

## Northwest Region champs

Prescot swimmers competed against the top performers this weekend in Manchester at the North West Region Winter Championships. There were both PBs and podiums:

Chloe Middleham started with a PB in the 200m Freestyle.

Jake Simm produced PBs in the 50m and 200m Freestyle.

Alex Dunk, swimming for the first time in the Open age category, qualified for the Finals held in the afternoon . He swam: 6th in 100m Freestyle Final, 3rd in 200m Freestyle Final, 1st in 400m FreestyleFinal, 5th in 200m Individual Medley Final. He also won the

1500m Freestyle.

Well done to all our swimmers!!



December 2012



Prescot took 9 swimmers to the annual Percy Mason gala which took place this year at the new Jubilee Park Leisure centre.

The team was led from the front with Tom Hughes who took 10 1st places a single 2nd and a speeding ticket from his mammoth 12 swims and capped the weekend off by taking the Top Boy trophy by a clear 20 points. Tom produced some great swims and PBs whilst amassing his haul and justly deserved to be weighed down by his gold medals.

Tom was closely followed over the weekend by Charlotte Dodson who produced some exciting swims and took 4 1st places a single third and was caught speeding twice. She gained some well-deserved PBs and showed what results a positive attitude in both training and competition can bring.

Mentions should also go to Hannah Deeley who took 2nd place in the girls competition after getting 3 1sts, 4 2nds and a 3rd and Katherine Cheshire who again underlined her recent improvements and promotion to 'A' squad with impressive PBs and 3 1sts a 2nd and a 3rd.

I could probably write a report on every swimmer as they all produced some bright and exciting swims to produce some fantastic individual PBs and medal performances which included Daniel Clark (1 gold), Jessica Hardman (1 Gold, 2 Silver), Amy Johnson (2 Gold, 1 Silver), Daniel Johnson (1 Bronze) and James Savage (1 Gold, 1 Silver, 2 Bronze).

Well done to everyone who took part!



A trip to waterworld in Stoke has been arranged for Sat 12th Jan 2013, The trip will cost  $\pounds$ 15 and is open to all club members and parents. Children 12 and over can travel unaccompanied but children under 12 must have a parent or gardian. The cost includes entry, coach & hot buffet.

Full amount must be paid asap to Carol

Xmas opening times

FUN SESSION SUNDAY 16th DECEMBER. LAST SWIM FRIDAY 21st DECEMBER RE-OPEN WEDNESDAY 2nd JAN 2013

### HELP

Volunteers are needed to help out with the door rota Mondays & Sundays. Please see Carol Savage if you can help!!!

#### Swimwear

Caps White GB £0.50 Purple or Pink £1.50 Club Latex £2.00 Club Silicone £4.00 Jammers £15.00 Costumes £15.00 Hoodies £13.50-£16.50 (Names £3.00) T-Shirts £12.00 Goggles £4.00-£7.00 Speedo goggle straps £2 Snorkel £10 Speedo Speed sockets £17.50 **CLUB BACKPACKS** £20 Available to order

Fins £15.00 Fin bag £6.50 Float £9.50 Pull Buoy £8.50

# Galas

#### **Snow Pen**

December 14th, 15th & 16th

**City of Liverpool winter meet** 18th, 19th & 20 Jan 2013

**L&D's** Sat 2nd & Sat 9th Feb 2013

Please Note: If parents wish to speak to a coach they must wait until the end of the session in the foyer and must NOT go onto poolside...