>MENS MEDLEY TEAM</td>
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TOTAL NO OF TEAM ENTRIES @ £6.00 PER TEAM

COACHES PASSES REQUIRED @ £10.00 per Pass (RATIO 2:20 WITH MALE & FEMALE NEEDED FOR MIXED TEAMS)

TOTAL NO OF COACHES PASSES @ £10.00 PER PASS

TOTAL AMOUNT OF CHEQUE ENCLOSED/
PAID DIRECTLY TO BANK (Delete as appropriate)
(Bank: Barclays, Sort code: 20-74-45
Accounts no: 40735833)

I CERTIFY THAT THE COACHES WHO ARE ATTENDING ON THE POOLSIDE FOR OUR CLUB COMPLY WITH THE RELEVANT SWIM ENGLAND WAVEPOWER 2016-19 CHILD SAFEGUARDING POLICY AND PROCEDURES AND HAVE AN UP TO DATE DBS CERTIFICATE.

Signed __________________ Position __________________

____________________
Position ______________
EVENT WITHDRAWAL FORM

PHONE / TEXT WITHDRAWAL NUMBER: 0787 621 6121
EMAIL: Sarahgwylde@aol.com

- Swimmers wishing to withdraw from an event must do so before the start of the warm-up of the relevant session, by completing this form and handing it in at the timing suite on the balcony
- Prior to the competition dates, withdrawals can be done by email to Sarahgwylde@aol.com
- Alternatively, you can ring or text the telephone number above to inform a gala official of your withdrawal from Monday October 16th 2017

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