



ASA North West Region

2015 Regional Winter (SC) Championships Conditions

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1. Introduction

- 1.1 The ASANWR Winter Regional Championships (hereafter 'the Championships') shall be competed for annually on dates decided by the ASANWR Swimming Management Group and confirmed by the ASANWR Management Board (hereafter the 'Board') and in accordance with the Rules of the ASANWR, ASA Laws and ASA Technical Rules.
- 1.2 The organisation of the Championships shall be managed by the ASANWR Swimming Management Group with powers delegated to a Competition Manager.
- 1.3 The entry fees will be set annually by the ASANWR Swimming Management Group and confirmed by the Board.
- 1.4 Coaches requiring access to the poolside must be in possession of a Pass issued by the ASANWR.

The fee is £8.00 per pass.

It is mandatory that all Coaches comply with the relevant ASA Child Protection Procedures and have an up to date CRB certificate. (See also section 13 below.)

- 1.5 Any question or dispute arising from these conditions or disputes related to a matter not covered in these conditions shall be determined by the Competition Manager and may be referred to the ASANWR Swimming Management Group at a later date.
- 1.6 ASANWR encourage disability swimmers to compete in these championships subject to their satisfying the conditions set out sections 3 and 4 below.

2. 2015 Regional Winter (SC) Championships

- 2.1 The Championships will be held at the **Liverpool Aquatics Centre** on Saturday 7th and Sunday 8th of November 2015.
- 2.2 **The closing date for entries will be Monday 12th October 2015.**
- 2.3 Entries (for both individual entries and for teams) must be returned no later than this date accompanied by the appropriate fee.
- 2.4 Age on the day for both individual and team events will be as of midnight on 31st of December 2015.
- 2.5 See section 7 for details of entry fees and the method of submitting entries.

3. Eligibility for entry

Individuals

- 3.1 The Championships shall be open to eligible swimmers, as defined by the ASA, who are members of clubs affiliated to the ASA North West Region and who either:
 - Were born in the Region, or

- Reside in the Region.

ASANWR may grant exemption from the residential qualification in individual cases. This will depend upon individual circumstances. Applications for dispensation shall be in writing and shall reach the Competition Manager no later than the event closing date (**Monday 12th October 2015**).

- 3.2 No individual may compete in the Championships if he/she has competed in the equivalent Championships of another Region in the same calendar year.
- 3.3 A swimmer must be a member of the club in whose name he is entered, and registered as such with the ASA at the closing date for entries.
- 3.4 Individual championship events for each sex will comprise Senior (17years/over) and Junior (16 years/under) awards.

Teams

- 3.5 Team Championships shall be open to all clubs affiliated to the ASANWR.
- 3.6 All teams shall consist of four members
- 3.7 A swimmer entered in the name of one club in the individual events may not compete in the name of another club in the teams events.
- 3.8 Clubs may enter one or more teams, but members shall swim for one team only.

4. Disability competitors

- 4.1 The general conditions for the ASANWR Championships shall apply to disability competitors except where varied by any of the following conditions.
- 4.2 Men and women with the indicated classifications will be accepted for the following events using their classification, or they may enter without a classification where they can meet the mainstream QT (See Section 11):
 - Freestyle 50m, 100m (S1 to S14); 200m (S1 to S5 and S14); 400m (S6 to S14)
 - Backstroke 50m (S1 to S5), 100m (S6 to S14)
 - Butterfly 50m (S1 to S7), 100m (S8 to S14)
 - Breaststroke 50m (SB1 to SB3), 100m (SB4 to SB9 and SB11 to SB14)
 - Individual Medley 200m (SM5 to SM14)
- 4.3 For events where there is no QT, para swimmers may enter without a classification where they can meet the mainstream QT.
- 4.4 Swimmers must indicate their disability classification OR provide a valid Certificate of Disability, issued by the ASA, at the time of entry.
- 4.5 Qualifying times for disability competitors:
 - With a disability classification are shown in section 12.
 - With the Certificate of Disability are the times shown in section 11.

- 4.6 Personal Care Attendants/Coaches:
- Personal care attendants will only be permitted for swimmers in the following classes: S1, S2, S3, S4 and S11.
 - A swimmer in any of these classes may have both a coach and a personal care attendant present. No charge will be applied for personal care attendant poolside passes (see section 13).
 - All coaches, chaperones and personal care attendants must conform with the ASA child protection procedures.
- 4.7 Competition format:
- The competition format will be based on disability inclusion within the able bodied programme.
 - All swimmers will be seeded in the heats according to their entry times.
- 4.8 ASANWR will endeavour to provide an official who holds either an IPC qualification, or an ASA Disability Official to act as the Disability Competition Liaison in each of the sessions where disability athletes are entered.
- 4.9 Medals will be awarded to the first three places in each event for male and female, calculated on British Para-Swimming Points.

The ‘minus 1’ rule will be used to award medals:

- Where there are only three swimmers in an event, only the top two placed swimmers will receive medals.
- Where there are two swimmers, only the winner will receive a medal.
- If there is only one swimmer, they will receive a medal if they swim faster than the appropriate British Record.

5. The Events

- 5.1 Individual events for both men and women:
- Freestyle: 50m, 100m, 200m, 400m,
800m for Women only, 1500m for Men only
 - Backstroke: 50m, 100m, 200m
 - Butterfly: 50m, 100m, 200m
 - Breaststroke: 50m, 100m, 200m
 - Individual Medley: 100m, 200m, 400m.
- 5.2 The 50m, 100m and 200m events shall have heats and finals. The 400m IM, 400m, 800m and 1500m freestyle events shall be swum as HDW (Heat Declared Winner) events.
- 5.3 Team events for both men and women shall be swum as HDW:
- 4x100m Freestyle team
 - 4x100m Medley team
 - 4x200m Freestyle team

6. Awards

- 6.1 The first, second and third placed swimmers/teams shall be awarded medals for each Senior, Junior and Team Championship. There will be no presentations.

- 6.2 The winner of each Championship shall be entitled to hold the trophy where one has been provided.
- 6.3 The trophy holder (individual or club) shall comply with the regulations governing the holding of trophies. The trophy holder shall give a receipt for it and an undertaking that reasonable care will be taken of it and that it will be returned, suitably engraved when and as required.
- 6.4 There will be a trophy for the overall Best Club based upon the points accrued in all events.

7. Submission of entries

- 7.1 Entries MUST be made using Sportsystems Entry Manager. The necessary Sportsystems entry file set can be downloaded from the swimnorthwest website. However, it should be noted that this procedure cannot be used for para swimmers and their entries will have to be made by email or by post.
- 7.2 A swimmer's entry time must be downloaded into Sportsystems Entry Manager from the British Swimming Rankings and have been achieved since October **12th 2014**. If an entry time cannot be verified against the British Swimming Rankings the entry will be rejected and the entry fee will not be refunded.
- 7.3 Entry fees for each event shall be:
- Individual entries: £5.75
 - Team entries: £12.00
 - Additional entries may be accepted at the discretion of the Championship Manager after the closing date. The Entry Fee for such entries shall be £10.00 per event for individuals and £20 for teams.
 - Any entries that do not use Sportsystems Entry Manager other than for disability competitors will be charged as Additional Entries.
- 7.4 **Clubs are invited to submit entry times for the team events using the Sportsystems entry file. Teams without a time will be seeded in the slowest heat.** A team entry form (see section 14 below) should be submitted (for checking purposes) – this can be sent via email or through the post.
- 7.5 Entries, accompanied by the appropriate entry fee must be received by the closing date - Monday 12th October 2015.
- 7.6 Cheques should be made payable to: **ASA North West Region** and sent to:

K J Chisholm
33 Rannerdale Drive
Whitehaven
CA28 6LA

Tel: 01946-694019
e-mail: keithchisholm@gmail.com

7.7 Entry fees can also be paid by arranging a BACS transfer; details will be provided on request. **Evidence of the electronic transfer will be required to aid the reconciliation of payments.**

7.8 Qualifying times will be applied to all individual events. There are no qualifying times for any team events

7.9 Entry times must be:

- 25m times, or
- 50m times converted to 25m times.

All converted times must use the ASA Equivalent Performance Tables (use of the ASA Tables section on www.pullbuoy.co.uk/times/ or the swim time converter on the Sportsystems website www.sportsys.co.uk is permissible).

Where times are converted the second decimal place can be disregarded and entry times should be shown to one decimal place.

7.10 Individual entry times after conversion if necessary must be equal to or less than the qualifying time. Entry times should be shown to one decimal place i.e. the second decimal place can be disregarded.

7.10 **Qualifying times must have been achieved at a Level 1, 2 or 3 Licensed Meet between October 12th 2014 and October 12th 2015.**

7.11 The competitor's club shall be responsible for:

7.12.1 Checking and validating the entry times and fees payable.

7.12.2 Returning the entry files electronically to the Championship Manager.

7.12.3 Sending a cheque or arranging a BACS transfer to cover individual and team entries, and poolside passes.

7.12 **Entries will be checked against the British Swimming Rankings.**

THERE WILL BE NO REFUNDS FOR INCORRECT ENTRIES.

7.13 The Championship Manager reserves the right to correct any time conversion calculations that are found to be incorrect in order that competitors are seeded correctly.

7.14 The Championship Manager reserves the right to restrict entries in the interests of safety, time constraints and to ensure the smooth running of the competition. Where this rule is invoked the swimmers with the fastest submitted times shall take precedence. Events chosen for restriction will be at the discretion of the Championship Manager.

7.15 Submitted entry times shall be used for seeding and rejection purposes as required.

7.16 Refunds will only be given:

7.16.1 Where entrants are denied entry because paragraph 7.15 above has been invoked.

- 7.16.2 Where a competitor has to withdraw on medical grounds subject to an appropriate medical certificate being received by the Championship Manager.
- 7.17 Once an entry has been submitted improved times will not be accepted.
- 7.18 The only split time that will be accepted for entry is one recorded on the first leg of a 4x100m or 4x200m team event. Appropriate proof must be provided with the entry.
- 7.19 Entries from any swimmer who has an outstanding fine from a previous ASANWR competition will not be accepted until the fine(s) have been paid (see also paragraphs 9.3 and 9.12 below).

8. Confirmation of entry

- 8.1 Draft programmes will be posted onto the ASANWR website as soon as possible after the closing date for the competition. These should be used to cross check the accuracy of swimmer entries and to allow any necessary corrections to be made. The final gala programmes will be produced as a result of any corrections that are received.
- 8.2 Clubs will be informed of the reasons for any rejected entries.

9. Meet procedures

Heats

- 9.1 A withdrawal system will be in operation. Competitors or their representatives must inform the organisers at least one hour before the start of the session if they do not intend to swim. Notification may be by email, telephone or text – details will be advised to all competing clubs - or by completing the form shown in section 17 below. There will be no refund of entry fees for such withdrawals unless the withdrawal is for medical reasons in which case an appropriate certificate must be provided.
- 9.2 Any swimmer who has previously withdrawn can be reinstated before the appropriate closing deadline without penalty.
- 9.3 Fines:
- 9.3.1 A fine of £20 may be levied in respect of each competitor/team who fails to withdraw and then does not swim (except in the case of genuine illness or of a proven emergency).
- 9.3.2 Each 'no show' will be subject to a separate fine of £20.
- 9.3.3 Fines will be levied on the club which enters a competitor unless the Championship Manager has been advised of any change to the membership status of the competitor.
- 9.3.4 The individual(s) concerned shall not be eligible to swim in any future ASANWR event until the fine has been paid.

- 9.4 The heats of 50m, 100m and 200m events shall be spearheaded with the last three heats being cyclically seeded. The heats for 400m, 800m and 1500m events shall all be spearheaded.
- 9.5 Competitors are responsible for reporting to the Competitor's Stewards one event prior to the one in which they are competing. This applies to both heats and finals.

Finals

- 9.6 For the Senior and Junior Championship finals, the maximum number of places practicable (up to 8) shall be allocated. Two reserves will be declared for finals where possible.
- 9.7 Lanes for finals shall be allocated on the spearhead principle.
- 9.8 The names of finalists and two reserves shall be announced as soon as practicable after the completion of each event.
- 9.9 **Competitors who do not intend to swim in a final must withdraw** by completing the relevant form (see section 15 below) no later than 15 minutes after the announcement of the finalists for an event.
- 9.10 **ALL FINALISTS AND RESERVES MUST REPORT TO THE COMPETITORS STEWARDS FOR THE FINAL UNLESS THEY HAVE WITHDRAWN.**
- 9.11 Fines:
- 9.11.1 Any withdrawals that are later than 15 minutes after the announcement of the finalists may incur a £20 fine (except in the case of genuine illness or of an emergency).
 - 9.11.2 **ANY FINALIST OR RESERVE** who fails to withdraw and then does not report to the Competitors Stewards at the marshalling area (except in the case of genuine illness or of a proven emergency) may incur a £20 fine.
 - 9.11.3 Each 'no show' may be subject to a separate fine of £20.
 - 9.11.4 Fines will be levied on the club which enters a competitor unless the Championship Manager has been advised of any change to the membership status of the competitor.
 - 9.11.5 The individual(s) concerned shall not be eligible to swim in any future ASANWR event until the fine has been paid.
- 9.12 Where a reserve is brought in as a result of a declared withdrawal then the final shall be re-seeded. Where a reserve is brought in at short notice the reserve shall occupy the vacant lane and there shall be no changes made to the allocation of other lanes.

Teams

- 9.13 Each competing club shall declare their intention to swim by submitting to the recorders a list of the names of its swimmers in swim order (see section 16 below) **prior to the warm up for the session in which the event shall be swum.** If a team sheet is not received by this time then the team concerned may be withdrawn from the event.

- 9.14 If the individuals or swim order is changed after the declaration form has been submitted, another declaration form must be submitted before the event is swum.
- 9.15 In the event of a race being recalled following a faulty start, the order of swimming may be changed so that another member of the same team swims the first leg. Substitutions may only be made in the case of an emergency. The referee must be informed of any changes.
- 9.16 A team shall be disqualified if they do not swim in the declared order.

Other

- 9.17 Any swimmer who withdraws from a heat or from a final of any event on medical grounds will not be allowed to compete again on the same day. However, they may compete on subsequent days, if any, of the championships. If they do not comply with this requirement they may be fined £20 for each event in which they compete.
- 9.18 A swimmer/team failing to comply with any of the foregoing conditions shall not be allowed to compete in the Championships.
- 9.19 Wherever possible there will be at least a 1 hour break after the end of the morning session and before the commencement of the warm up for the finals.
- 9.20 If any session is programmed to last more than 3 hours a break may be inserted at an appropriate point in order to give the technical officials an opportunity for a short rest and to leave the poolside.

10. Competition Programme

Session 1 Date: Saturday 7/11/2015 Time: 8.00am warm up for 9.15am start	Session 2 Date: Saturday 7/11/2015 Time: 1.15pm warm up for 2.30pm start (TBC on day)
<p><u>HEATS</u> Event 101 Mens Open 200m breaststroke Event 102 Womens Open 100m butterfly Event 103 Mens Open 100m freestyle Event 104 Womens Open 50m freestyle Event 105 Mens Open 50m butterfly Event 106 Womens Open 200m backstroke Event 107 Mens Open 400m IM Event 108 Womens Open 800m freestyle</p> <p><u>TEAM EVENTS</u> Event 109 Mens Open 400m medley team Event 110 Womens Open 400m medley team</p> <p><u>FINALS</u> Event 111 Junior Mens 200m breaststroke Event 112 Senior Mens 200m breaststroke Event 113 Junior Womens 100m butterfly Event 114 Senior Womens 100m butterfly Event 115 Junior Mens 50m butterfly Event 116 Senior Mens 50m butterfly Event 117 Junior Womens 50m freestyle Event 118 Senior Womens 50m freestyle Event 119 Junior Mens 100m freestyle Event 120 Senior Mens 100m freestyle Event 121 Junior Womens 200m backstroke Event 122 Senior Womens 200m backstroke</p>	<p><u>HEATS</u> Event 201 Womens Open 200m freestyle Event 202 Mens Open 100m backstroke Event 203 Womens Open 200m IM Event 204 Mens Open 200m butterfly Event 205 Womens Open 50m backstroke Event 206 Mens Open 50m breaststroke Event 207 Womens Open 100m breaststroke Event 208 Mens Open 400m freestyle</p> <p><u>TEAM EVENTS</u> Event 209 Womens Open 800m freestyle team Event 210 Mens Open 800m freestyle team</p> <p><u>FINALS</u> Event 211 Junior Womens 200m freestyle Event 212 Senior Womens 200m freestyle Event 213 Junior Mens 100m backstroke Event 214 Senior Mens 100m backstroke Event 215 Junior Womens 200m IM Event 216 Senior Womens 200m IM Event 217 Junior Mens 200m butterfly Event 218 Senior Mens 200m butterfly Event 219 Junior Womens 100m breaststroke Event 220 Senior Womens 100m breaststroke Event 221 Junior Mens 50m breaststroke Event 222 Senior Mens 50m breaststroke Event 223 Junior Womens 50m backstroke Event 224 Senior Womens 50m backstroke</p>

<p>Session 3 Date: Sunday 8/11/2015 Time: 8.00am warm up for 9.15am start</p>	<p>Session 4 Date: Sunday 8/11/2015 Time: 1.15pm warm up for 2.30pm start (TBC on day)</p>
<p><u>HEATS</u> Event 301 Mens Open 200m freestyle Event 302 Womens Open 100m backstroke Event 303 Mens Open 200m IM Event 304 Womens Open 200m butterfly Event 305 Mens Open 50m backstroke Event 306 Womens Open 50m breaststroke Event 307 Mens Open 100m breaststroke Event 308 Womens Open 400m IM</p> <p><u>TEAM EVENTS</u> Event 309 Mens Open 400m freestyle team Event 310 Womens Open 400m freestyle team</p> <p><u>FINALS</u> Event 311 Junior Mens 200m freestyle Event 312 Senior Mens 200m freestyle Event 313 Junior Womens 100m backstroke Event 314 Senior Womens 100m backstroke Event 315 Junior Mens 200m IM Event 316 Senior Mens 200m IM Event 317 Junior Womens 200m butterfly Event 318 Senior Womens 200m butterfly Event 319 Junior Mens 100m breaststroke Event 320 Senior Mens 100m breaststroke Event 321 Junior Womens 50m breaststroke Event 322 Senior Womens 50m breaststroke Event 323 Junior Mens 50m backstroke Event 324 Senior Mens 50m backstroke</p>	<p><u>HEATS</u> Event 401 Womens Open 100m freestyle Event 402 Mens Open 100m butterfly Event 403 Womens Open 100m IM Event 404 Mens Open 50m freestyle Event 405 Womens Open 50m butterfly Event 406 Mens Open 200m backstroke Event 407 Womens Open 200m breaststroke Event 408 Mens Open 100m IM Event 409 Womens Open 400m freestyle Event 410 Mens Open 1500m freestyle</p> <p><u>FINALS</u> Event 411 Junior Womens 100m freestyle Event 412 Senior Womens 100m freestyle Event 413 Junior Mens 100m butterfly Event 414 Senior Mens 100m butterfly Event 415 Junior Womens 50m butterfly Event 416 Senior Womens 50m butterfly Event 417 Junior Mens 50m freestyle Event 418 Senior Mens 50m freestyle Event 419 Junior Womens 100m IM Event 420 Senior Womens 100m IM Event 421 Junior Mens 200m backstroke Event 422 Senior Mens 200m backstroke Event 423 Junior Womens 200m breaststroke Event 424 Senior Womens 200m breaststroke Event 425 Junior Mens 100m IM Event 426 Senior Mens 100m IM</p>

11. Qualifying Times

These are 25m times.

Qualifying times must have been achieved at a Level 1, 2 or 3 Licensed Meet between October 12th 2014 and October 12th 2015

Age will be as of midnight on December 31st 2015

	Boys		Girls	
	16/under	17/over	16/under	17/over
50m Freestyle	28.1	26.0	30.4	29.2
100m Freestyle	01:01.4	56.1	01:04.8	01:03.8
200m Freestyle	02:14.2	02:07.1	02:20.1	02:17.0
400m Freestyle	04:44.6	04:28.6	04:55.9	04:52.6
800m Freestyle	N/A	N/A	10:11.2	10:03.2
1500m Freestyle	18:39.0	17:43.6	N/A	N/A
50m Backstroke	33.6	31.2	34.9	34.2
100m Backstroke	01:09.9	01:04.9	01:12.9	01:11.2
200m Backstroke	02:30.9	02:20.2	02:36.0	02:32.5
50m Breaststroke	36.5	34.4	38.5	37.7
100m Breaststroke	01:19.4	01:14.7	01:23.6	01:22.0
200m Breaststroke	02:51.3	02:41.9	02:59.9	02:57.2
50m Butterfly	31.4	27.7	32.7	32.3
100m Butterfly	01:08.6	01:02.7	01:11.5	01:10.3
200m Butterfly	02:36.6	02:25.5	02:42.4	02:32.5
100m IM	01:11.9	01:07.1	01:14.6	01:13.8
200m IM	02:33.1	02:22.8	02:38.7	02:37.0
400m IM	05:25.0	05:06.7	05:37.8	05:34.9

12. Disability Qualifying Times

Age will be as of midnight on December 31st 2015. Times may be achieved in either a long course or a short course pool.

		Freestyle				Back		Fly			Breast			IM	
		50m	100m	200m	400m	50m	100m	50m	100m		50m	100m		100m	200m
S1	Boys	02:06.0	04:19.2	08:57.4		02:09.2	04:17.9			SB1	03:26.3				
	Girls	02:14.6	06:39.4	10:35.9		03:37.5	07:10.9								
S2	Boys	01:37.7	03:21.7	07:21.9		01:37.4	03:29.4	03:50.7		SB2	01:33.6				
	Girls	01:51.7	03:44.3	09:13.1		01:44.3	03:51.3	03:03.9				02:02.1			
S3	Boys	01:11.8	02:38.3	05:48.5		01:14.4		01:41.5		SB3	01:20.3				
	Girls	01:16.8	02:48.7	06:32.5		01:45.7		01:50.4				01:45.7			
S4	Boys	01:02.5	02:16.0	04:50.6		01:13.3		01:16.2		SB4		02:35.6			
	Girls	01:11.7	02:34.8	05:25.9		01:26.1		02:42.0					03:05.9		
S5	Boys	00:53.5	02:00.6	04:21.0		01:00.1		00:59.5		SB5		02:33.1	SM5	02:23.6	05:18.9
	Girls	00:58.4	02:10.7	04:36.6		01:10.2		01:10.4				02:54.9			02:30.2
S6	Boys	00:48.1	01:48.8		08:18.5		01:59.6	00:50.3		SB6		02:12.8	SM6	01:58.4	04:23.0
	Girls	00:56.3	01:59.2		08:54.0		02:18.0	01:00.7				02:40.5			02:20.0
S7	Boys	00:44.9	01:38.4		07:32.1		01:54.1	00:49.2		SB7		02:11.3	SM7	01:53.2	04:11.5
	Girls	00:53.3	01:55.3		08:30.3		02:16.0	00:57.1				02:29.1			02:11.9
S8	Boys	00:42.1	01:32.5		07:12.8		01:43.8		01:37.9	SB8		01:53.6	SM8	01:45.6	03:54.6
	Girls	00:49.8	01:45.2		08:07.3		02:05.9		01:51.4			02:11.9			01:56.6
S9	Boys	00:40.9	01:30.3		06:47.1		01:42.0		01:35.9	SB9		01:47.8	SM9	01:39.2	03:40.5
	Girls	00:46.7	01:41.6		07:28.0		01:53.6		01:52.1			02:04.5			01:52.5
S10	Boys	00:37.7	01:24.4		06:34.5		01:37.2		01:31.0				SM10	01:35.3	03:31.8
	Girls	00:45.3	01:37.7		07:23.6		01:50.4		01:50.3						01:48.9
S11	Boys	00:42.1	01:35.4		07:30.8		01:49.2		01:41.8	SB11		01:55.7	SM11	01:45.4	03:54.3
	Girls	00:49.6	01:51.0		08:26.1		02:07.4		02:15.6			02:24.0			02:09.8
S12	Boys	00:38.4	01:24.6		06:47.6		01:37.3		01:33.1	SB12		01:47.2	SM12	01:35.8	03:32.8
	Girls	00:44.0	01:36.0		07:27.6		01:50.9		01:49.7			02:07.6			01:47.1
S13	Boys	00:38.4	01:23.7		06:33.4		01:35.1		01:30.2	SB13		01:47.3	SM13	01:33.7	03:28.3
	Girls	00:44.4	01:37.8		07:37.8		01:58.5		01:48.1			02:07.3			01:48.3
S14	Boys	00:40.5	01:27.8	03:11.7	06:53.7		01:40.8		01:35.0	SB14		01:48.7	SM14	01:39.6	03:41.3
	Girls	00:45.7	01:38.6	03:30.9	07:36.7		01:46.8		01:52.9			02:04.0			01:48.3

14. Team Entry Form

Club/Team: _____

Contact Name: _____

Telephone Number: _____

E-Mail Address: _____

If you enter more than one team in the same event please submit a separate form.

Please insert the entry time in the appropriate box (teams without a time will be seeded in the slowest heat).

	Distance	Freestyle	Medley
Men	4x100m		
Men	4x200m		
Women	4x100m		
Women	4x200m		

No. of entries _____ @ £12.00 = £ _____

Declaration

I certify that the above details are correct and comply with ASA regulations.

Signed _____ Club Position _____

Name: _____ (Please PRINT)

15. Finals withdrawal form

FINALISTS and RESERVE FINALISTS wishing to withdraw from a final must submit this form to the Recorders in the Timing Suite no later than 15 minutes after the announcement of the finalists for an event.

ALL FINALISTS AND RESERVES MUST REPORT TO THE COMPETITORS STEWARDS FOR THE FINAL UNLESS THEY HAVE WITHDRAWN

Competitors who fail to appear for finals shall be fined and may be subject to disciplinary action.

Swimmers Name: _____

Club: _____

Event No. of Final	Age	Distance	Stroke

Name (Print): _____

Signed: _____

Time of Delivery of the withdrawal form: _____

Received By: _____

Date: _____ Time of Receipt: _____

**----- Please detach and retain lower portion -----
when the form has been submitted -----**

Finals Withdrawal Form -RECEIPT

Name: _____ Age: _____

Club: _____

Event No. of Final : _____ Distance: _____ Stroke: _____

Form received by: _____

Time of Delivery of the withdrawal form: _____

16. Declaration Form for relay events

Each competing club **MUST** declare their intention to swim by submitting to the recorders a list of the names of its swimmers in swim order no later than one hour before the start of the session in which they are due to swim. The team members and/or order of swim can be changed **BUT** another Declaration Form must be submitted.

Club/Team Name: _____

Event No. _____ Session No. _____

Please tick as appropriate

4 x 100m medley team	<input type="checkbox"/>	4 x 100m freestyle team	<input type="checkbox"/>	4 x 200m freestyle team	<input type="checkbox"/>
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Type of Team	Male	<input type="checkbox"/>	Female	<input type="checkbox"/>
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Names of Swimmers in Swim Order

1.
2.
3.
4.

Coach Name: (Please print) _____

Signature: _____

Received By: _____

Time of Receipt: _____

17. Heats withdrawal form

Club: _____

Session No: _____

Competitors wishing to withdraw from a heat may use this form. When completed it should be submitted to the Recorders in the Timing Suite. Any competitor who does not swim AND who fails to withdraw shall be fined.

If the withdrawal is on medical grounds then the swimmer MUST withdraw from all other events on the same day. If they do not withdraw from later events then they may be fined £20 for each event in which they compete.

Event Number	Event title	Competitor Number	Swimmer Name

Coach Name (Print): _____

Signed: _____

Received By: _____

Time of Receipt: _____