



AUTUMN LEVEL 2, SHORT COURSE OPEN MEET

Saturday and Sunday 3rd and 4th October 2015

LICENCE No 2NW150534

Session 1	Saturday 03/10/15	8.00am.	9.00am.
Session 2	Saturday 03/10/15	TBA	TBA
Session 3	Sunday 04/10/15	8.00am.	9.00am.
Session 4	Sunday 04/10/15	TBA	TBA

**MEET ENTRIES / ENQUIRIES TO:**

Sarah Wyld, Wirral Metro Competition Secretary, at [wirralmetro@hotmail.com](mailto:wirralmetro@hotmail.com), 86 Hesketh Avenue, Birkenhed, Wirral, CH426RS

Entries should be submitted on Hy-tec Lite via e-mail and will not be considered until full payment has been received.

Age as at 04/10/2015

Payment to be made on one combined cheque, made out to Wirral Metro S.C.

The cost for events is:-

£5.00 per event electronic entry, £6.00 per event paper entry

Please note 800m and 1500m Free is £8.00 per electronic entry, £9.00 per paper entry

**Entry to both the 800m and 1500m Free is restricted to 2 heats per event.**

**NO ENTRIES WILL BE ACCEPTED UNTIL PAYMENT FOR ENTRIES ARE RECEIVED EITHER BY CHEQUE (PAYABLE TO WIRRAL METRO SC) OR DIRECTLY TO THE WIRRAL METRO BANK ACCOUNT NUMBER 10944157 AND SORT CODE 202950.**

**IF PAID ELECTRONICALLY PLEASE PLACE NAME OF SWIMMER OR CLUB UNDER THE REFERENCE AND ADVISE THE MEET PROMOTER BY EMAIL SEPARATELY**



<b>Session 1 Saturday 03/10/15</b> <b>WARM-UP 8.00 a.m. START 09.00 a.m.</b>	
<b>EVENT No</b>	<b>EVENT</b>
101	Girls 9 & Over 200M Breast
102	Boys 9 Over 400m Free
103	Girls 50m Breast Open
104	Boys 50m Breast Open
105	Girls 9 & Over 200m IM
106	Boys 11 & Over 100m Free
107	Girls 10 & Over 100m Back
108	Boys 9 & Over 200m Back
109	Girls 9 & Over 100m IM

<b>Session 3. Sunday 04/10/15</b> <b>WARM-UP 8.00 a.m. START 09.00 a.m.</b>	
<b>EVENT No</b>	<b>EVENT</b>
301	Boys 9 & Over 200m Breast
302	Girls 9 and Over 400m Free
303	Boys 50m Fly Open
304	Girls 50m Fly Open
305	Boys 9 & Over 200m IM
306	Girls 10 & Over 100m Free
307	Boys 11 & Over 100m Back
308	Girls 9 & Over 200m Back
309	Boys 9 & Over 100mIM

<b>Session 2. Saturday 03/10/15</b> <b>WARM-UP TBA START TBA</b>			
<b>EVENT No</b>	<b>EVENT</b>		
201	Girls 9 & Over 400m IM		
202	Boys 11 and Over 100m Breast		
203	Girls 50m Free Open		
204	Boys 50m Free Open		
205	Girls 10 & Over 100m Fly		
206	Boys 9 & Over 200m Fly		
207	Girls 9 & Over 200m Free		
208	Boys 1500m Open		

<b>Session 4. Sunday 04/10/15</b> <b>WARM-UP TBA START TBA</b>			
<b>EVENT No</b>	<b>EVENT</b>		
401	Boys 9 & Over 400m IM		
402	Girls 10 and Over 100m Breast		
403	Boys 50m Back Open		
404	Girls 50m Back Open		
405	Boys 11 & Over 100m Fly		
406	Girls 9 & Over 200m Fly		
407	Boys 9 & Over 200 Free		
408	Girls 800m Open		



## **L2 OPEN MEET 2 NW150534**

**3rd & 4th October 2015**

**Europa Pools, Conway Street, Birkenhead, CH41 6RN**

**Refunds will only be given:**

**Where a competitor has to withdraw on medical grounds subject to an appropriate medical certificate being received by the Meet Promoter**

All times submitted must be for a 25m short course pool, converting if necessary using A.S.A. equivalent Performance Tables.

The acceptance of competitors will be based on **quickest times submitted by age group basis**. As many heats as possible will be run in the time available for the Meet. The promoters reserve the right to amend the number of heats in each event depending on entry numbers. Heats will be swum with all age groups combined and swimmers seeded by entry times. **The external cut off date for entry receipt is September 14<sup>th</sup>, 2015.**

As soon as possible after the closing date, accepted entries will be posted on the Wirral Metro website, together with any information in respect of entries not accepted. All refunds will be made 'on block' to the club submitting the entries, these will be sent by post or BACS.

Entries should be submitted to the above contact. Entries sent via post should include full payment.

Electronic Entries should be emailed to the above address with any poolside pass applications and full payment.

For electronic entries emailed, the sent date on the email will be classed as the date submitted, likewise for posted entries, the posted date will be classed as the entry date.

The meet promoter reserves the right to limit entries. In the event that entries are rejected the entry fee will be refunded, a single cheque will be made payable to club in question.



## **POOLSIDE PASSES**

Coach passes are **£10.00** each for the weekend. Passes are transferable within a club, but a list of all attending Coaches and Team Managers must be submitted before the meet together with an indication which session they will be present for.

All Coaches and Team Managers must be in possession of a valid CRB check.

Passes must be worn at all times whilst on poolside and will be required to gain access.

## **THERE WILL BE NO ACCESS TO POOLSIDE FOR ANYONE WITHOUT A POOLSIDE PASS**

Wirral Metro Swimming Club accepts no responsibility for loss or damage to competitors belongings, how so ever caused, unless such damage is caused by the negligence of Wirral Metro Swimming Club. Wirral Metro Swimming Club and the Meet Organisers are not responsible for individual swimmers on poolside and that responsibility should be taken by an appropriate individual. All swimmers on poolside should be accompanied by a person with a coach pass, who has had a CRB check and preferably attended good practice course

**Swimmers must be supervised during warm-up by their Club Coach/Poolside Official.**

## **AWARDS:**

No Medals will be awarded at this meet. £10 will be awarded to both the male and female swimmer in each age group who achieves the highest FINA points for a single swim over the whole meet.

The age Groups are:

### **Male:**

9yrs, 10yrs, 11yrs , 12yrs, 13yrs, 14 yrs and 15 and over

### **Female**

9yrs, 10yrs, 11yrs , 12yrs, 13yrs, and 14 yrs and over

**Any points not covered above will be at the discretion of the Promoter**

# WIRRAL METRO L2 OPEN SC MEET

3rd & 4th October 2015

All times submitted must be **25m short course**  
 Converting if necessary using ASA Equivalent Performance Tables

**Licence No 2 NW150534**

<b><u>BOYS</u></b>								<b><u>GIRLS</u></b>						
<b>QAULIFYINGTIMES (Equal to or faster than)</b>								<b>QUALIFYING TIMES (Equal to or faster than)</b>						
9	10	11	12	13	14	15/O		9	10	11	12	13	14/O	
42.10	39.30	37.20	35.10	33.10	31.3	29.9	50 FREE	42.60	39.90	37.70	35.70	34.30	33.30	
		1:20.60	1:15.70	1:11.10	1:07.30	1:04.60	100 FREE		1:27.60	1:21.30	1:16.60	1:13.50	1:11.30	
3:22.80	3:06.00	2:54.80	2:44.70	2:35.00	2:26.60	2:20.80	200 FREE	3:24.50	3:06.80	2:55.40	2:44.90	2:38.00	2:33.50	
7:20.60	6:31.80	6:06.00	5:46.00	5:26.80	5:10.40	4:57.50	400 FREE	7:25.40	6:35.70	6:04.90	5:43.70	5:29.80	5:20.80	
15:23.90	13:65.60	12:55.20	12:06.40	11:23.50	10:49.40	10:23.80	800 FREE	15:17.50	14:05.00	12:34.30	11:50.80	11:17.30	10:57.80	
48.60	45.10	42.50	40.30	37.60	35.80	33.90	50BACK	48.90	45.30	42.70	40.50	38.70	37.50	
		1:30.50	1:25.20	1:19.70	1:15.00	1:11.50	100 BACK		1:38.50	1:31.00	1:25.30	1:21.40	1:19.00	
3:43.80	3:26.70	3:13.30	3:02.60	2:51.10	2:41.40	2:34.30	200 BACK	3:46.20	3:28.70	3:12.50	3:01.70	2:54.30	2:49.20	
55.10	51.30	48.00	45.10	41.90	39.60	37.70	50 BRST	55.90	51.70	48.30	45.40	43.20	41.80	
		1:43.40	1:36.90	1:30.10	1:25.10	1:21.00	100 BRST		1:52.50	1:43.50	1:37.30	1:32.30	1:28.70	
4:17.80	3:59.00	3:42.40	3:29.20	3:15:30	3:03.90	2:55.80	200 BRST	4:20.00	3:59.50	3:42.10	3:28.80	3:18.20	3:11.50	
47.90	43.90	41.30	39.10	37.30	36.10	35.20	50 FLY	47.40	43.80	41.00	38.80	36.40	34.30	
		1:30.40	1:24.60	1:19.10	1:14.40	1:10.70	100 FLY		1:39.30	1:30.90	1:24.90	1:21.20	1:18.30	
4:08.30	3:37.30	3:18.20	3:06.60	2:54.70	2:44.70	2:35.50	200 FLY	4:11.00	3:40.00	3:20.20	3:06.40	2:57.30	2:51.00	
1:47.40	1:39.60	1:33.90	1:28.70	1:23.10	1:18.10	1:14.70	100 IM	1:48.80	1:38.50	1:34.20	1:29.10	1:24.90	1:22.60	
3:49.70	3:32.20	3:17.60	3:06.80	2:55.80	2:45.30	2:38.20	200 IM	3:51.60	3:32.70	3:17.90	3:06.30	2:58.80	2:53.10	
8.15.60	7:35.60	6:59.70	6:34.30	6:12.00	5:50.30	5:34.60	400 IM	8.12.30	7:35.30	6:57.30	6:32.00	6:14.40	6:03.10	