



AUTUMN LEVEL 2, SHORT COURSE OPEN MEET

Saturday and Sunday 4th and 5th October 2014

LICENCE No 2NW4185

Session 1	Saturday 04/10/14	8.00am.	9.00am.
Session 2	Saturday 04/10/14	TBA	TBA
Session 3	Sunday 05/10/14	8.00am.	9.00am.
Session 4	Sunday 05/10/14	TBA	TBA

Session 1 Saturday 04/10/14 WARM-UP 8.00 a.m. START 09.00 a.m.	
EVENT No	EVENT
101	Girls 9 & Over 200m Free
102	Boys 50m Brst Open
103	Girls 50m Fly Open
104	Boys 11 & Over 100m Back
105	Girls 9 & Over 200m Back
106	Boys 9 & Over 200m Breast
107	Girls 10 & Over 100m Breast
108	Boys 9 & Over 400m IM

Session 3. Sunday 05/10/14 WARM-UP 8.00 a.m. START 09.00 a.m.	
EVENT No	EVENT
301	Boys 9 & Over 200m Free
302	Girls 50m Breast Open
303	Boys 50m Fly Open
304	Girls 10 & Over 100m Back
305	Boys 9 & Over 200m Back
306	Girls 9 & Over 200m Breast
307	Boys 11 & Over 100m Breast
308	Girls 9 & Over 400m IM

Session 2. Saturday 04/10/14 WARM-UP TBA START TBA	
EVENT No	EVENT
201	Girls 9 & Over 400m Free.
202	Boys 50m Free Open
203	Girls 50m Back Open
204	Boys 9 & Over 200m Fly
205	Girls 10 & Over 100m Fly
206	Boys 11 & Over 100m Free
207	Girls 9 & Over 200m IM

Session 4. Sunday 05/10/14 WARM-UP TBA START TBA	
EVENT No	EVENT
401	Boys 9 & Over 400m Free
402	Girls 50m Free Open
403	Boys 50m Back Open
404	Girls 9 & Over 200m Fly
405	Boys 11 & Over 100m Fly
406	Girls 10 & Over 100m Free
407	Boys 9 & Over 200m IM

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Promoters Conditions and Meet Criteria



L2 OPEN MEET 2 NW4185

4th & 5th October 2014

Europa Pools, Conway Street, Birkenhead, CH41 6RN

MEET ENTRIES / ENQUIRIES TO:

Carl Gidman, Wirral Metro Competition Secretary, at wirralmetro@hotmail.com , 64 Ford Road, Upton, Wirral CH49 0TG.

Entries should be submitted on Hy-tec Lite via e-mail and will not be considered until full payment has been received.

Age as at 5/10/2014

Payment to be made on one combined cheque, made out to Wirral Metro S.C.

The cost for all events is £5.

NO ENTRIES WILL BE ACCEPTED UNTIL PAYMENT FOR ENTRIES ARE RECEIVED EITHER BY CHEQUE (PAYABLE TO WIRRAL METRO SC) OR DIRECTLY TO THE WIRRAL METRO BANK ACCOUNT NUMBER 10944157 AND SORT CODE 202950.

IF PAID ELECTRONICALLY PLEASE PLACE NAME OF SWIMMER OR CLUB UNDER THE REFERENCE AND ADVISE THE MEET PROMOTER BY EMAIL SEPARATELY

Paper based entries are welcome for clubs entering 5 or less swimmers, the individual entry form is on the Wirral Metro Website.

Refunds will only be given:

Where a competitor has to withdraw on medical grounds subject to an appropriate medical certificate being received by the Meet Promoter

All times submitted must be for a 25m short course pool, converting if necessary using A.S.A. equivalent Performance Tables.

The acceptance of competitors will be based on **quickest times submitted by age group basis**. As many heats as possible will be run in the time available for the Meet. The promoters reserve the right to amend the number of heats in each event depending on entry numbers. Heats will be swum with all age groups combined and swimmers seeded by entry times. **The external cut off date for entry receipt is September 15th, 2014.**

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As soon as possible after the closing date, accepted entries will be posted on the Wirral Metro website, together with any information in respect of entries not accepted. All refunds will be made 'en block' to the club submitting the entries, these will be sent by post, BACS or will be available for collection by Clubs on the day.

Entries should be submitted to the above contact, entries sent via post should include full payment.

Electronic Entries should be emailed to the above address and be backed up with the individual entry forms, any poolside pass applications and full payment.

For electronic entries emailed the sent date on the email will be classed as the date submitted likewise for postage entry the posted date will be classed as the entry date

The meet promoter reserves the right to limit entries. In the event that entries are rejected the entry fee will be refunded, a single cheque will be made payable to club in question.

Swimmers must be supervised during warm-up by their Club Coach/Poolside Official.

POOLSIDE PASSES

Coach passes are **£10.00** each for the weekend. Passes are transferable within a club, but a list of all attending Coaches and Team Managers must be submitted before the meet together with an indication which session they will be present for.

All Coaches and Team Managers must be in possession of a valid CRB check.

Passes must be worn at all times whilst on poolside and will be required to gain access.

THERE WILL BE NO ACCESS TO POOLSIDE FOR ANYONE WITHOUT A POOL PASS

Wirral Metro Swimming Club accepts no responsibility for loss or damage to competitors belongings, how so ever caused, unless such damage is caused by the negligence of Wirral Metro Swimming Club. Wirral Metro swimming Club and the Meet Organisers are not responsible for individual swimmers on poolside and that responsibility should be taken by an appropriate individual. All swimmers on poolside should be accompanied by a person with a coach pass, who has had a CRB check and preferably attended good practice course



AWARDS:

No Medals will be awarded at this meet. £10 will be awarded to both the male and female swimmer in each age group who achieves the highest FINA points for a single swim over the whole meet.

The age Groups are:

Male:

9yrs, 10yrs, 11yrs , 12yrs, 13yrs, 14 yrs and 15 and over

Female

9yrs, 10yrs, 11yrs , 12yrs, 13yrs, and 14 yrs and over

Any points not covered above will be at the discretion of the Promoter



WIRRAL METRO L2 OPEN SC MEET

4th & 5th October 2014

All times submitted must be **25m short course**
 Converting if necessary using ASA Equivalent Performance Tables

Licence No 2 NW4185



BOYS								GIRLS						
QAULIFYINGTIMES (Equal to or faster than)								QUALIFYING TIMES (Equal to or faster than)						
9	10	11	12	13	14	15/O		9	10	11	12	13	14/O	
42.10	39.30	37.20	35.10	33.10	31.3	29.9	50 FREE	42.60	39.90	37.70	35.70	34.30	33.30	
		1:20.60	1:15.70	1:11.10	1:07.30	1:04.60	100 FREE		1:27.60	1:21.30	1:16.60	1:13.50	1:11.30	
3:22.80	3:06.00	2:54.80	2:44.70	2:35.00	2:26.60	2:20.80	200 FREE	3:24.50	3:06.80	2:55.40	2:44.90	2:38.00	2:33.50	
7:20.60	6:31.80	6:06.00	5:46.00	5:26.80	5:10.40	4:57.50	400 FREE	7:25.40	6:35.70	6:04.90	5:43.70	5:29.80	5:20.80	
48.60	45.10	42.50	40.30	37.60	35.80	33.90	50BACK	48.90	45.30	42.70	40.50	38.70	37.50	
		1:30.50	1:25.20	1:19.70	1:15.00	1:11.50	100 BACK		1:38.50	1:31.00	1:25.30	1:21.40	1:19.00	
3:43.80	3:26.70	3:13.30	3:02.60	2:51.10	2:41.40	2:34.30	200 BACK	3:46.20	3:28.70	3:12.50	3:01.70	2:54.30	2:49.20	
55.10	51.30	48.00	45.10	41.90	39.60	37.70	50 BRST	55.90	51.70	48.30	45.40	43.20	41.80	
		1:43.40	1:36.90	1:30.10	1:25.10	1:21.00	100 BRST	xxxxxxx	1:52.50	1:43.50	1:37.30	1:32.30	1:28.70	
4:17.80	3:59.00	3:42.40	3:29.20	3:15:30	3:03.90	2:55.80	200 BRST	4:20.00	3:59.50	3:42.10	3:28.80	3:18.20	3:11.50	
47.90	43.90	41.30	39.10	37.30	36.10	35.20	50 FLY	47.40	43.80	41.00	38.80	36.40	34.30	
		1:30.40	1:24.60	1:19.10	1:14.40	1:10.70	100 FLY		1:39.30	1:30.90	1:24.90	1:21.20	1:18.30	
4:08.30	3:37.30	3:18.20	3:06.60	2:54.70	2:44.70	2:35.50	200 FLY	4:11.00	3:40.00	3:20.20	3:06.40	2:57.30	2:51.00	
3:49.70	3:32.20	3:17.60	3:06.80	2:55.80	2:45.30	2:38.20	200 IM	3:51.60	3:32.70	3:17.90	3:06.30	2:58.80	2:53.10	
8.15.60	7:35.60	6:59.70	6:34.30	6:12.00	5:50.30	5:34.60	400 IM	8.12.30	7:35.30	6:57.30	6:32.00	6:14.40	6:03.10	

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