

Meet Manger Meg Langley.

Promoter Bryan Langley.



# City of Liverpool SC

In association with Liverpool City Council. Swim Liverpool. Affiliated to the ASA Swim North West and Held under FINA Law & Technical Rules of swimming

Present

LONG COURSE

Summer Sprint Open Meet 2015

“ Non National Qualifier”

Licence At Level 3 (No 3NW150790)

Saturday 20<sup>th</sup> and Sunday 21<sup>st</sup> June 2015

Information Pack and Entry Form



[www.srsleisure.co.uk](http://www.srsleisure.co.uk)



[www.ldphoto.co.uk](http://www.ldphoto.co.uk)



## Meet Information

**Venue** Liverpool Aquatics Centre, Wavertree Sports park, Wellington Rd, Liverpool, L15 4LE Reception Tel 0151 233 8850.

**Competition Pool** 50m Deck Level. Fast Pool. Full Daktronics Timing System.

**Warm Up Pool** 20m, 4 Lane Deck Level.

**Facilities** Swim shop provided by SRS Leisure, Excellent Spectator Facilities, Large car park with CCTV.

**Sessions & Timings** Saturday 20<sup>th</sup> June Sunday 21<sup>st</sup> June

**Session** 1, 2, 3, 4,

**Warm Up** 0800 TBC 0800 TBC

**Start** 08.55 TBC 08.55 TBC

### **Licensed Gala**

This event is designed specifically for non- national qualifiers of all age groups. If you qualified for the national championships 2014 in any stroke or distance, you are not eligible to compete in this gala.

Licensed at level 3. Anything not covered in these conditions will be at the Meet Manager, Promoter and Event Team's discretion.

**Age Groups** 9yrs , 10yrs, 11-12yrs, 13-14yrs. 15yrs & over.

**Age on Day** Ages as at 31<sup>st</sup> December 2015.

**Events** 50m, 100m all strokes plus 200IM. All events **heat declared winners.**

**Entries** Entries will be seeded on a fastest to slowest basis. A maximum number of swimmers per event will be accepted to ensure that the gala runs in accordance with the ASA regulations. Entries will be at the discretion of the gala secretary.

**Entry Times** **Please read the qualifying times carefully. You must not enter a time faster than the qualifying times stated. Swimmers must enter their personal best time from the 12 months prior to the gala, either long course, or short course, converted to long course, whichever is faster. Spot checks on random entries will be performed and although this does not guarantee all entries being checked, during the spot checks, any swimmer who is found to have achieved a time that is faster than the consideration times, and has entered a slower time will be scratched from that particular race. It is the responsibility of each club's Gala Secretary to check times.**

**Swimmers with Disabilities Consideration Times**

Swimmers entering these events must have achieved the consideration times in either a long course or short course pool. If there isn't a consideration time shown, please enter the event giving an entry time and all entries will be considered individually.

**Supplementary Conditions for Swimmers with Disabilities**

The general conditions for the competition shall apply to all swimmers with disabilities who are eligible to compete in the events as laid down in the general competition programme. There will not be separate events for swimmers with disabilities.

**Events and classification (Male & Female)**

50 Fr/s	S1-S14	100 Fr/s	S1-S14
50 Bk/s	S1-S14	100 Bk/s	S6-S14
50 Br/s	S1-SB9 & SB11-SB14	100 Br/s	SB4-SB9 & SB11-SB
50 Fly	S1- S14	100 Fly	S8-S14
		200 IM	SM5-SM14

**Eligibility for Swimmers with disabilities**

All competitors must have an authorised British Swimming or IPC swimming classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry.

All competitors must hold a current Functional Ability Card (FAC) at time of entry.

An FAC application form can be obtained by completing and returning the FAC Application form (available on the British Swimming website [www.britishswimming.org](http://www.britishswimming.org))

All competitors must be registered as members of a swimming club affiliated to the Amateur Swimming Association (ASA) Scottish ASA (SASA) or Welsh ASA (WASA) at the time of entry.

Qualifying times must have been achieved in the 12 months immediately preceding the closing date and may be achieved in either a long course or short course pool. Times from trials will not be allowed. If consideration times are not shown please enter the event giving an entry time and all entries will be considered individually.

All classes of swimmers will swim together in inclusive events and not separate events.

Competitors must be a minimum of 9 years of age as of 31<sup>st</sup> December 2015.

Functionality Ability Cards (FAC's) must be submitted to the Recording desk / Referee prior to the start of the session with the athlete's first event. No further submission is required following this. Failure to do so may result in the swimmer being unable to race.

The competition shall take place under the relevant IPC Swimming, Swimming Rules.

**Accreditation** All coaches and personal care attendants must have accreditation. Personal care attendants will only be permitted for swimmers in the following classes: S1, S2, S3, S4 and S11. Such attendants will be excluded from any restrictions and will be given the same accreditation as all the coaches and they must apply for this accreditation at the same time as sending in the swimmers entry form.

A swimmer in any of the classes as specified above may have both a coach and a personal care attendant present. The accreditation will be at a charge of **£20 for the weekend.** The second accreditation will be free of charge. All applications for both coaches and carers must be made on the official form supplied. All coaches and chaperones and personal care attendants must conform with the ASA child protection procedures and hold a current CRB and be a member of the swimming club

**Meet Records** Long Course Records Established in 2008.

**Fina Prizes** Fina prizes will be awarded to the top 3 swimmers in each age group. Fina age groups are 9yrs, 10-11yrs, 12-13yrs, 14-15yrs, 16yrs & over. Using Fina points. Presentation of the Fina Awards will be made on the Sunday 21<sup>st</sup> June at the end of session 4.

**Individual Event Prizes** Individual awards will be given to swimmers 1<sup>st</sup> 2<sup>nd</sup> & 3<sup>rd</sup> for ages 9,10.11.12.13.14.&15 and over, in all individual events.

**Top Club Award** A Trophy will be presented to the top club which they can keep.

**Awards** Individual event awards will be awarded during each session. Fina presentations will be made as soon as possible once the individual age group have finished their last event on the Sunday 21<sup>st</sup> June.

**Award Winners.** If you are not going to be available at the end of session 4 to collect your award please let the gala promoters know in advance so we can pass the award on to a club representative.

**Card-Less System** This competition will be run on a card-less system.

**Withdrawals** If you intend to withdraw from an event (s) you must contact a gala official via telephone, text or email in advance of the gala or prior to the start of the warm up. Alternatively you can complete a "Heat Withdrawal Form" and hand it in at the competition "Timing Control Office" before the warm up starts. Clubs and swimmers will receive a print out to confirm all the swims they have been accepted for prior to the competition date via email.

**Closing date** The closing date for entries will be Saturday 23<sup>rd</sup> May 2015.

**Entry Fee** Entries will be **£5.00** per event.

**Coaches Passes** Coaches pass will be **£20** per pass per person for the competition weekend. A coach's pass will entitle you to free entrance onto poolside and heat start lists.

Please make all cheques payable to **CITY OF LIVERPOOL SC.**

**Clothes Lockers** The pool has a large amount of clothes lockers in the changing village that competitors may use. To access the lockers you will need a 20p coin which is non refundable. Management request that no clothing is left in the lockers over night.

**Photographic Spectator Policy** Liverpool City Council has a “**no photographic policy**” from all areas.

**Spectators Balcony** The spectator's balcony holds about 350 people. Seats will be allocated on a first come first served and cannot be reserved. Due to the number of seats swimmers are not allowed onto the balcony. Seating is available in the cafeteria area for swimmers to use between events whilst taking refreshing etc. Due to health and safety requirements, spectators on the balcony must remain in their seats and cannot stand up behind the seats. All spectators will be provided with a coloured wristband on entry to the balcony. This must be clearly displayed on each person. Any spectators found to be using photographic equipment or breaching these conditions will be asked to leave the balcony immediately.

**Spectator Entry Fees** Entry will cost £10 per day or £6 per session.  
Concessions are £6 per day, £4 for one session.  
Under 5's free. (INCLUDING ONE START LIST PER FAMILY)  
Eaton's Caterers will be in attendance providing light refreshments or lunches for spectators and competitors to purchase.

**Photography** LD photographers will also be taking professional photographs throughout the gala which will also be available to purchase from the website.

**\*\*IF YOU DO NOT WISH YOUR CHILD TO BE PHOTOGRAPHED PLEASE INFORM THE PROMOTOR BRYAN LANGLEY PRIOR TO THE GALA\*\***

**SRS Leisure** There will also be a swim shop on site throughout the gala provided by SRS Leisure. For any last minute purchases or other swim wear requirements.

**Saturday Programme of Events AM****Saturday Programme of Events PM**

Saturday 20 <sup>th</sup> June		Session1 Warm up 0800 Start 0900		Saturday 20 <sup>th</sup> June		Session 2 Warm up TBC Start	
Event No	Gender	Age Group	Event	Event No	Gender	Age group	Event
101	Boys	14yr &Ov	200IM	201	Boys	12/13yrs	200IM
102	Girls	14yr &Ov	200IM	202	Girls	12/13yrs	200IM
103	Boys	12/13yrs	100Bk/s	203	Boys	14yr &Ov	50 Fly
104	Girls	12/13yrs	100Bk/s	204	Girls	14yr &Ov	50 Fly
105	Boys	9/11yrs	50 Fly	205	Boys	9/11yrs	100Br/s
106	Girls	9/11yrs	50 Fly	206	Girls	9/11yrs	100Br/s
107	Boys	14yr &Ov	50 Br/s	207	Boys	12/13yrs	50 Fly
108	Girls	14yr &Ov	50 Br/s	208	Girls	12/13yrs	50 Fly
109	Boys	12/13yrs	50 Br/s	209	Boys	14yr &Ov	100 Fr/s
110	Girls	12/13yrs	50 Br/s	210	Girls	14yr &Ov	100 Fr/s
111	Boys	9/11yrs	100Fr/s	211	Boys	9/11yrs	50 Br/s
112	Girls	9/11yrs	100Fr/s	212	Girls	9/11yrs	50 Br/s

**Sunday Programme of Events AM****Sunday Programme of Events PM**

Sunday 21 <sup>st</sup> June		Session 3 Warm up 0800 Start 0900		Sunday 21 <sup>st</sup> June		Session 4 Warm Up TBC Start	
301	Boys	12/13yrs	100Br/s	401	Girls	14yr&Ov	100Bk/s
302	Girls	12/13yrs	100 Br/s	402	Boys	9/11yrs	200IM
303	Boys	14yr &Ov	50 Bk/s	403	Girls	9/11yrs	200IM
304	Girls	14yr &Ov	50 Bk/s	404	Boys	12/13yrs	50 Bk/s
305	Boys	9/11yrs	100 Fly	405	Girls	12/13yrs	50 Bk/s
306	Girls	9/11yrs	100 Fly	406	Boys	14yr&Ov	100 Fly
307	Boys	12/13yrs	50 Frs	407	Girls	14yr&Ov	100 Fly
308	Girls	12/13yrs	50 Frs	408	Boys	9/11yrs	100 Bk/s
309	Boys	14yr &Ov	50 Frs	409	Girls	9/11yrs	100 Bk/s
310	Girls	14yr&Ov	50 Frs	410	Boys	12/13yrs	100 Fr/s
311	Boys	9/11yrs	50 Bk/s	411	Girls	12/13yrs	100 Fr/s
312	Girls	9/11yrs	50 Bk/s	412	Boys	14yr&Ov	100 Br/s
313	Boys	12/13yrs	100 Fly	413	Girls	14yr&Ov	100 Br/s
314	Girls	12/13yrs	100 Fly	414	Boys	9/11yrs	50 Fr/s
315	Boys	14yr&Ov	100 Bk/s	415	Girls	9/11yrs	50 Fr/s

**City of Liverpool Swimming Club Licensed level 3 Summer Sprint Meet 2015****Qualification Times**

The meet is a non-national qualifier event. Any swimmer gaining National Qualifying Times in any stroke for 2014 season is specifically excluded. The promoter reserves the right to check any entry times against British Rankings at the upper qualifying level.

**Upper Qualifying Time Limits**

(Your entry may not be faster than these times.)

Age Group	Sex	50m Fly	50m Bk/s	50m Br/s	50m Fr/s	100m Fly	100m Bk/s	100m Br/s	100 Fr/s	200 IM
9 / 11yrs	Boys	32.0	33.0	38.0	29.0	1.17.3	1.17.0	1.27.8	1.08.1	2.46.0
	Girls	34.0	35.0	40.0	31.0	1.17.0	1.17.0	1.27.7	1.08.5	2.50.3
12 / 13yrs	Boys	31.2	32.3	35.7	28.2	1.08.8	1.08.9	1.16.7	1.00.4	2.29.5
	Girls	32.3	33.4	37.2	29.5	1.10.0	1.10.0	1.18.3	1.02.4	2.32.0
14yrs & Ov	Boys	26.0	28.0	31.0	24.4	58.0	58.7	1.06.8	53.7	2.11.6
	Girls	28.0	30.0	33.0	27.2	1.04.3	1.05.6	1.13.7	59.9	2.25.0

**Lower Qualifying Time Limits**

(Your entry may not be slower than these times.)

Age Group	Sex	50m Fly	50m Bk/s	50m Br/s	50m Fr/s	100m Fly	100m Bk/s	100m Br/s	100 Fr/s	200 IM
9 / 11yrs	Boys	57.6	59.4	1.08.4	52.2	2.01.1	2.00.6	2.38.0	2.02.5	4.58.8
	Girls	1.01.2	1.03.0	1.12.0	55.8	2.18.6	2.18.6	2.37.8	2.03.3	5.06.5
12 / 13yrs	Boys	56.1	58.1	1.04.2	50.7	2.03.8	2.04.0	2.18.0	1.48.7	4.29.1
	Girls	58.1	60.1	1.06.9	53.1	2.06.0	2.06.0	2.20.9	1.52.4	4.33.7
14yrs & Ov	Boys	46.8	50.4	55.8	43.9	1.44.4	1.45.6	2.00.2	1.36.6	3.56.8
	Girls	50.4	54.0	59.4	48.9	1.55.7	1.58.0	2.12.6	1.47.8	4.21.0

**City of Liverpool Swimming Club Licensed level 3 Summer Sprint Meet 2015. Entry Form**

Please complete all details requested below in full. Ensure you enter a valid email address.

Name of Swimmer		Male		Female	
Name of Swimming Club					
Swimmers Address					
Phone Number		Email Address			

If you are completing this form on behalf of a large club entry, you do not have to complete the swimmers address box but if you are swimming as an individual then you must complete all boxes including the "swimmers address" box,

If you are a disabled competitor and have an FAC card please state your classification.

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Date of Birth (in Numbers)	Day	Month	Year	Age Group As at 31 <sup>st</sup> December 2015	yrs

ASA Registration Number									
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Closing Date For Entries	
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<b>Paper Entries and Payment to</b>	<b>Entries Secretary, Bryan Langley, 53 Wicks Lane, Formby, Merseyside L37 2YD</b>
Electronic Entries	<b>colsc_events@hotmail.com</b>

Please complete the following Table with your 50m long course times, or converted 25m times.

Events	Time	Events	Time
50m Fly		100Fly	
50m Bk/s		100 Bk/s	
50m Br/s		100 Br/s	
50m Fr/s		100 Fr/s	
		200IM	
No of Entries		Total sum @ £5.00 Per Event	



**Swimming Club Contact & Coach Information Sheet**

If you are completing paper copies of entries, please read the coaches pass application information carefully and ensure it is completed and posted with your fees. When completing the information below, please print your details clearly.

Swimming Club	
Clubs Contact, Name	
Position in Club	
Home Address	
Post Code	
Telephone number	
Mobile Number	
Email Address	

**Application for Coaches Pass.**

1, Each club is entitled to a ratio of 2 coaches to 20 swimmers if your team consists of both male and female competitors. If your club enters more than 20 swimmers then you are entitled to additional coaches passes as long as your ratio stays the same. A club is not limited to a maximum number of named passes for the weekend, but will be limited to person’s poolside as described above.

2, In accordance with child protection guidelines, we now request each club submits the names of the coaches who will be accompanying their team on the poolside at the same time as submitting their swimmers entries. Along with this we, ask your club secretary to sign the accompanying letter to declare at the point of submitting the entries all the named coaches have been CRB checked and are registered as a member of your club.

**Please Note**

**All coaches, team managers & chaperones must be CRB checked to gain a coaches pass and access onto the poolside and evidence may be requested.**

**Any parent wishing to act as a coach must be CRB checked and registered as a member of the club they are representing.**

**Parents must also ask the club secretary to sign the appropriate letter on their behalf and submit it along with the entry fees.**

**Without the letter/ application form being signed by the club secretary, no passes will be issued.**

Signed	
If the address to which the coaches’ pass should be sent is different from the club contact, please complete name & address in the box provided.	

**City of Liverpool SC Level 3 Summer Sprint Meet 2015**

**Swimming Club Application for Coaches Pass**

Please note. This letter / application form must be completed and returned along with your fees, without this, no passes will be given out to your club.

Swimming Club	
Club Secretary, Please Print Your Name	
I/We would like to purchase a total of :-	Coaches Passes at a price of £20 per person for the weekend.
I have enclosed a :-	Cheque to the value of £ <b>to cover this payment.</b>

I have listed the swimming clubs coaches/team manager/ chaperones below.

	Name	CRB Number.
Coach 1		
Coach 2		
Coach 3		
Coach 4		
Team Manager 1		
Team Manager 2		
Chaperones 1		
Chaperones 2		
Chaperones 3		

As club Secretary, I confirm that all the individuals listed above have been CRB checked and are current.

Of ..... Swimming Club.

Signed.....Secretary.

**CITY OF LIVERPOOL S.C. URGENT APPEAL.**

**We appeal for ASA Licensed Officials J1 & J2 Level.**

Dear Club's Coaches & Parents.

To organise a licensed meet especially at level 1, takes a lot of help, co operation and organisation. We would be extremely grateful if your club have any parents or club members who are qualified ASA Licensed Officials or timekeepers, level 1 or 2, who will be attending the meet with their children or team and who may be willing to volunteer and join our team of officials. In return for this help, the officials will be entitled to free drinks during the gala and a free lunch during the break.

**In accordance with the NWR policies and rules COLSC will offer expenses at the rate of 45p per mile for officials who are willing to volunteer a full day. If you are only available for ½ a day then a rate of 25p will be offered.**

If so, please complete the below form and return it with your entries to Lynn Stuttard, City of Liverpool SC Officials Secretary, or email on [mumdrattuts@msn.com](mailto:mumdrattuts@msn.com)

Many Thanks  
Sincerely  
Stuttard.

Yours  
Lynn

Name of ASA Official	Home Address	Contact Telephone Number	Email Address	ASA Qualification Level J1/2

**City of Liverpool SC Level 3 Summer Sprint Meet.  
Saturday 20<sup>th</sup> and Sunday 21<sup>st</sup> June 2015.**

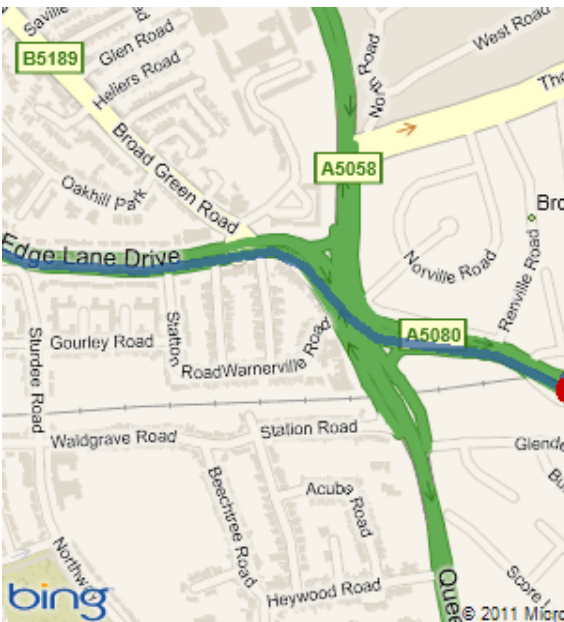
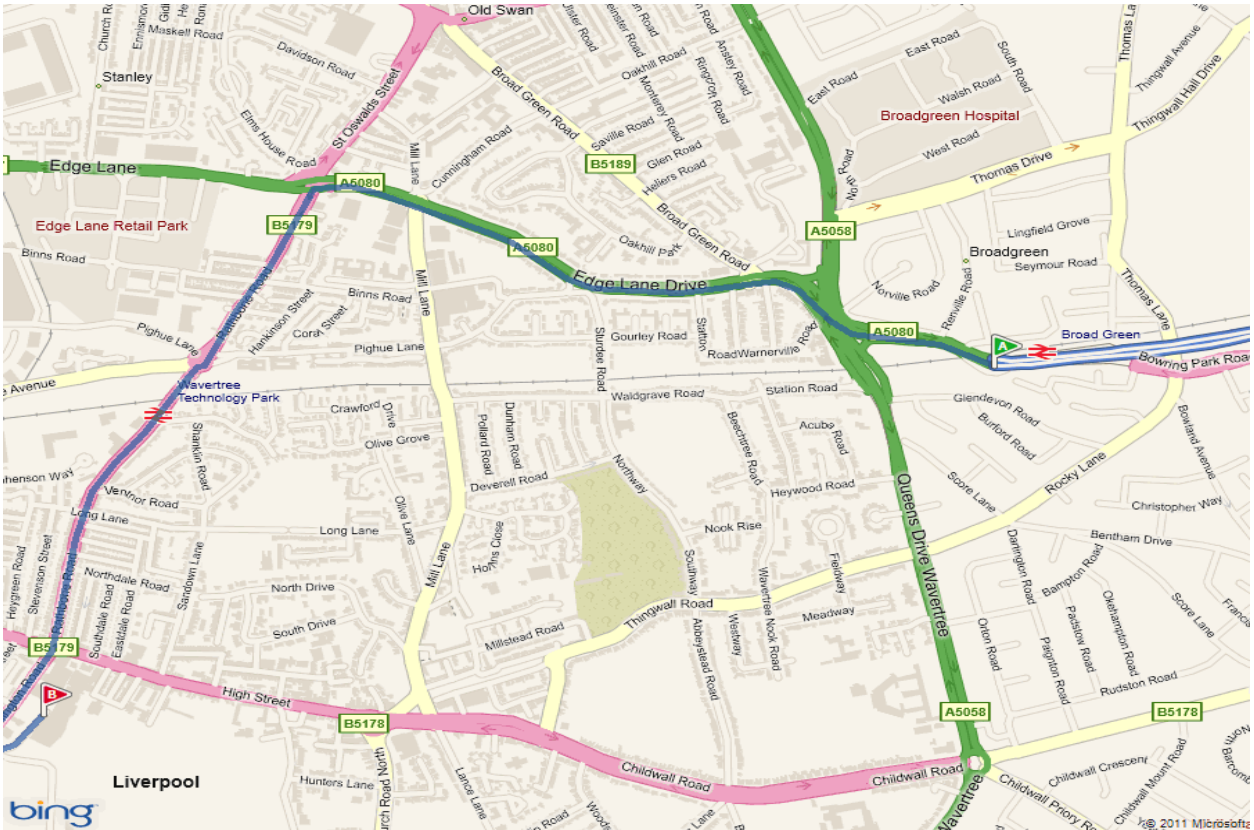
**Heat/Event Withdrawal Form**

**Phone Withdrawal Number,  
Email Address,**

Swimmers wishing to withdraw from a heat or the event must inform gala official in the timing suite, which is based on the top balcony by completing this form before the start of the warm up of the relevant session. Alternatively, you can call or text the number or email the above address and inform a gala official of your withdrawal.







Club			
First name		Surname	
Event Number	Competitor Number	Age Group	Distance Stroke
Name		Signed	
Date		Time of Delivery	
Received by			
Date		Time	

### Directions to the pool from the end of the M62 Motorway, Rocket Junction.



### Liverpool Aquatics Centre



- 1,  Near ramp & M62 & Bowring Park Road, Broadgreen, L14.  
(A–B Distance: 2.0 miles) (Time: 7 minutes)
- 2, Depart A5080 / Bowring Park Road toward Queens Drive Wavertree 0.9 miles.
- 3,  Bear left onto B5179 / Rathbone Road 0.3 miles.
- 4,  At roundabout, take 1st exit 0.7 miles.
- 5,  Turn left onto road 95 ft.
- 6,  Keep left onto road 482 ft.
- 6,  Arrive at L15 4LE, Liverpool,  
The last intersection is B5179 / Wellington Road.