



Prescot SC Newsletter July 2014

National Age Groups

Many congratulations to Alex Dunk and the Boys 14yo relay team of Daniel Clark, Fin Hampson, Neil Wylie and Cameron Dunk who have qualified for the National Age Group finals to be held in August.

A fantastic achievement guys and everyone in Prescot is right behind you!

Prescot Minnows

29th June saw our younger swimmers compete in our annual Minnows competition.

Congratulations to Grace Rhead who took the girls overall title and Zachary Daly, Michael Brussels and Adam Bond who shared the boy's title. Full results are now available on the club website.

Echo Cup

This year City of Liverpool SC are holding the Echo Cup at our pool, Knowsley Leisure & Culture Park for the first time.

The Echo Cup is a competition for 9-12 year olds and consists of two rounds of galas with the top 8 going through to the final which is a fantastic occasion which includes a parade of the swimmers before the event.

The dates are:

Sat 30 August, either 1pm or 4pm (we swim in 1 of the 2 galas)

Sat 27 September, 1pm or 4pm
Sat 25 October - the final if we qualify - 1pm

This is one of the biggest swimming events of the year in Liverpool and if everyone selected can make it we are sure we can do well.

Other Gala Dates

In the first round of the Arena League (Sat, 11 Oct), we are facing Hoylake, Halton, COSACCS, Oswestry and Leyland Barracudas.

The gala is supposed to be at Fit City, Broughton (currently closed for repair – but is expected to be open by August.)

Other Arena dates to note are
Sat 8 Nov
Sat 13 Dec

The Merseyside & District League dates have been made known:

Sat 1 Nov at Knowsley, WU 11.30
Sun 11 Jan 2015 at Knowsley
Sat 31 Jan 2015 at Knowsley
Sun 1 Mar 2015 at Knowsley
Sat 28 Mar 2015 at Crosby

Prescot Turtles

The Dolphins group work on Stages 3 and 4 of the National Plan for Teaching Swimming. These are quite big stages and we have currently got too many Dolphins. We also have several



swimmers who currently swim in the Ducklings group who are working on Dolphins skills.

Because of this we are splitting the Dolphins into 2 groups, those working at a Stage 4 level will stay as Dolphins and we are creating a new group called "Turtles" who will work on the Stage 3 skills.

Nearly all Dolphins will remain in the Dolphins group and the Turtles will be populated by those promoted from Ducklings

Initially Turtles will operate at the same time as Ducklings - 2:30 till 3:10 on a Sunday afternoon.

Shark Promotions

Congratulations to the following who have been promoted to the Big Pool from Prescot Sharks in recent months.

Alisha Campbell (Mar 14)
Laura Kenny (Mar 14)
Max Basinger (Apr 14)
Emily Frost (Apr 14)
Lilly Connor (Jun 14)
Robyn Frost (Jun 14)
Molly Bruen (Jul 14)
James Maddox-Ogden (Jul 14)
Adam Perryman (Jul 14)

Algae

Kevin has emailed KLCP regarding the dirty pool floor. They have already been looking into this and have bought a new pool floor algae brush which will be used to remove the algae that

grows when sunlight reacts with the chlorine in the water, something they find happens in the summer months only. They will also be adding an additional chemical to suppress algae growth. We should see positive results by the end of July.

Club Championships

Entry forms for this year's club championships are available from the club desk and/or the website.

The Championships are being held over 2 Sundays namely the 26 Oct and 2 Nov 2014.

We would expect all Prescot swimmers who are capable of swimming 50m to enter as many events as possible.

We will also be running 25m races for those from the small pool alongside the main events.

The Presentation evening where all of the trophies are presented is on Fri 14 Nov at 19:00 at the Rainhill Social Club.

Wirral Metro

Entries for the Wirral Metro October Meet (due to be held at the Europa pools over the weekend of the 4th/5th October) need to be returned to Simon Deeley by Mon 8th September.

Closures

(For up to date information please see the website)

Sun 24 Aug (due to Bank Holiday)
Mon 25 Aug (Bank Holiday)
Sun 26 Oct (Club Championships)
Sun 2 Nov (Club Championships)
Fri 14 Nov (Presentation Night)

Sun 23 Nov (Inter-Association finals)

Squad summer closure

Squad will be closing for its usual 2 week summer break from Monday August 4th till Friday August 15th Inclusive.

There will also be no Saturday or Wednesday sessions during August

Land training will also be closing for the summer and will resume on Tuesday 26th Aug.

For full details please check the POSS website.

Web Site changes

Some of you may have noticed the change away from the red-on-black to a more traditional black-on-white layout – hopefully this should make the information easier to read.

New on the website are the Prescot All-Time rankings. These list only times recorded at licensed meets but include all of the times from our past swimmers.

Also on the website for our younger swimmers is an online Learn to Swim Badge collector



Linking into the current progress charts the certificates display in

colour once they have been passed.

If the actual badge/certificate is required then an order form is also available and the badges cost £1.85 each.

Shop

We have new t-shirts in stock – child sizes £12, adult sizes £15.

Plus don't forget that if you need any equipment buying from ProSwimwear via the link on the club website generates income for the club.

Help

We are still looking for any offers of help in whatever capacity

- Poolside help
- Welcome desk
- Timekeepers
- Committee members

If you fancy helping out a bit then please contact any of the coaches.

On the subject of helping out – Francis Cunningham (Adam, Elliot & Erica's dad) who is a qualified teacher has been helping out with small pool sessions, plus 2 of our senior (not sure that's the right word) swimmers Hannah Deeley and Amy Johnson have been assisting with a view to hopefully doing their teaching qualifications.

Also some of you may have noticed that Kathryn has been helping out again on Friday nights in the small pool – she has completed her first year at university – so well done to her – but we only have her for the summer.