

BRITISH GAS LANCASHIRE WP&SA. AGE GROUPS & CHAMPIONSHIPS 2014

License Nos. CC4086 & CC4087 CONDITIONS

1. The Age Groups and Championships will be held at Picton Pool Wavertree on 8th & 9th March 2014 and at Manchester Aquatic Centre on 15th & 16th March 2014.
2. Closing Date for entries is Monday 17th February 2014.
3. Age on the day will be as of midnight 16th March 2014. Junior Championship age is 16 or under as of midnight 16th March 2014.
4. Entry fees shall be £5.00 per event.
5. Coaches requiring access to the poolside must be a member of a club competing in the Age Groups and Championships and be in possession of a pass issued by Lancashire WP&SA by completion of the appropriate form. It is mandatory that all coaches comply with the relevant ASA Child Safeguarding procedures and have an up to date CRB certificate.
6. Qualifying Times 25m pool, or long course conversion (See section17) from a licensed meet since 1st April 2013 are required for all events. Please check the correct age group is entered relative to the swimmers date of birth. It is permissible for split times to be used for entries providing that the split time is less than or equal to the appropriate consideration time. Evidence of the achievement of this split time must accompany the entry. No Refunds for mistakes. Checks will be made against the current ASA ranking data base. Any swimmer found to be submitting false times may be subject to rejection in all events.
7. Eligibility for entry. The competitions shall be open to eligible swimmers, as defined by the ASA, who are members of clubs affiliated to Lancashire WP & SA. No individual may compete in the Age Groups and Championships if he or she has competed in another equivalent county championships' in the same calendar year. A swimmer must have been a member of the club in whose name they are entered, and registered as such with the ASA at the closing date for entries.
8. Disability Conditions
 - 8.1 The general conditions for the Lancashire Age Group and County Championships shall apply to disability competitors except where varied by any of the following conditions.
 - 8.2 Swimmers with the indicated classifications will be accepted for the following events:
 - Freestyle 50m, 100m, (S1 to S14); 200m (S1 to S5 and S14); 400m (S6 to S14)
 - Backstroke 50m (S1 to S5), 100m (S6 to S14)
 - Butterfly 50m (S1 to S7), 100m (S8 to S14)
 - Breaststroke 50m (SB1 to SB3), 100m (SB4 to SB9 and SB11 to SB14)
 - Individual Medley 200m (SM5 to SM14)

8.3 All competitors must:

- Have an authorised British Swimming, IPC or INAS-FID Classification, which is held on the British Swimming or IPC Swimming classification database at the time of entry OR a valid Certificate of Disability issued by the ASA at the time of entry.
- The Certificate of Disability must be presented to the referee before the start of the race in which the competitor is entered. Failure to do so will result in the swimmer being liable to disqualification for non-compliance with the rules for a particular stroke.

8.4 Qualifying times for disability competitors with are shown in section 18 and must have been achieved between the 1st April 2013 and 16th February 2014.

8.5 Personal Care Attendants/Coaches will be permitted for swimmers in the following classes: S1, S2, S3, S4 and S11. All coaches, chaperones and personal care attendants must conform with the ASA child protection procedures.

8.6 Competition format:

- The competition format will be based on disability inclusion within the able bodied programme.
- All swimmers will be seeded in the heats according to their entry times.
- Disability competitors will be included within the results for their age group.
- There will be no separate disability results.

9. Awards: Medals awarded to first three in Championships and Age Groups.

10. Details on the entry forms should be as per the swimmers ASA Category 2 Membership Registration. Please check that your swimmers (including 9yr olds) are Category 2 registered, their ASA ID number, times and other details are correct before submitting. For processing of entries all details must be fully completed. Entries sent without fee, with entries incorrectly made out or declaration not signed may not be accepted. No refunds for entries incorrectly submitted. Entries to be submitted electronically using Sportssystem software by an authorised club official. Cheques payable to Lancashire WP&SA.

11. Overhead starts will be used. All events are heat declared.

12. Withdrawals must be made at least one hour before the start of the session either on an official withdrawal form or by telephoning 07508 427444 at times to be advised. There will be no refund of entry fees for such withdrawals unless the withdrawal is for medical reasons in which case an appropriate certificate must be provided. Fines - A fine of £10 may be levied in respect of each competitor that fails to withdraw and does not swim (except in the case of genuine illness or of a proven emergency). Each "no show" may be subject to a separate fine of £10. Fines will be levied on the competitors' club and the individual(s) concerned shall not be eligible to swim in any future Lancashire WP&SA event until the fine has been paid.

13. Competitors are responsible for presenting themselves to the clerks of the course one event prior to the one in which they are competing. It is the swimmers' responsibility to be at the start in time for the race.

14. Restriction of entries. The promoter reserves the right to restrict entries in the interest of safety, time constraints and to ensure the smooth running of the competition. Where this rule is invoked the swimmers with the fastest submitted times shall take precedence. Events chosen for restriction will be at the discretion of the promoter. A refund will be given to competitors whose entry is denied where this condition has been exercised.

15. Any question or dispute arising from these conditions or disputes related to a matter not covered in these conditions shall be determined by the Hon. Championship Secretary and may be referred to the Lancashire WP&SA Executive Committee at a later date.

16. Disability Qualifying Times

		Freestyle				Back		Fly		Breast		IM		
		50m	100m	200m	400m	50m	100m	50m	100m	50m	100m	100m	200m	
S1	Boys	02:18.9	04:37.3	09:49.5		02:19.4		00:00		SB1	02:41.1			
	Girls	3:46.7	07:52.1	11:15.6		04:14.3		2:47.4			03:51.6			
S2	Boys	01:46.2	03:50.9	08:19.1		01:46.9		02:18.9		SB2	01:39.4			
	Girls	2:07.3	04:24.3	10:12.7		01:50.7		00:00			02:24.8			
S3	Boys	01:16.2	02:48.2	06:10.2		01:19.0		01:47.8		SB3	01:25.3			
	Girls	1:21.5	02:59.2	08:02.4		01:54.3		01:57.3			02:01.8			
S4	Boys	01:06.4	02:24.4	05:08.7		01:17.9		01:21.0		SB4		02:45.2		
	Girls	1:16.9	02:46.6	05:46.2		01:31.4		02:52.1			03:17.4			
S5	Boys	00:56.1	02:08.1	04:37.3		01:06.0		01:03.2		SB5		02:42.6	SM5	05:51.8
	Girls	01:02.0	02:18.8	04:55.2		01:23.3		01:14.8			03:05.7			05:54.5
S6	Boys	00:51.1	01:55.6		08:49.7		02:09.1	00:53.4		SB6		02:25.0	SM6	04:39.4
	Girls	01:00.7	02:09.4		09:27.3		02:26.5	01:04.4			02:50.8			05:30.2
S7	Boys	00:48.2	01:44.5		08:00.3		02:02.0	00:52.2		SB7		02:19.4	SM7	04:27.2
	Girls	00:56.6	02:03.3		09:02.1		02:25.0	01:01.2			02:40.2			05:11.1
S8	Boys	00:44.7	01:38.2		07:39.8		01:50.6	01:44.0		SB8		02:00.7	SM8	04:09.2
	Girls	00:53.0	01:54.8		08:37.7		02:15.7	01:59.3			02:20.1			04:35.0
S9	Boys	00:43.8	01:36.0		07:15.7		01:48.3	01:41.8		SB9		01:54.5	SM9	03:54.8
	Girls	00:49.7	01:48.1		08:00.8		02:00.6	01:59.1			02:14.1			04:25.5
S10	Boys	00:40.6	01:29.7		07:01.9		01:43.2	01:38.1					SM10	03:48.5
	Girls	00:48.2	01:44.4		07:51.2		01:57.3	01:57.1						04:18.5
S11	Boys	00:44.7	01:41.3		07:58.9		01:55.9	01:48.1		SB11		02:05.8	SM11	04:08.9
	Girls	00:53.3	01:58.3		08:57.7		02:15.3	02:26.0			02:32.9			05:03.8
S12	Boys	00:41.4	01:30.2		07:13.1		01:44.6	01:40.7		SB12		01:55.2	SM12	03:48.1
	Girls	00:46.8	01:42.0		07:55.5		01:58.0	01:56.5			02:15.5			04:12.8
S13	Boys	00:40.9	01:28.9		06:57.9		01:41.1	01:35.8		SB13		01:54.0	SM13	03:41.2
	Girls	00:47.4	01:43.8		08:27.6		02:08.4	01:54.9			02:18.5			04:15.6
S14	Boys	00:43.0	01:34.3	03:23.6	07:19.5		01:47.4	01:44.8		SB14		01:55.7	SM14	03:55.3
	Girls	00:48.5	01:44.7	03:44.2	08:10.4		01:56.9	02:01.6			02:16.2			04:19.3

17. LANCASHIRE COUNTY WATER POLO & SWIMMING ASSOCIATION



2014 CONSIDERATION TIMES

BOYS EVENT	County Consideration Times					Short Course Pool				
	9	10	11	12	13	14	15	16	OPEN	
50m Freestyle	41.9	38.3	36.7	33.9	31.6	30.1	29.0	29.0	28.2	
100m Freestyle			1:14.3	1:11.3	1:06.5	1:03.5	1:02.5	1:02.5	1:00.8	
200m Freestyle	3:22.7	2:54.4	2:43.2	2:32.2	2:23.4	2:19.0	2:13.8	2:13.8	2:10.6	
400m Freestyle		6:13.2	5:40.3	5:21.4	5:04.2	4:49.9	4:39.9	4:39.9	4:37.9	
1500m Freestyle			20:10.09	20:10.9	19:07.7	18:29.4	18:00.0	18:00.0	17:50.0	
50m Breaststroke	55.2	50.1	46.3	42.4	39.0	37.0	35.5	35.5	33.8	
100m Breaststroke			1:35.1	1:32.1	1:25.0	1:20.5	1:17.5	1:17.5	1:16.0	
200m Breaststroke	4:22.5	3:52.5	3:34.9	3:17.2	3:03.7	2:52.0	2:50.1	2:50.1	2:45.0	
50m Butterfly	47.6	41.9	38.9	36.8	33.0	32.0	30.5	30.5	29.4	
100m Butterfly			1:24.6	1:21.6	1:15.0	1:11.7	1:07.5	1:07.5	1:05.4	
200m Butterfly	4:20.6	3:38.3	3:18.7	3:00.2	2:45.9	2:38.3	2:28.5	2:28.5	2:24.4	
50m Backstroke	48.5	43.2	40.1	36.9	34.2	32.4	31.4	31.4	30.8	
100m Backstroke			1:24.6	1:21.3	1:15.7	1:14.2	1:08.3	1:08.3	1:07.0	
200m Backstroke	3:45.2	3:18.2	3:08.2	2:51.4	2:39.6	2:32.9	2:26.3	2:26.3	2:24.3	
200m Individual Medley	3:44.5	3:25.0	3:11.3	2:53.4	2:41.4	2:34.6	2:28.2	2:28.2	2:26.3	
400m Individual Medley			6:14.4	6:14.4	5:54.0	5:36.4	5:25.6	5:25.6	5:20.3	

GIRLS EVENT	County Consideration Times					Short Course Pool				
	9	10	11	12	13	14	15	16	OPEN	
50m Freestyle	41.9	38.1	36.2	33.2	31.8	31.0	30.9	30.9	30.3	
100m Freestyle			1:16.1	1:11.2	1:08.1	1:06.8	1:05.8	1:05.8	1:05.1	
200m Freestyle	3:22.7	2:55.1	2:44.3	2:32.5	2:28.5	2:25.0	2:24.8	2:24.8	2:22.5	
400m Freestyle		6:08.5	5:42.4	5:24.4	5:06.8	4:58.9	4:56.6	4:56.6	4:59.0	
800m Freestyle			10:30.3	10:30.3	10:12.5	10:02.5	9:55.7	9:55.7	9:52.4	
50m Breaststroke	55.2	49.4	45.6	42.4	40.3	39.1	38.4	38.4	38.3	
100m Breaststroke			1:37.5	1:32.8	1:26.1	1:24.4	1:22.5	1:22.5	1:22.0	
200m Breaststroke	4:22.5	3:49.7	3:30.2	3:15.6	3:07.3	3:03.0	3:01.5	3:01.5	3:00.1	
50m Butterfly	47.6	41.9	38.9	36.4	34.8	33.7	33.2	33.2	32.8	
100m Butterfly			1:26.7	1:21.8	1:18.2	1:15.4	1:13.8	1:13.8	1:12.7	
200m Butterfly	4:20.6	3:42.8	3:25.0	3:01.4	2:52.1	2:48.0	2:43.0	2:43.0	2:43.0	
50m Backstroke	48.5	43.5	40.2	37.8	36.2	35.2	34.7	34.7	34.1	
100m Backstroke			1:25.8	1:20.7	1:17.2	1:15.3	1:14.0	1:14.0	1:13.0	
200m Backstroke	3:45.2	3:12.2	2:58.8	2:49.6	2:42.4	2:39.6	2:37.2	2:37.2	2:35.3	
200m Individual Medley	3:44.5	3:20.2	3:05.9	2:52.5	2:43.9	2:43.9	2:42.6	2:42.6	2:41.0	
400m Individual Medley			6:16.4	6:16.4	5:57.1	5:47.2	5:42.9	5:42.9	5:37.9	

All times must have been achieved between
1st April 2013 and 16th February 2014 at a Licensed Meet (Levels 1,2,3 or 4)

CLUB ENTRY SHEET

British Gas Lancashire WPSA Age Group & Championships License Nos. CC4086 & CC4087

Name of Club _____

Name of Official _____

Position in Club _____ E-mail: _____

Address _____

Post Code _____ Tel No _____

Male Entry Fees _____ @ £5.00 £ _____ Female Entry Fees _____ @ £5.00 £ _____

Coaches Passes _____ @ £12.00 (for both weekends) £ _____

Cheque Enclosed £ _____ (Payable to Lancashire WPSA)

- i) I confirm that the total competitors entered are **ASA Registered Members** of the above named club.
- ii) Where swimmers have changed clubs the appropriate notification has been given to the ASA.

Officials Signature _____ Date _____

Please return with entry forms etc. (by Monday. 17 February 2014) to Championship Secretary:-

Mr. G. Whittle
Carmel
51 Heron Way
Blackpool
FY3 8FA

Tel: 01253 393967
Email garrywhittle@talktalk.net

BRITISH GAS

**LANCASHIRE COUNTY WATER POLO & SWIMMING ASSOCIATION
AGE GROUP & SWIMMING CHAMPIONSHIPS 2013**

COACHES PASS ORDER FORM

CLUB _____

COMPETITION SECRETARY _____

ADDRESS _____

_____ POST CODE _____

TELEPHONE NUMBER _____

E-MAIL ADDRESS _____

NUMBER OF COACHES PASSES REQUIRED @ £12.00 (Covers both weekends)

FEE ENCLOSED £ _____

**I CERTIFY THAT THE COACHES WHO ARE ATTENDING ON THE
POOLSIDE FOR OUR CLUB HAVE AN UP TO DATE CRB CERTIFICATE.**

Signed _____ **Position** _____

**LANCASHIRE COUNTY WATER POLO & SWIMMING ASSOCIATION
BRITISH GAS AGE GROUP & SWIMMING CHAMPIONSHIPS 2013**

License Nos: CC4086 & CC4087

INDIVIDUAL ENTRY FORM

FORENAME _____ SURNAME _____

ADDRESS _____

POST CODE _____

PHONE NUMBER _____

EMAIL ADDRESS _____

MALE/FEMALE (DELETE AS APPROPRIATE) DATE OF BIRTH ____/____/____

ASA REG NUMBER _____ AGE AT 16/03/14 _____

CLUB _____

DISTANCE	STROKE	AGE GROUPS & CHAMPIONSHIPS 25M POOL TIMES	Date & Gala Time achieved – This column MUST be completed
50M	FREESTYLE		
100M	FREESTYLE		
200M	FREESTYLE		
400M	FREESTYLE		
800M	FREESTYLE (Girls & Ladies)		
1500M	FREESTYLE (Boys & Gents)		
50M	BACKSTROKE		
100M	BACKSTROKE		
200M	BACKSTROKE		
50M	BREASTSTROKE		
100M	BREASTSTROKE		
200M	BREASTSTROKE		
50M	BUTTERFLY		
100M	BUTTERFLY		
200M	BUTTERFLY		
200M	INDIVIDUAL MEDLEY		
400M	INDIVIDUAL MEDLEY		

Split times will be accepted providing that the split time is less than or equal to the appropriate qualifying time. Evidence of the achievement of this split time must accompany the entry.

FEES ENCLOSED _____ ENTRIES @ £5.00 £ _____

I certify that the above details are correct and comply with ASA regulations.

Signed – This form MUST be signed by parent and competition secretary.

Parent _____ Competition Sec. _____

PLEASE RETURN THIS FORM TO _____ BY _____

Lancashire County WPSA Age Groups and Championships 2014

Licence No CC4086 and CC4087

Programme of Events 2014				
Session 1	LIVERPOOL	8th March 2014	Warm up to be confirmed	
Event 101	Female	200m Breaststroke	Age Group	09-16 + Championship
102	Male	400m Ind. Medley	Age Group	12-16 + Championship
103	Female	800m Freestyle	Age Group	11-16 + Championship
Session 2	LIVERPOOL	8th March 2014	Warm up to be confirmed	
201	Male	100m Backstroke	Age Group	11-16 + Championship
202	Female	200m Ind. Medley	Age Group	09-16 + Championship
203	Male	200m Butterfly	Age Group	09-16 + Championship
204	Female	200m Backstroke	Age Group	09-16 + Championship
Session 3	LIVERPOOL	9th March 2014	Warm up to be confirmed	
Event 301	Male	200m Breaststroke	Age Group	09-16 + Championship
302	Female	400m Ind. Medley	Age Group	12-16 + Championship
303	Male	1500m Freestyle	Age Group	11-16 + Championship
Session 4	LIVERPOOL	9th March 2014	Warm up to be confirmed	
Event 401	Female	100m Backstroke	Age Group	11-16 + Championship
402	Male	200m Ind. Medley	Age Group	09-16 + Championship
403	Female	200m Butterfly	Age Group	09-16 + Championship
404	Male	200m Backstroke	Age Group	09-16 + Championship
Session 5	MANCHESTER	15th March 2014	Warm up to be confirmed	
501	Female	400m Freestyle	Age Group	10-16 + Championship
502	Male	50m Backstroke	Age Group	09-16 + Championship
503	Female	50m Breaststroke	Age Group	09-16 + Championship
504	Male	100m Breaststroke	Age Group	11-16 + Championship
505	Female	100m Freestyle	Age Group	11-16 + Championship
Session 6	MANCHESTER	15th March 2014	Warm up to be confirmed	
601	Male	200m Freestyle	Age Group	09-16 + Championship
602	Female	50m Freestyle	Age Group	09-16 + Championship
603	Male	50m Butterfly	Age Group	09-16 + Championship
604	Female	100m Butterfly	Age Group	11-16 + Championship
Session 7	MANCHESTER	16th March 2014	Warm up to be confirmed	
701	Male	400m Freestyle	Age Group	10-16 + Championship
702	Female	50m Backstroke	Age Group	09-16 + Championship
703	Male	50m Breaststroke	Age Group	09-16 + Championship
704	Female	100m Breaststroke	Age Group	11-16 + Championship
705	Male	100m Freestyle	Age Group	11-16 + Championship
Session 8	MANCHESTER	16th March 2014	Warm up to be confirmed	
801	Female	200m Freestyle	Age Group	09-16 + Championship
802	Male	50m Freestyle	Age Group	09-16 + Championship
803	Female	50m Butterfly	Age Group	09-16 + Championship
804	Male	100m Butterfly	Age Group	11-16 + Championship

Please note all events are heat declared
Entry Closing Date: 17th February 2014
There are no BAGCAT awards for 2014
V2.20.11.13